What is the risk?
Currently, the risk of influenza infection is low. From May-September 2011, the vast majority of influenza viruses characterized by CDC were closely related to those found in the current 2011-2012 influenza vaccine. Vaccination is the best way to protect against influenza infection and all Chicagoans aged six months and older are encouraged to get vaccinated. Chicagoans should ask their healthcare provider or pharmacist about vaccine availability. The City of Chicago will be offering free flu shots on Saturday, October 29th at Kennedy King and Truman Colleges and on Saturday, November 5th at Arturo Velasquez Institute, Wright and Daley Colleges. A complete schedule of City of Chicago influenza vaccine clinics is available on the City website and by calling 311.

Are severe cases of influenza occurring?
No influenza-associated ICU hospitalizations were reported for week 42 (October 16-22, 2011). Suspected novel influenza, pediatric influenza-associated deaths, influenza-associated ICU hospitalizations and outbreaks of influenza-like illness in a congregate setting should all be reported to CDPH via INEDSS.

How much influenza-like illness is occurring?
For the week of October 16-22, 2011, with 16 hospitals reporting, 3.5% of emergency room visits were due to ILI (i.e., fever of 100°F or greater, with cough or sore throat). This is similar to levels reported during the same surveillance week in 2010 (Figure 1). Several outpatient clinics throughout Chicago participate in the Influenza-like Illness Network (ILINet) by reporting the percentage of clinic visits due to ILI. From October 16-22, 2011, with 15 outpatient clinics reporting, 1.6% of outpatient clinic visits were due to ILI. This is similar to levels reported during the same surveillance week in 2010 for both Chicago and Illinois (Figure 2).

Which influenza strains are circulating?
Data on influenza virus test results are reported by Chicago laboratories performing influenza subtyping. For the week of October 16-22, 2011, with 3 laboratories reporting, none of the 106 specimens tested for influenza were positive.

Where can I get more information?
The Centers for Disease Control and Prevention’s FluView report provides national updates and trends related to the intensity of influenza activity across the United States, as well as detailed information on antiviral resistance, severity of illness, and other topics. Updates specific to Illinois and Suburban Cook County are also available online.