

Monthly Meeting - June 27, 2023 Weiss Hospital Auditorium, 6:30 p.m.





# 1. Roll Call & Quorum

## Agenda

- 1. Roll Call & Quorum Determination
- 2. Approval of Minutes
- 3. District Council Member Updates
- 4. Discussions
  - a. Updates from CCPSA
  - b. Community Survey Results
  - c. Introduction to Mental Health Resources and Organizations in 19th:
    - **988**
    - CARE
    - Thresholds

- 5. Votes
- 6. Announcement of Next Meeting
- 7. Public Comment
- 8. Calls to Action

# 2. Approval of Minutes

# 3. District Council Member Updates

#### Key Updates - Current Events

- Newcomers at 19th PD HQ
- Juneteenth
- IG Report
- Pride



19th District Migrant Support

## Key Updates - Meetings with City Leaders

- 19th District CPD Leadership
- Alderpersons, State Reps, and staff
- Civilian Office of Police Accountability (COPA)
- Community Commission for Public Safety (CCPSA)

## Key Updates - Constituent Engagement

- Individual Inquiries
- 1:1 Meetings





## Key Updates - Community Outreach

- Center for Policing Equity
- Chicago Neighborhood Policing
   Initiative
- Heart of Lakeview Neighbors
- Institute for Nonviolence Chicago
- JCUA House Meeting

- Lakeview/Roscoe Chamber of Commerce
- Lincoln Park Chamber of Commerce
- ONE Northside
- Ward Night Out (47th)
- CAPS Meetings

# 4. Discussions

# Updates from Community Commission for Public Safety (CCPSA)

#### Provide Input to the CCPSA

The Commission is responsible for appointing the Chief Administrator of COPA and nominating candidates for the Police Board. The following draft policies outline the procedures the Commission will follow for accomplishing these tasks.

They are welcoming public input on the Draft Policy for COPA Chief Administrator Selection Procedures and Draft Policy for Police Board Member Selection Procedures...

#### Process for Selecting Police Board Member



#### POLICE BOARD MEMBER SELECTION PROCEDURES

#### I. PURPOSE

The purpose of this policy is to establish the procedures for the selection of Police Board members.<sup>1</sup>

#### II. OVERVIEW OF THE POLICE BOARD

In July 2021, City Council passed an ordinance establishing the Community Commission for Public Safety and Accountability Ordinance, Chicago Municipal Code 2-80. Pursuant to Section 2-80-050(k), the Community Commission for Public Safety and Accountability ("the Commission") is responsible for recommending qualified candidates for the Police Board to the mayor. From the list of recommended candidates, the mayor appoints Police Board members, with the advice and consent of the City Council.

The Police Board is an independent civilian body established under Chicago Municipal Code 2-84-020. The body consists of nine members who serve terms of five years or until their respective successors are appointed and qualified, unless they are removed for cause in accordance with 2-80-090. Board member vacancies are filled for the remainder of an unexpired term in the same manner as original appointments. A Police Board member will not be reappointed if they have served on the Board for more than two five-year terms during their lifetime.

To submit input on these policies, please email CommunityCommissionPublicComment @cityofchicago.org



#### Process for Selecting COPA Chief Administrators



#### COPA CHIEF ADMINISTRATOR SELECTION PROCEDURES

#### PURPOSE

The purpose of this policy is to establish the procedures for the Community Commission for Public Safety and Accountability ('the Commission") to select the Chief Administrator of the Civilian Office of Police Accountability (COPA).

#### II. OVERVIEW OF THE COMMISSION AND COPA

In July 2021, the Chicago City Council passed an ordinance establishing the Community Commission for Public Safety and Accountability, Chicago Municipal Code Chapter 2-80. Pursuant to Section 2-80-050(m), when there is a vacancy in the position of Chief Administrator of COPA, the Commission is responsible for appointing the Chief Administrator, subject to City Council approval.

COPA is an independent department of the City of Chicago, established by ordinance in the Chicago Municipal Code Chapter 2-78. The mission of COPA is to "provide a just and efficient means to fairly and timely conduct investigations within its jurisdiction, including investigations of alleged police misconduct and to determine whether those allegations are well-founded, applying a preponderance of the of the evidence standard; to identify and address patterns of police misconduct; and, based on information obtained through such investigations, to make policy recommendations to improve the Chicago Police Department and reduce incidents of police misconduct." Chicago Municipal Code, 2-78-110.

Pursuant to Chicago Municipal Code 2-78-115, the Chief Administrator is COPA's chief executive officer. The Chief Administrator serves a term of four years, unless removed from office for cause in accordance with 2-80-090. At the conclusion of such term, the Commission may consider the Chief Administrator for reappointment.

To submit input on these policies, please email CommunityCommissionPublicComment @cityofchicago.org



## Join the Community Advisory Council (CAC)

The Civilian Office of Police Accountability (COPA) is currently seeking applicants interested in becoming an active member of its Community Advisory Council (CAC).

**Application Deadline: June 30, 2023** 

#### Role & Expectations of the COPA Community Advisory Council:

As an important component of COPA's community engagement efforts, the CAC serves as a communication conduit between the broader Chicago community and COPA in order to assist the agency in creating and maintaining an effective and transparent dialog with the residents we serve. Council members will share perspectives from the community about the agency's work, as well as provide input on COPA-related topics that affect City of Chicago residents.



## Learn More at:

www.chicago.gov/city/ en/depts/ccpsa.html

Facebook: facebook.com/ChicagoCCPSA/

Instagram: @ccpsa\_chicago

Twitter: @ccpsa\_chicago Youtube: @chicagoccpsa



## **Community Survey Results**

## Survey Methodology

#### **Structure & Sample**

- 5-minute online survey accepting responses
   April 18th June 17th 2023
- Solicited responses from all 6 wards in the district (32, 40, 43, 44, 46, 47)
- Obtained N=427 raw data responses
- Ended with N=403 as final, total sample (removed duplicates, those outside of the 19th district)
- Raw data files and analyses will be posted online (all personal identifying info will be redacted)

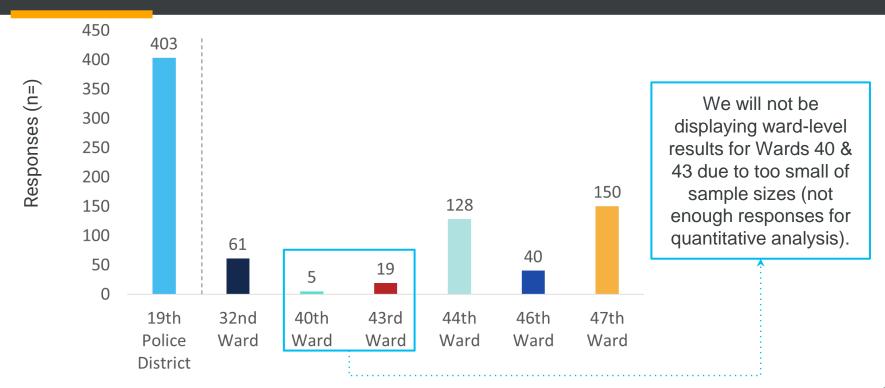
#### **Survey Flow & Outline**

- Contact Information
- Ward/Neighborhood Info
- Neighborhood, Public Safety, and Policing Ratings
- Top of Mind Public Safety Topics & Priorities
- Community Involvement
- Other Resident Concerns

#### **Executive Summary**

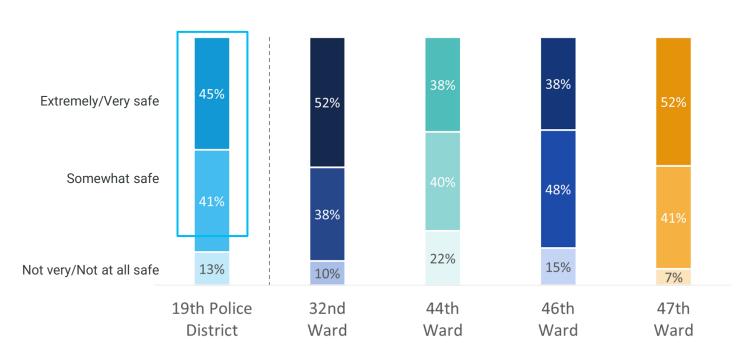
- Generally, we do not feel overly positive when it comes to public safety in the district
- Responses indicate a sense of dissatisfaction and/or indifference towards our neighborhood's general safety, public safety approach, and policing
- However, there are a couple of wards (32 & 47) where over half of their residents rated their neighborhood as "very/extremely safe"
- 19th District residents stated "managing rise in crime" as the top priority to address
- Other top of mind public safety issues to address include: police accountability, mental health resources, and police/community relationships
- Nearly half of residents expressed interest in learning more about alternative public safety resources (e.g. restorative justice, mental health and substance use crisis response)

## Total Sample Neighborhood Breakdown

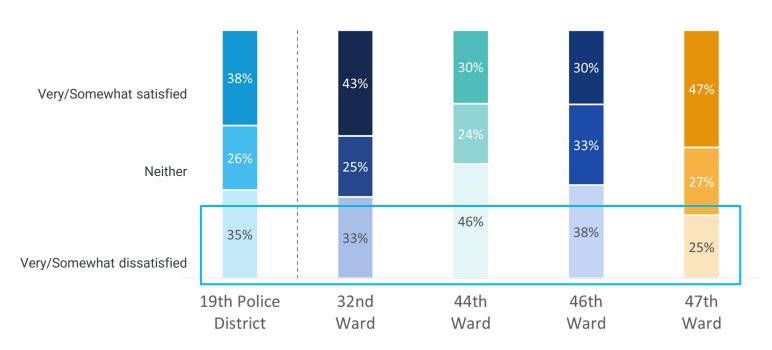


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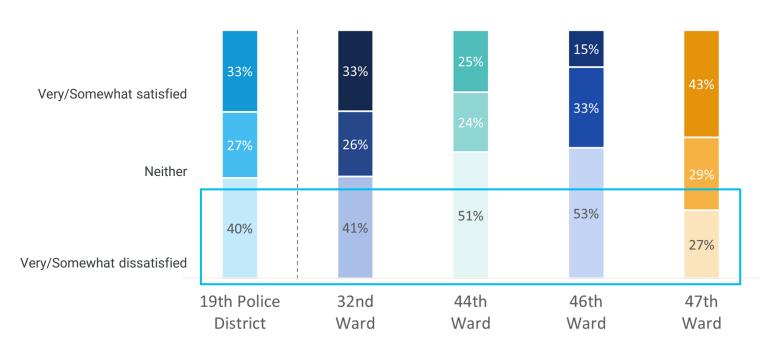
## Neighborhood Safety Rating



## Public Safety Satisfaction



## Policing Satisfaction



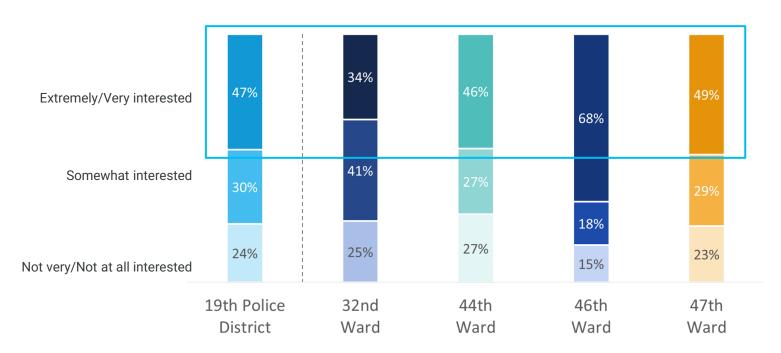
## Public Safety Issues Presented

- 1. Addressing homelessness response
- 2. Addressing property crimes, noise complaints, and other quality-of-life issues
- 3. Amplifying the voices of marginalized communities
- 4. Ensuring police accountability & transparency
- 5. Expanding mental health resources and services
- 6. Implementing programs to help with substance abuse and domestic violence
- 7. Improving police/community relationships
- 8. Improving quality of policing (e.g. response times, clearance rates)
- 9. Managing rise in crime (e.g. car-jackings, robberies, gun violence)
- 10. Promoting better officer wellness
- 11. Sharing information about public safety incidents and responses in the District

## Top Priority to Address in Neighborhood



#### Interest in Learning About Alternative Solutions



# Introduction to Mental Health Resources and Organizations in 19th

# Introducing: 988

# Introducing: C.A.R.E.



# **CARE Program Briefing**

#### 19th District Council



# **\*** Introductions

The Crisis Assistance Response & Engagement (CARE) Program is a partnership between:

- Mayor's Office
- Department of Public Health
- Fire Department & Region 11 EMS
- Police Department
- Office of Emergency Management & Communications



# **Comprehensive Crisis Prevention and Response Program**

Crisis Assistance Response and Engagement (CARE) Program ensures more than one response option to fit the variety of 911 calls with a behavioral health component



#### Pre-Response:

For the first time in the City's history, mental health professionals are staffed in the City's 911 Call Center.

Provide support and mental health consultation to callers, call takers, dispatchers, and response teams. Developing infrastructure to resolve mental health calls without in-person response.



#### Response:

For the first time in the City's history, mental health professionals are being dispatched from the 911 Call Center to respond to behavioral health crisis calls that require an inperson response.



#### Post-Response:

Residents linked to appropriate community-based services to address the underlying needs that contributed to the development of the crisis in the first place.

Piloting use of geographically distributed alternate drop off sites for persons experiencing a behavioral health crisis as alternatives to emergency rooms to provide more comprehensive care.



#### **CARE Program: Crisis Response Teams**

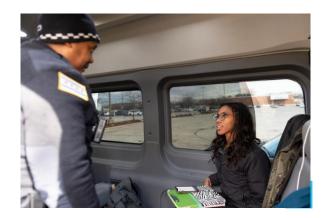
Crisis Assistance Response & Engagement (CARE) is Chicago's first alternate 911 response program.

Integrated, healthcare-based teams respond to 911 calls with a mental health component and offer de-escalation, on-site services, transport to alternate destination, and extensive follow-up.

Currently operate 10:30am – 4:00pm Mon-Fri.

- Alternate Response (AR) teams: paramedic + clinician
- Multidisciplinary Response (MDRT) teams: paramedic + clinician + CIT officer







#### CARE Program: Opioid Response Team

The CARE Opioid Response Team (ORT) operates in East & West Garfield Park and Humboldt Park and follows up with individuals 24-72 hours after they have experienced an opioid overdose to offer services and connection to care.

Opioid response team: paramedic + peer recovery specialist





#### **CARE Program Timeline**

**September 2021:** Launched first 2 MDRT response teams on **North and South Sides** 

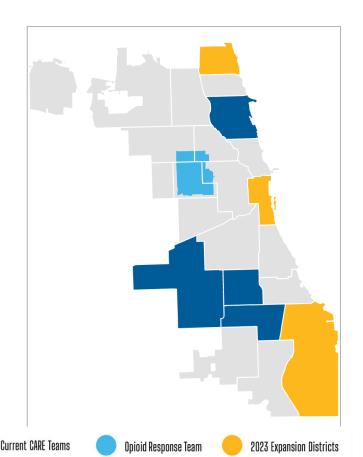
**June 2022:** Launched 3rd (alternate response) team on **Southwest Side** 

**January 2023:** Launched Opioid Response Team on West Side

March 2023: expansion of eligible call types, age range, and launch of 4th (alternate response) team in the Loop

**Summer 2023:** Launch 2 more teams in Far North and Far South

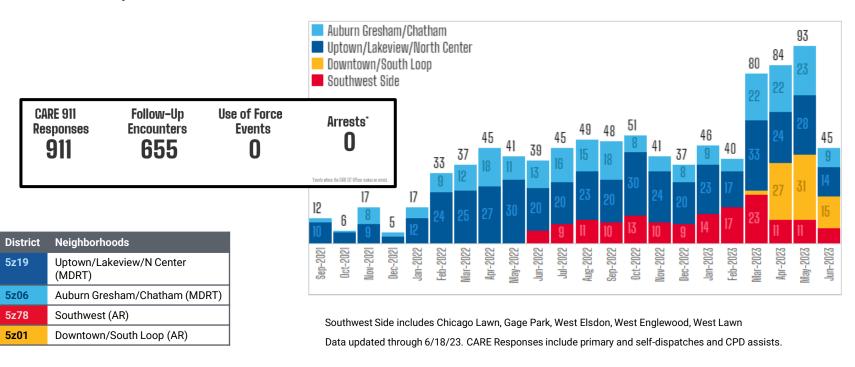
**Late 2023:** Pilot Sobering Center and Stabilization Housing as alternate destinations





#### **CARE Team Activity to Date**

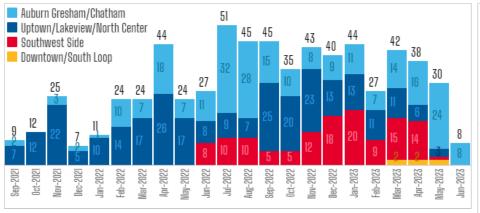
Summary: Call volume month-to-month continues to increase.

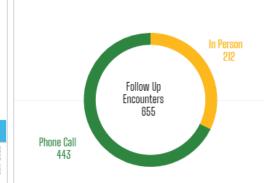




### **CARE Team Activity to Date: Follow Ups**

Summary: Follow-up activity remains steady. Several high-need clients have come back in district 006, leading to intensive follow-up activity. CDPH is working to develop a case management team to provide support to crisis clinicians and alleviate time spent on lengthy follow-ups.





Southwest Side includes Chicago Lawn, Gage Park, West Elsdon, West Englewood, West Lawn Data updated through 6/18/23

District	Neighborhoods
5z19	Uptown/Lakeview/N Center (MDRT)
5z06	Auburn Gresham/Chatham (MDRT)
5z78	Southwest (AR)
E=01	Downtown (Couth Loon (AD)



## **X** Story from the CARE Team

The CARE Team responded to a request for assistance from a CPD unit that had responded to an individual in mental health distress. When the CARE Team arrived they spoke with the individual and offered CARE services. The Team learned that the individual was in need of employment resources in particular. The next day, the CARE Team conducted a follow-up visit to the individual together with the original CPD unit. At that time, the individual expressed that they were feeling depressed and anxious, and the CPD unit transported them to the hospital for psychiatric care. While in the hospital, the CARE Team did some research on referrals for employment opportunities, and dropped the information off to the client's mailbox. When the individual was discharged from the hospital, the CARE Team made contact with them, and followed-up again in 30 days.



## **CARE Program: What to Expect**

CARE Teams respond to a range of calls as the only unit or together with police. Sometimes, police may arrive first and then call the CARE Team for assistance.

#### When they arrive on scene, the CARE Team can:

- De-escalate the person in crisis and conduct a brief needs assessment
- Provide basic clothing, hygiene items, food gift cards, bus passes, and harm reduction supplies
- Transport a person to the hospital (non-emergently), crisis stabilization center, shelter, clinic, or other location
- Make referrals to treatment, help navigate housing or shelter needs, and support around socioeconomic needs (employment, food access, etc.)
- Work with family, friends, or staff on scene to provide information and resources on supporting people in crisis
- Follow up at 1, 7, and 30 days after the initial encounter with the individual



## **CARE Program: Alternate Destinations**

**Identified Need:** alternate destinations for people with complex behavioral health conditions to reduce cyclical utilization of criminal-legal and emergency medical systems, and improve health of individuals.

#### **Planned Programs to Launch in 2023:**

#### **Stabilization Housing**

Non-congregate temporary housing for people with severe mental illness and/or substance use disorders experiencing homelessness. Full primary and behavioral health care on-site, together with intensive case management, social and recovery services, and trauma-informed, community-centered wellness supports.

Participants can stay for up to approximately 6 months before transition to long-term housing.

#### **Sobering Center**

24/7 alternate destination to emergency department or jail for acutely intoxicated individuals to sober and receive services. Facility mobile van can transport patients from public settings or emergency departments to the sobering center.

On-site recovery coaches, basic medical care, and behavioral health supports as well as referrals to ongoing care in the community.

## Introducing: Thresholds

Thresholds Mobile Crisis Response

Thresholds Living Room Program – Forever Hope &

Certified Community
Behavioral Health Clin THRES OLDS

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HOME HEALTH HOPE

We offer innovative programs at 97 sites throughout the Chicago metropolitan area.

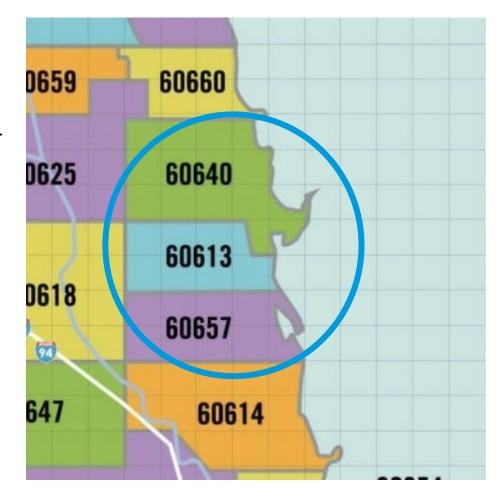
We cover five Illinois counties: Cook, DuPage, Kankakee, McHenry, Lake

#### Our Services Include:

- Substance Use Treatment
  - Youth & Young Adult Services
    - Veteran's Project
      - Housing and Homelessness
        - Peer Services
          - Community Outreach for Mental Health

# What is 988 and MCRT?

- 988 designed to function much as 911 does currently for mental health crisis services
- Calls will come in to centralized call center and be dispatched to MCRT based on location
- 82 teams operating across the state
- Teams are assigned coverage area by zip codes



#### Who Can Utilize This Service?

- Available to the general public
- No fee for services
- Individuals do not need insurance
- Mobile response available only within zip codes, can engage telephonically with anyone
- Kids under 18 who require hospitalization will need to go through CARES (800-345-9049)

#### Thresholds MCRT

- Direct line: 773-572-5464
- Operates 24/7/365
- Covers zip codes 60640, 60657, 60613
- Provide crisis de-escalation services
- Will meet with individual wherever they request
- Focus on brief interventions with a 48-hour follow up
- Access to interpreter services by phone











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## THRES OLDS

## THE LIVING ROOM FOREVER HOPE

Thresholds offers crisis support through a program called The Living Room - Forever Hope. This is a free, entirely peer-led crisis respite center, an alternative to psychiatric hospitalization.

The Thresholds Living Room is a comfortable, safe, and quiet place for people (ages 18+) experiencing a mental health crisis. This program is run for those in recovery, by those in recovery.

The Living Room is open from 12:30 PM - 8 PM (last referral at 7 PM), Monday - Friday, and 11 AM - 5 PM (last referral at 4 PM) Saturday - Sunday.

For referrals, call 773.537.3601. Walk-ins welcome.

#### CONTACT

4423 N Ravenswood Ave | Chicago, IL 60640 P: 773.537.3601 F: 773.961.8623 www.thresholds.org



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## THRES OLDS

## THE LIVING ROOM FOREVER HOPE

Thresholds ofrece soporte de crisis a través de un programa llamado The Living Room - Forever Hope. Este es un centro de apoyo de crisis totalmente gratuito dirigido por colegas, una alternativa a la hospitalización psiquiátrica.

The Living Room de Thresholds es un lugar cómodo, seguro y tranquilo para aquellos (edades 18+) que experimentan una crisis de salud mental. Este programa se ejecuta para aquellos en recuperación, por aquellos en recuperación.

The Living Room esta abierto de 12:30 PM a 8 PM (ultima referencia a las 7 PM), de lunes a viernes. El Sabado y Domingo esta abierto de 11 AM a 5 PM (ultima referencia a las 4 PM).

Para referencias, llame al 773.537.3601. Visitas sin sita tambien son bienvenidas.

#### CONTACT

4423 N Ravenswood Ave | Chicago, IL 6064 P: 773.537.3601 F: 773.961.8623 www.thresholds.org

#### What to expect?

All services are free of charge. Our staff are trained recovery support specialists who use their personal experiences to help others better cope with serious mental illnesses. Upon arrival, guests will be greeted and assessed for safety before being offered respite in a comfortable area. Staff will offer emotional support and resources to help you feel empowered, in control, and hopeful about the future of you recovery.

### The Living Room is ideal for those experiencing any of the following:

- Overwhelming thoughts or emotions
- Feelings of hopelessness
- Excessive anxiety
- Extreme depression
- Thoughts of harm
- Feeling unsafe
- Increase in mental health symptoms



#### We want to help!

Our peer staff understand what it is like to live with serious mental heath or substance use conditions. We also know that recovery is possible.

Thresholds is here and ready to help you on your recovery journey, whenever you need us.

#### Qué esperar de su visita:

Todos los servicios son gratuitos. Nuestro personal son especialistas capacitados en soporte a la recuperación, que utilizan sus experiencias personales para ayudar a otros a sobrellevar las enfermedades mentales graves. A su llegada, los visitantes serán recibidos y evaluados por su seguridad antes de que se les ofrezca un descanso en un área cómoda. El personal ofrecerá apoyo emocional y recursos para ayudarlo a sentirse empoderado, en control y esperanzado sobre el futuro de su recuperación.

## The Living Room es ideal para aquellos que experimentan cualquiera de lo siguiente:

- Pensamientos o emociones abrumadoras
- Sentimientos de desesperanza
- Ansiedad excesiva
- · Depresión extrema
- · Pensamientos de perjudicarse
- Sentirse inseguro
- Aumento de los síntomas de salud mental



#### iQueremos ayudarte!

Nuestro personal entiende lo que es vivir con condiciones graves de salud mental o uso de sustancias. También sabemos que la recuperación es posible.

Thresholds está aquí y listo para ayudarle en su recuperación, siempre que nos necesite.







### Thresholds Living Room Program Forever Hope

Location: 4423 N. Ravenswood Chicago,

IL 60640

Hours of Operation: Monday Through Friday

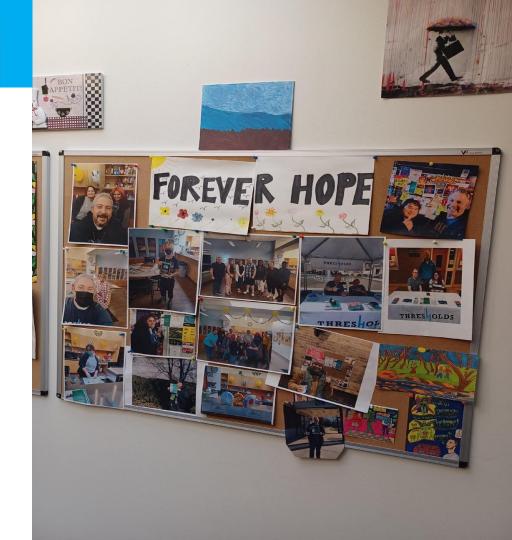
12:30pm to 8:00pm last referral at 7:00pm.

Saturday and Sunday 11:00am to 5:00pm Living Room main # 773.537.3601

For information on other Thresholds Services please call or visit our website.

Thresholds main #: 773.572.5400

https://www.thresholds.org/



# Certified Community Behavioral Health Clinic (CCBHC)

- Federal initiative to bring comprehensive person-centered Behavioral Health care to individuals regardless of insurance barriers and to improve overall access to care.
- Services are provided to children and adults.
- Services include integrated health screening and care coordination for health needs.
- Enhanced partnership with community collaterals to facilitate referral linkage

## **Details of our Current Staffing and Roles**

#### Roles

- Behavioral Health care with a component of Integrated Health care coordination
- Assisting with overall health outcomes through screening, monitoring, care coordination, and Peer Health support.

#### Staffing

- Five therapists
- Three 5th year PsyD interns
- A Nurse
- A Peer Health Navigator
- A front desk manager
- Clinic leader

# Details of our Current Programing and upcoming services

- Currently providing services to our Thresholds clients before launching to the community.
- Mental Health and Substance use therapists are available.
- Adult, non-Thresholds services will be provided by August
- Children and Adolescent services will be provided by September
- Plan to grow as we are needed, including evening and weekend hours if needed.

#### Staff

Manuel Meza, LCSW – Project Director, MCRT manuel.meza@thresholds.org

Andy Brower, LCPC – Program Director, (CCBHC) andy.brower@thresholds.org

Lena Raimondo, CRSS-Program Director, The Living Room, Forever Hope <a href="mailto:Lena.Raimondo@thresholds.org">Lena.Raimondo@thresholds.org</a>

Matthew Tassinari, CRSS –Team Leader, The Living Room, Forever Hope Matthew.Tassinari@thresholds.org

# 5. Votes

# 6. Next Meeting



Tuesday, July 18th, 2023 @ 6:30pm Location: Lincoln Park Presbyterian Church 600 W. Fullerton Ave.

## 7. Public Comment

## Public Comment - Rules & Follow Up

#### **Rules of Engagement**

- 2 min/speaker = ~10 speakers (typically 20 minutes total)
- Request to make public comment must be submitted within 30-minutes of start of meeting
- Order of speakers randomly selected
- No disruption of speakers
- No harassment or disrespect will be tolerated (zero tolerance policy)

#### Follow Up

- Public comments are of utmost importance to DCMs
- DCMs and staff will take official minutes of public comments made
- DCMs may address comments in real time or may follow up with community member at a later time

## Public Comments - Guiding Questions

- What are your thoughts on the information presented today?
- What would you like to see prioritized for our future meetings?
- Are there any issues you are dealing with that you'd like for us to be aware of?

## 8. Calls to Action

## Get Involved & Up to Speed

#### Remember to:

- Provide CCPSA your input about COPA and Police Board selection policies/process, and apply for Community Advisory Council
- Research Mental Health Organizations and resources in your neighborhood, especially 988, C.A.R.E., and Thresholds
- Ask your Alderperson how they plan to lead discussions about mental health services in your ward

#### **Contact Us:**

- With questions about anything presented today
- About public safety incidents in your area
- To become a community liaison for the District Council

Share what you learned today with 5 people in our community!

## 19th District Council Contact Info





19thDistrictCouncil.com



19thDistrictCouncil@gmail.com

# Adjourn - Thank you!