Are severe cases of influenza occurring? The Illinois Department of Public Health (IDPH) has issued influenza testing and reporting guidance. Suspected novel and variant influenza, pediatric influenza-associated deaths, influenza-associated ICU hospitalizations and outbreaks of influenza-like illness in a congregate setting should all be reported to CDPH via INEDSS. For the week of February 23-March 1, 2014 (week 9), one influenza-associated ICU hospitalization was reported, which was positive for influenza A (H1N1)pdm09. By this time last season 93% of all ICU hospitalizations were reported. Since September 29, 2013, 164 influenza-associated ICU hospitalizations have been reported (Figure 1). Among the total ICU hospitalizations reported 157 were positive for influenza A (77 [H1N1]pdm09, 1 H3N2, and 79 unknown subtype) and 7 were positive for influenza B. Eighty-one (49%) were female, 93 (57%) were 50 years of age or older, and 15 (9%) were 4 years of age or younger (median age of 53 years with a range of 2 months-86 years). Seventy-four (45%) were NH-Black, 59 (36%) had lung disease (including asthma) and 57 (35%) required ventilator support. Fourteen deaths have been reported among the total ICU hospitalizations including one pediatric death.

How much influenza-like illness is occurring? CDPH receives data from over 50 surveillance sites across Chicago, which report the total number of patient visits seen weekly, and of those visits, the number with influenza-like illness (ILI) (i.e., fever of 100°F or greater, with cough or sore throat). All hospitals in Chicago that provide emergent care are required to report on a weekly basis the total number of emergency department visits, and of those visits, the number with ILI. For the week of February 23-March 1, 2014, with 15 hospitals reporting, 2.6% of emergency department visits were due to ILI. (Figure 2).

CDC recommends antiviral treatment as early as possible for any patient with confirmed or suspected influenza who is hospitalized, has severe illness or is at higher risk for serious complications.
ESSENCE is an electronic syndromic surveillance system that utilizes emergency department chief complaint data submitted daily by participating Chicago hospitals. ILI activity is determined solely based on the patient’s chief complaint and does not take into account the entire medical record, as the ILI activity reported in Figure 2 does.

Currently, 10 Chicago hospitals submit data to ESSENCE. Figure 3 shows the percent of the total emergency department visits due to ILI for pediatric patients (2.3%) and adult patients (1.1%) for the week of February 23-March 1, 2014 plus the ILI activity by age group for the previous season.

Several outpatient clinics and hospital emergency departments throughout Chicago participate in CDC’s Influenza-like Illness Surveillance Network (ILINet) by reporting on the number of patients with ILI seen weekly. From February 23-March 1, 2014, with 56 facilities reporting, 3.0% of outpatient visits were due to influenza-like illness. This is lower than levels seen during the same week for the past three influenza seasons (Figure 3).

Which influenza strains are circulating?
Data on influenza virus test results are reported by Chicago laboratories performing influenza subtyping. For the week of February 23-March 1, 2014, with 6 laboratories reporting, 24 of the 487 (4.9%) specimens tested for influenza were positive. This week last season, 6.2% of specimens tested were positive for influenza. Among this week’s positive specimens, all were typed as influenza A (20 [H1N1pdm09, 1 H3N2, and 3 unknown subtype) (Figure 4). Since September 29, 2013, 910 of 10,491 (8.7%) specimens tested for influenza have been positive; 887 typed as influenza A (637 [H1N1pdm09, 18 H3N2, and 233 unknown subtype) and 23 typed as influenza B.

Where can I get more information?
The Centers for Disease Control and Prevention’s FluView4 report provides national updates and trends related to the intensity of influenza activity across the United States, as well as detailed information on antiviral resistance, severity of illness, and other topics. Updates specific to Illinois5 and Suburban Cook County6 are also available online. Current and archived issues of the Chicago Flu Update can be found on the CDPH website section Current Flu Situation in Chicago7. In January, IDPH released a memo8 recommending that during periods of widespread influenza activity hospitals should implement all of the comprehensive influenza prevention and control recommendations from the CDC.