

Could you have a heart attack and not even know it?

Between 20-60% of all heart attacks are silent.*

Black Men are at even higher risk.**



CDPH is hosting a **community conversation** about heart health, prevention, and wellness specifically for Black Men. The cost is **FREE**.

Featured Speakers: Dr. Marlon Everett • Dr. Louis Rutland

When:

Wednesday, July 23, 2025, 6pm - 7pm

Location:

Greater Lawn West 55th Street Health Hub

4150 West 55th Street, Chicago, IL 60632

What We'll Cover:

- Understanding your risk factors
- Prevention strategies that work
- Real talk about lifestyle changes
- Community resources and support
- Q&A with medical experts

This is Your Health, Your Life, Your Community.
Share this with your brothers, your friends, your boys.

Register: bit.ly/CDPHBlackMenAndHeartHealth



If you can't join us live, stream it on YouTube here:
youtube.com/@chicagodepartmentofpublichealth6861



Presented by the Chicago Department of Public Health

* <https://www.health.harvard.edu/heart-health/can-you-have-a-heart-attack-and-not-know-it>

** <https://www.heart.org/en/health-topics/consumer-healthcare/what-is-cardiovascular-disease/african-americans-and-heart-disease-stroke>