Chicago Mobility Guidelines



As the City of Chicago starts to move through phased reopening, it is imperative that we take precautions to ensure our own health and the health of our communities. Stay at home, as much as possible. When you do go to work, make essential trips, or go out for exercise, be sure to observe current public health guidelines to maintain 6 feet of distance from other people, wash your hands, and wear a face covering when physical distancing is not possible.

Perhaps most importantly, be patient, be courteous, and remember that we're all in this together.

When Driving:

- Drive slowly and carefully. Just because there is less traffic doesn't mean you can drive fast.
- Avoid driving on residential streets when possible. Use arterial/commercial streets when you need to drive.
- Stop for people walking, running, and biking in the street. People may be walking and running in the roadway to physically distance from others. You must stop and yield the right of way to other people in the roadway.
- **Do not park in a bike lane if you are making a curbside pick-up**. Use your inside hand (right hand for drivers) and look over your shoulder to avoid "dooring" a person biking.

General Mobility Guidance:

- Plan your route ahead of time. Walk, run, and bike on residential streets when possible and avoid commercial or otherwise busy streets. Seek alternative routes to crowded trails or streets if possible. Refer to the Chicago Bike Map for bike routes throughout the City.
- **Bring a face covering with you.** While it is not required for exercising outside, it is required when you get to a busy area and are not able to maintain 6 feet of distance from other people.
- **Postpone organized bike rides and runs.** You can go for a ride or run with people you live with, but now is not the time for group exercise.
- Let people know that you are behind them. Don't sneak up behind others, call out "on your left/right."

When Walking or Running:

- **Maintain at least six feet from others.** Move over if you need to accommodate people who need the sidewalk such as those in wheelchairs or with strollers.
- If you are walking or running in a bike lane, do so in the direction of traffic and return to the sidewalk when feasible. Be aware of people biking, people driving, and parking vehicles.

When Biking:

- Bike at least six feet away from other people (the length of two bikes). Don't follow too closely and be mindful of others when stopped at an intersection.
- Watch out for runners and pedestrians in the bike lane. People walking and running might use the bike lane when the sidewalk is crowded.
- If you need to lock/unlock your bike, wait until other are done. Bikes don't need to be 6 feet from each other, just people. Be patient.