News & Updates
On December 27th, the CDC issued a Health Advisory regarding seasonal influenza A (H3N2) activity and antiviral treatment of patients with influenza\(^1\). Currently, the Illinois Department of Public Health is recommending temporary hospital visitor restrictions\(^2\) during times of increased influenza-like illness in the community. Vaccination is the best way to protect against influenza infection and all Chicagoans aged six months and older are encouraged to get vaccinated. Chicagoans should ask their healthcare provider or pharmacist about vaccine availability. For those without a healthcare provider or whose healthcare providers do not have the influenza vaccine, a list of City of Chicago Fast-Track Immunization Clinics\(^3\) is available on the City website and by calling 311. To locate the closest City of Chicago clinic or retail pharmacy, visit www.chicagoflushots.org.

What is the risk?
Currently, the risk of influenza infection continues to increase.

Are severe cases of influenza occurring?
For the week of December 17-23, 2017, 16 influenza-associated ICU hospitalizations were reported (Figure 1).

Since October 1, 2017, 40 influenza-associated ICU hospitalizations have been reported; 33 were positive for influenza A (17 H3N2, 3 H1N1, and 13 unknown subtype [subtyping not attempted or not all subtypes tested]) and seven were positive for influenza B. The median age of reported cases is 62 years (range of 5-96 years); selected attributes are summarized in Table 1.

<table>
<thead>
<tr>
<th>Age Group</th>
<th>#</th>
<th>%</th>
<th>Sex</th>
<th>#</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-4</td>
<td>0</td>
<td>0</td>
<td>Male</td>
<td>15</td>
<td>37</td>
</tr>
<tr>
<td>5-17</td>
<td>3</td>
<td>7</td>
<td>Female</td>
<td>25</td>
<td>62</td>
</tr>
</tbody>
</table>
| 18-24     | 2 | 5 | Med. Cond./Complication\(^1\)
| 25-49     | 3 | 7 | Lung Disease| 8 | 20|
| 50-64     | 16| 40| Cardiac Disease| 12| 30|
| ≥65       | 16| 40| Diabetes| 11| 27|
| Race/Ethnicity | | | | | |
| NH-White  | 10| 25| Ventilator Support| 11| 27|
| NH-Black  | 21| 52| Treatment/Vaccination\(^2\)
| Hispanic  | 8 | 20| Reported Antiviral Tx| 24| 60|
| Asian     | 1 | 2 | Reported Flu Shot| 15| 37|

Which influenza strains are circulating?
Data on influenza virus test results are reported by Chicago laboratories performing influenza RT-PCR. For the week of December 17-23, 2017, with 6 laboratories reporting, 167 of the 937 (17.8%) specimens tested for influenza were positive [67 A (H3N2), 15 A (H1N1)pdm09, 78 A unknown subtype and 7 influenza B] (Figure 2). Since October 1, 2017, 320 of 7,316 (4.4%) specimens tested for influenza have been positive; 298 typed as influenza A (133 H3N2, 20 (H1N1)pdm09, 145 unknown subtype [subtyping not performed or not all subtypes tested]) and 22 typed as influenza B.

How much influenza-like illness is occurring?
CDPH receives data from several hospitals in Chicago that provide emergent care, which report on a weekly basis the total number of emergency department visits, and of those visits, the number with influenza-like illness (fever of 100°F or greater and cough and/or sore throat). For the week of December 17-23, 2017, with seven hospitals reporting, 4.7% of emergency department visits were due to ILI (Figure 3).

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1 [https://emergency.cdc.gov/han/han00409.asp](https://emergency.cdc.gov/han/han00409.asp)
2 [https://www.chicagohan.org/documents/14171/39923/IDPH++2017-2018+Influenza+Hospital+Visitor+Restrictions/7ad3aa4-ec39-456c-b57d-4d7924f4a441](https://www.chicagohan.org/documents/14171/39923/IDPH++2017-2018+Influenza+Hospital+Visitor+Restrictions/7ad3aa4-ec39-456c-b57d-4d7924f4a441)
*ILI Activity Level:
ILI percentage for each zip code for the current week is compared to the mean ILI percentage during the non-influenza months (May 21, 2017-September 30, 2017); level 1 corresponds to an ILI percentage below the mean, level 2 to an ILI percentage less than one standard deviation (SD) above the mean, level 3 to an ILI percentage more than one, but less than two SDs above mean, and so on, with level 10 corresponding to an ILI percentage eight or more SDs above the mean.

Figure 6. Percent of zip codes with minimal/low and moderate/high ILI activity levels and overall median ILI, Chicago, by week, for the current season (2017-2018), October-May.

Figure 5. Influenza-like Illness (ILI) activity level by patient zip code determined by chief complaint data submitted to ESSENCE, Chicago, for week of December 17-23, 2017 (week 51).

Figure 4. Percent of medically-attended outpatient visits attributed to influenza-like illness as reported by ILINet facilities, Chicago, by week, for the current season (2017-2018) and previous three seasons, October-May.

Figure 3. Percent of emergency department visits attributed to influenza-like illness based on manual reports by individual hospitals, Chicago, by week, for the current season (2017-2018) and previous three seasons, October-May.

In addition to emergency departments, several outpatient clinics throughout Chicago participate in CDC’s Influenza-like Illness Surveillance Network (ILINet) by also reporting on a weekly basis the total number of outpatient clinic visits, and of those visits, the number with influenza-like illness (ILI). For the week of December 17-23, 2017, with 22 facilities reporting, 3.9% of outpatient clinic visits were due to influenza-like illness (Figure 4).

**ESSENCE** is an electronic syndromic surveillance system used to monitor influenza-like illness by utilizing the chief complaints of patients visiting emergency departments. Currently, all Chicago hospitals submit data to ESSENCE on a daily basis, covering every emergency department visit in the city. For the week of December 17-23, 2017, 1,128 of the 26,492 (4.2%) total emergency department visits were due to influenza-like illness (ILI); children less than five years of age had the highest percentage of visits due to ILI at 13.6%.

**Where can I get more information?**
The Centers for Disease Control and Prevention’s FluView® report provides national updates and trends related to the intensity of influenza activity across the United States, as well as detailed information on antiviral resistance, severity of illness, and other topics. Updates specific to Illinois® and Suburban Cook County® are also available online. Current and archived issues of the Chicago Flu Update can be found on the CDPH website section Current Flu Situation in Chicago®.

**Reporting Information**
The Illinois Department of Public Health (IDPH) has issued influenza testing and reporting recommendations® healthcare facilities can report cases to the Chicago Department of Public Health via the Illinois National Electronic Disease Surveillance System (INEDSS)®.

All data are preliminary and may change as more reports are received.

http://www.cdc.gov/flu/weekly/index.htm
http://cookcountypublichealth.org/data-reports/communicable-diseases
https://dph.partner.illinois.gov/