Bicycling Ambassadors Learn To Ride 2017

FAQ

Lauren Crabtree – Program Manager – lauren@chicagocompletestreets.org - 312-744-8147

What is "Learn to Ride?" - Learn to Ride (LTR) is a class where adults can learn to ride a bike for the first time or again, for free. The class is free to anyone who signs up and offered throughout the summer every Monday evening from June 12th through August 28th.

Do I have to pay anything? - No, the class is absolutely free.

How long is the class? - The class is 2 hours long, from 6-8 pm.

How many people can sign up? – 4-6 people can sign up for each class, but we offer the class each Monday for 12 weeks, so you have 12 opportunities to sign up.

Can I sign up for my child? - Yes, we can teach younger riders as well, but if the student is younger than 16 they will need to bring their own bike to use for the lesson because of the Divvy age restriction.

Where is it? - Check the schedule for specific dates, but it will be in one of two places: the Chicago Center for Green Technology or Kennedy King College.

How do I sign up? - Call 312-744-8147 and leave your name, phone number and the date you want to attend and you will receive a confirmation call.

What if my date is full? – We will suggest another day. Each location will have 6 dates to sign up for, so you should be able to find an alternative.

What about bikes? Do I have to have one? – We will provide bikes, but you can also choose to bring your own.

What about experience? Do I need to know anything about riding? – No, but it's ok if you have some experience. If you rode as a kid and forgot, we can also re-teach you. There will be 1 teacher for every 2 students, so we will be able to accommodate many learning styles and speeds.

Who are the teachers? – The City of Chicago's Bicycling Ambassadors. They are trained to teach this class, but also spend a great deal of time talking to people about riding bikes more and riding safely.

The following questions are for providers/organizers/sponsors:

There are going to be a lot of people learning to ride? Who's responsible for the liability on these classes? – The Ambassadors are trained through the League of American Bicyclists and are insured through their certification. We will also have the participants sign a waiver covering anyone involved

with the classes (LISC, CDOT, Divvy, FOC's, and Ambassadors.) This is a standard form we use when conducting any classes like this.

What exactly will the curriculum be? – Participants start on a bike with no pedals. They practice coasting, incorporating both steering and braking until they can coast without putting a foot down for 20-30 seconds. Then instructors install one pedal and participants practice starting the bike with the pedal (participants will put that pedal in an "up" or "power pedal" position before they begin.) Once they can start with a pedal and then coast together, the second pedal is installed.

Class Schedule

Mondays: June 12 - CCGT June 19 – Kennedy King College June 26 - CCGT July 3 – Kennedy King College July 10 - CCGT July 17 – Kennedy King College July 24 - CCGT July 31 – Kennedy King College August 7 - CCGT August 14 – Kennedy King College August 21 - CCGT