

BE SAFE
CHICAGO

Black and LatinX communities have the most cases of COVID-19 and the most deaths from it. Let's keep our communities safe:

- Stay inside unless you have to go out
- If you have to go out, stay 6 feet away from other people
- Don't get together in large groups
- Do wear a mask or cloth face covering in public
- Wash your hands often and use hand-sanitizer

COVID-19 can be deadly to the elderly and people with medical conditions such as heart disease, diabetes and cancer.

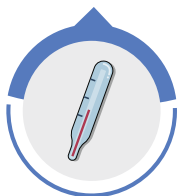
To be connected to food options, shelter or social services you must call 3-1-1. For COVID-19 related information visit WWW.CHICAGO.GOV/CORONAVIRUS or email coronavirus@chicago.gov.

COVID COACH

Stay Healthy and in the know

Sign up today at :
COVIDCOACH.CHICAGO.GOV

1



Find out about
COVID-19 Symptoms

2



See if you need
to get tested

3



Pre-register
for a vaccine

WEAR IT RIGHT



Wearing a mask correctly is important for it to be effective.

Wear your mask all the way down under your chin.



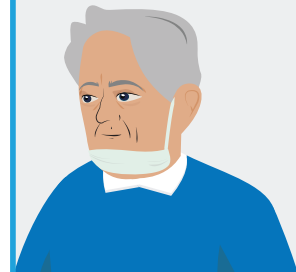
Tighten the loops or ties so it's snug around your face.

Wear your mask all the way up to the bridge of your nose.

✗ Don't wear your mask loosely with gaps on the sides.



✗ Don't push your mask under your chin to rest on your neck.



✗ Don't wear your mask so it covers just the tip of your nose.



✗ Don't wear the mask below your nose.



✗ Don't leave your chin exposed.



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