What is the risk?
Currently, the risk of influenza infection is low.

Are severe cases of influenza occurring?
For the week of February 28-March 6, 2021, no influenza-associated ICU hospitalizations were reported (Figure 1).

Since September 27, 2020, one influenza-associated ICU hospitalization has been reported.

Which influenza strains are circulating?
Data on influenza virus test results are reported by Chicago laboratories performing influenza RT-PCR. For the week of February 28-March 6, 2021, 0 of the 588 reported specimens tested for influenza were positive (Figure 2).

Since September 27, 2020, 4 of the 19,279 reported specimens that were tested for influenza have been positive. The cumulative percent of specimens testing positive for influenza is lower than previous seasons for the same time period. The number of reported specimens tested for influenza is 34% lower compared to the same time period last season (Figure 3).§

News & Updates
The Illinois Department of Public Health recently issued Influenza Testing and Reporting Guidance¹ which outlines influenza testing recommendations and reporting requirements.

Vaccination is the best way to protect against influenza infection and all Chicagoans six months and older are encouraged to get vaccinated. Chicagoans should ask their healthcare provider or pharmacist about vaccine availability. Uninsured or underinsured adults and children 0-18 years old who are uninsured, underinsured, or Medicaid (Title XIX) insured can visit a CDPH Walk-in Immunization Clinic² to receive the flu vaccine; currently, two CDPH walk-in clinics have resumed immunization services. To locate the closest City of Chicago clinic or retail pharmacy, go to www.chicagoflushots.org. Visit https://www.chicago.gov/flu for more information on influenza.

Footnotes:

§ Reported percentages represent final end of season data and may differ from previously published reports.
How much influenza-like illness is occurring?
Several outpatient clinics throughout Chicago participate in CDC’s Influenza-like Illness Surveillance Network (ILINet) by reporting on a weekly basis the total number of outpatient clinic visits, and of those visits, the number with influenza-like illness (ILI). For the week of February 28-March 6, 2021, 29 of the 6,455 (<1%) reported outpatient clinic visits were due to influenza-like illness (Figure 3). In addition to ILINet, ESSENCE is an electronic syndromic surveillance system that utilizes the chief complaints of patients visiting emergency departments to monitor for influenza-like illness. Currently, ESSENCE captures nearly every emergency department visit in the city on a daily basis. For the week of February 28-March 6, 2021, 76 of the 16,784 (<1%) total emergency department visits were due to influenza-like illness (Figure 4).

Figure 5 represents the percentage of emergency department visits due to influenza-like illness aggregated by patient zip code. For the week of February 28-March 6, 2021, 1 of 59 zip codes had ILI activity levels that were moderate to high.

Where can I get more information?
The Centers for Disease Control and Prevention’s FluView report provides national updates and trends related to the intensity of influenza activity across the United States, as well as detailed information on antiviral resistance, severity of illness, and other topics. Updates specific to Illinois and Suburban Cook County are also available online. Current and archived issues of the Chicago Flu Update can be found on the CDPH website section Current Flu Situation in Chicago.

Reporting Information
Healthcare facilities can report cases to the Chicago Department of Public Health via the Illinois National Electronic Disease Surveillance System (INEDSS). Contact SyndromicSurveillance@cityofchicago.org for more information.

All data are preliminary and may change as more reports are received.

Note: Variations in ILI activity levels should not be interpreted as an influenza cluster or outbreak as other illnesses can cause similar symptoms.

ILI Activity Level:
- ILI percentage for each zip code for the current week is compared to the mean ILI percentage during the non-influenza months (May 17, 2020-September 26, 2020);
- level 1 corresponds to an ILI percentage below the mean, level 2 to an ILI percentage less than one standard deviation (SD) above the mean, level 3 to an ILI percentage more than one, but less than two SDs above mean, and so on, with level 10 corresponding to an ILI percentage more than eight SDs above the mean.