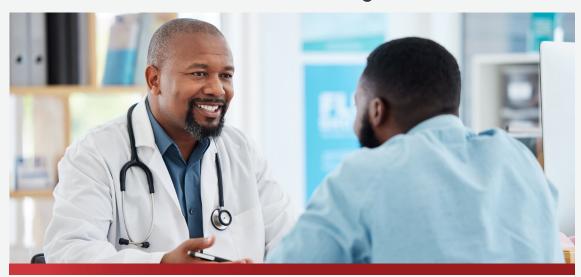
## Could you have a heart attack and not even know it?

Between 20-60% of all heart attacks are silent.\*

Black Men are at even higher risk.\*\*



CDPH is hosting a **community conversation** about heart health, prevention, and wellness specifically for Black Men. The cost is **FREE**. **Featured Speakers: Dr. Marlon Everett • Dr. Louis Rutland** 

## When:

Wednesday, July 23, 2025, 6pm - 7pm

## Location:

Greater Lawn West 55<sup>th</sup> Street Health Hub 4150 West 55<sup>th</sup> Street, Chicago, IL 60632

## What We'll Cover:

- Understanding your risk factors
- Prevention strategies that work
- Real talk about lifestyle changes
- Community resources and support
- Q&A with medical experts

This is Your Health, Your Life, Your Community.
Share this with your brothers, your friends, your boys.

Register: bit.ly/CDPHBlackMenAndHeartHealth



If you can't join us live, stream it on YouTube here: youtube.com/@chicagodepartmentofpublich6861



Presented by the Chicago Department of Public Health

<sup>\*</sup> https://www.health.harvard.edu/heart-health/can-you-have-a-heart-attack-and-not-know-it

<sup>\*\*</sup> https://www.heart.org/en/health-topics/consumer-healthcare/what-is-cardiovascular-disease/african-americans-and-heart-disease-stroke