



Ensuring Access to Mental Health Services For All Chicagoans

August 19, 2014

Bechara Choucair, MD
Commissioner



City of Chicago
Mayor Rahm Emanuel

Chicago Department of Public Health
Commissioner Bechara Choucair, M.D.



Our Goal



Chicago is dedicated to ensuring access to quality mental health services for all residents.

Increasing Access to Quality Mental Health Services

2,100-2,500 clients served at CDPH clinics at any one point

5,727 more community psychiatric visits for uninsured in 2013 alone

\$4 million for integrated mental health and primary care for children on the South and West Sides through ILCHF

4,500 more residents receiving integrated mental health and substance abuse services through SAMHSA

16,000 mental health visits for people living with HIV/AIDS

Enhanced services at clinics in Auburn Gresham and Woodlawn

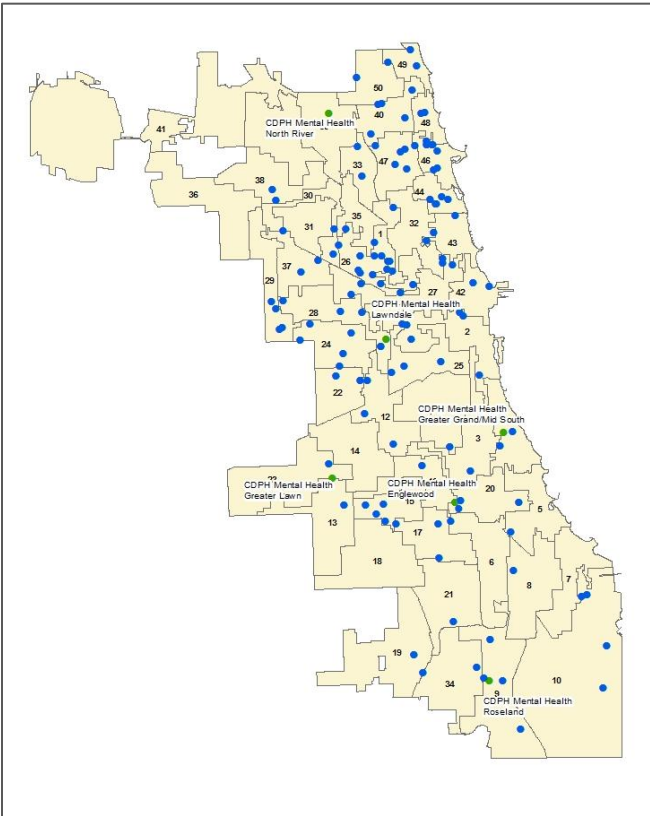
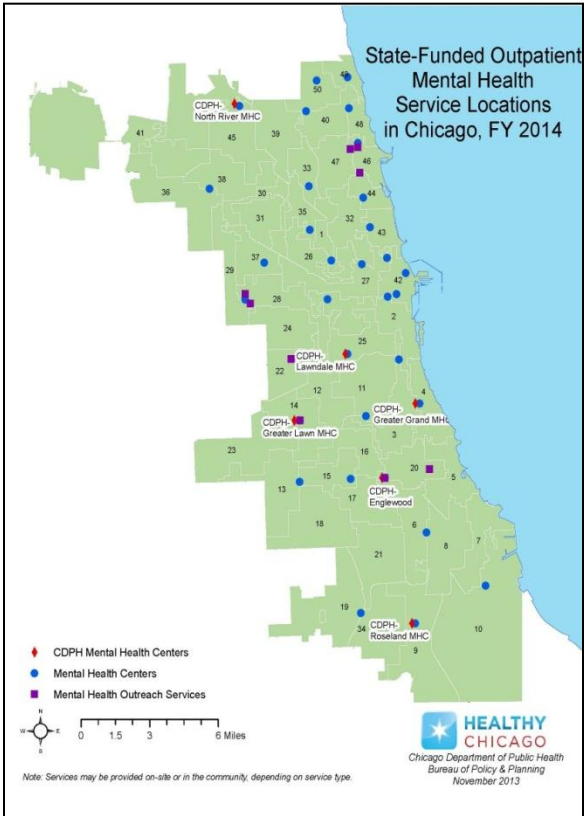
Six FQHC partners newly offering mental health services at Neighborhood Health Centers

Agenda

- Chicago's Mental Health Services Landscape
- Direct Mental Health Services
- Targeted Investments in Mental Health
- ACA Impact on Mental Health
- Continuing to Strengthen Chicago's Mental Health System

CHICAGO'S MENTAL HEALTH SERVICES LANDSCAPE

Array of Safety Net Providers



- At least 132 public and nonprofit healthcare sites offering safety net mental health services across Chicago
- Support comes from city, state and federal governments and private funders

Historic Changes in Health Care

The Affordable Care Act calls for:

- New insurance options for 400,000 Chicago residents
- More than \$20 million for Federally Qualified Health Centers (FQHCs)
- Mental health coverage guaranteed for many more Americans

Ensuring Long-Term Success



- CDPH sat down with community mental health providers and advocacy groups.
- We developed a plan to leverage a larger network of service providers while making CDPH's own clinics sustainable.
- We obtained input from the City Council and public through budget hearings in 2011, 2012 and 2013 and issue progress reports.

Three-Pronged Strategy to Increase Access

Direct Mental Health Services

Targeted Investments in Mental Health

ACA Impact on Mental Health

DIRECT MENTAL HEALTH SERVICES

CDPH Mental Health Clinics

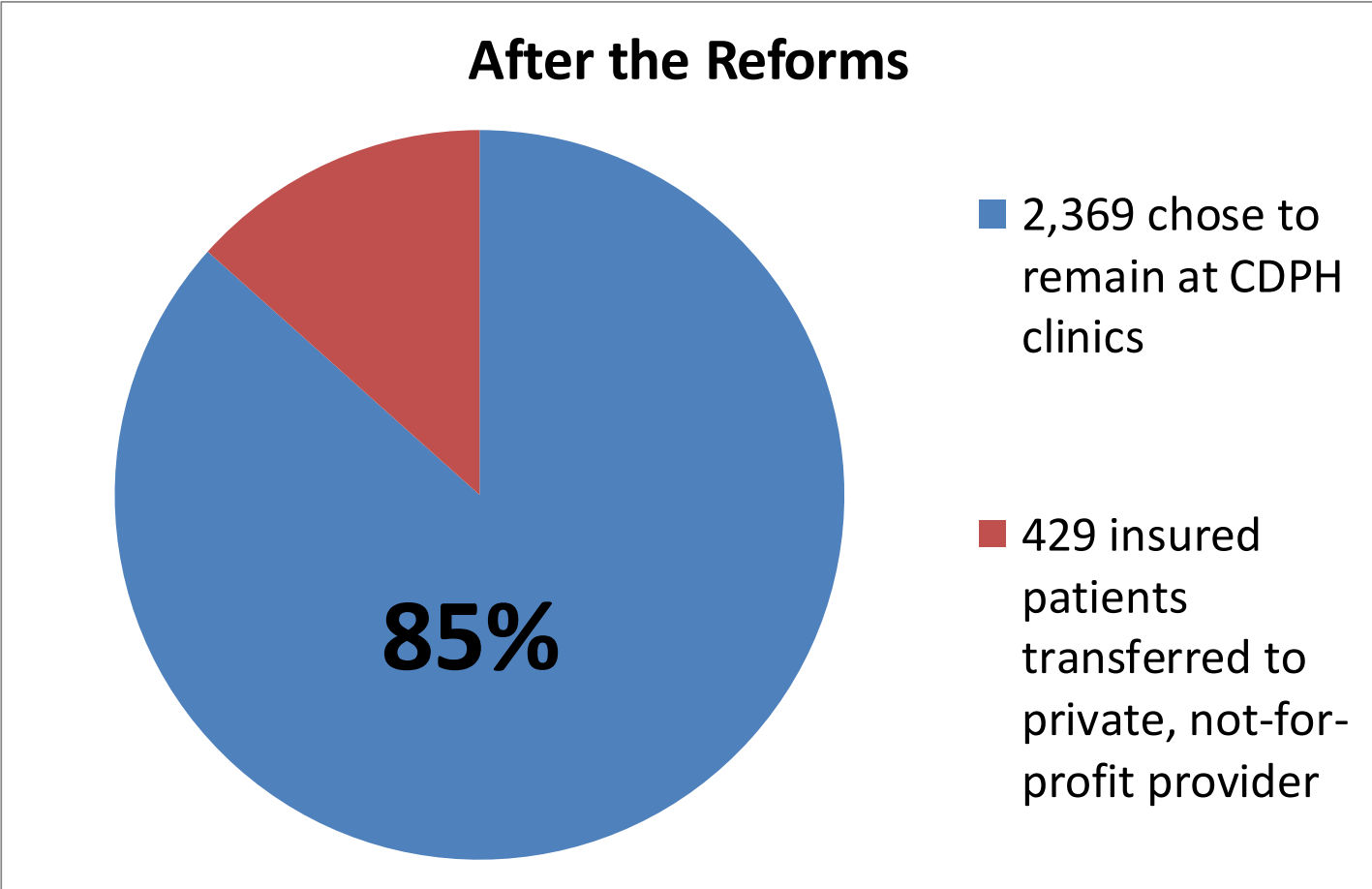


- Consolidated 12 clinics into six, focusing on uninsured residents who have limited options for mental health care
- Retained majority of licensed clinical staff
- Maintained capacity, continuing to welcome new clients
- Continue to focus on uninsured residents

Transition Planning

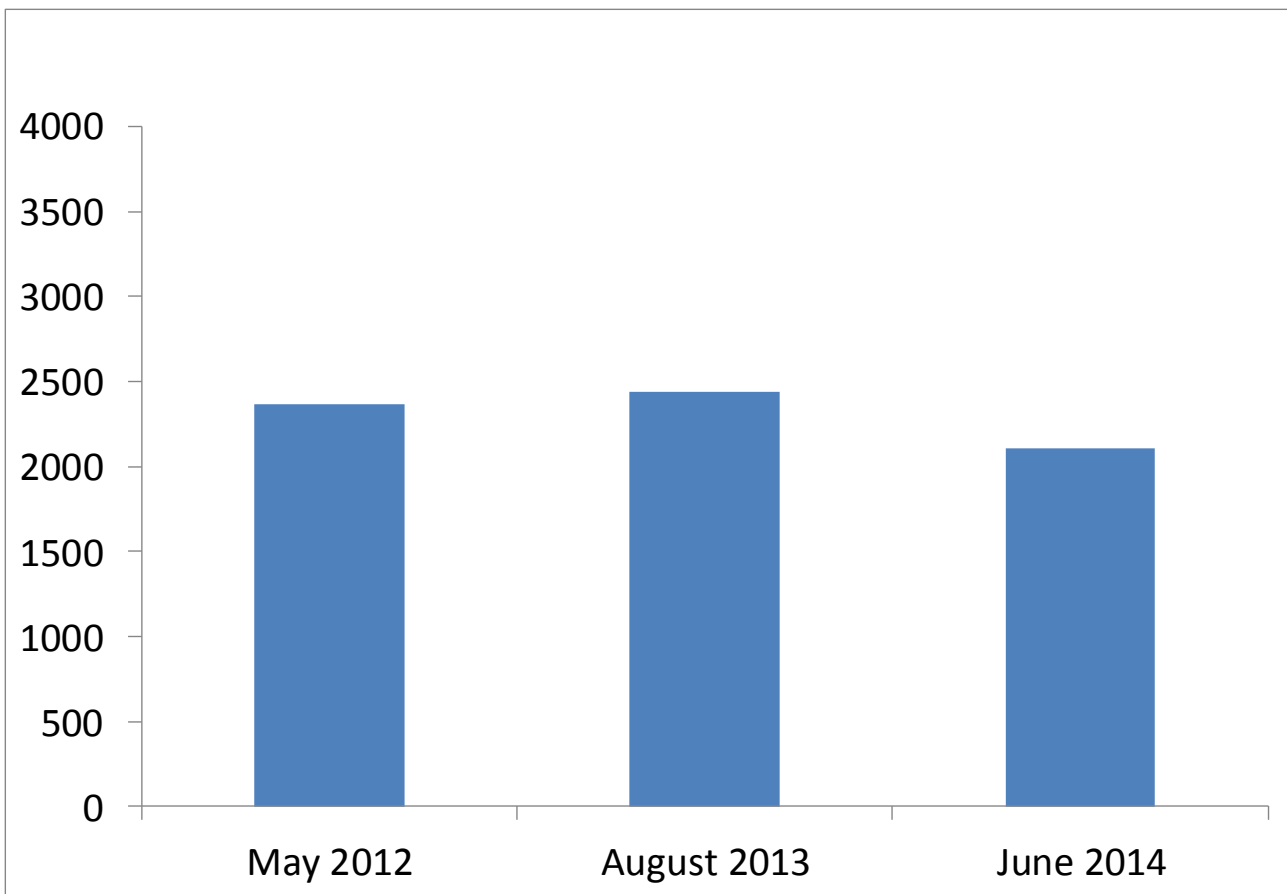
- Identified 2,798 active clients
- Developed individual transition plans for 429 insured, clinically stable clients
- Monitored client progress at 30 and 60 days to ensure a successful transition
- Informed transferred clients that if they were unsatisfied, they would be welcomed back

Where They Went



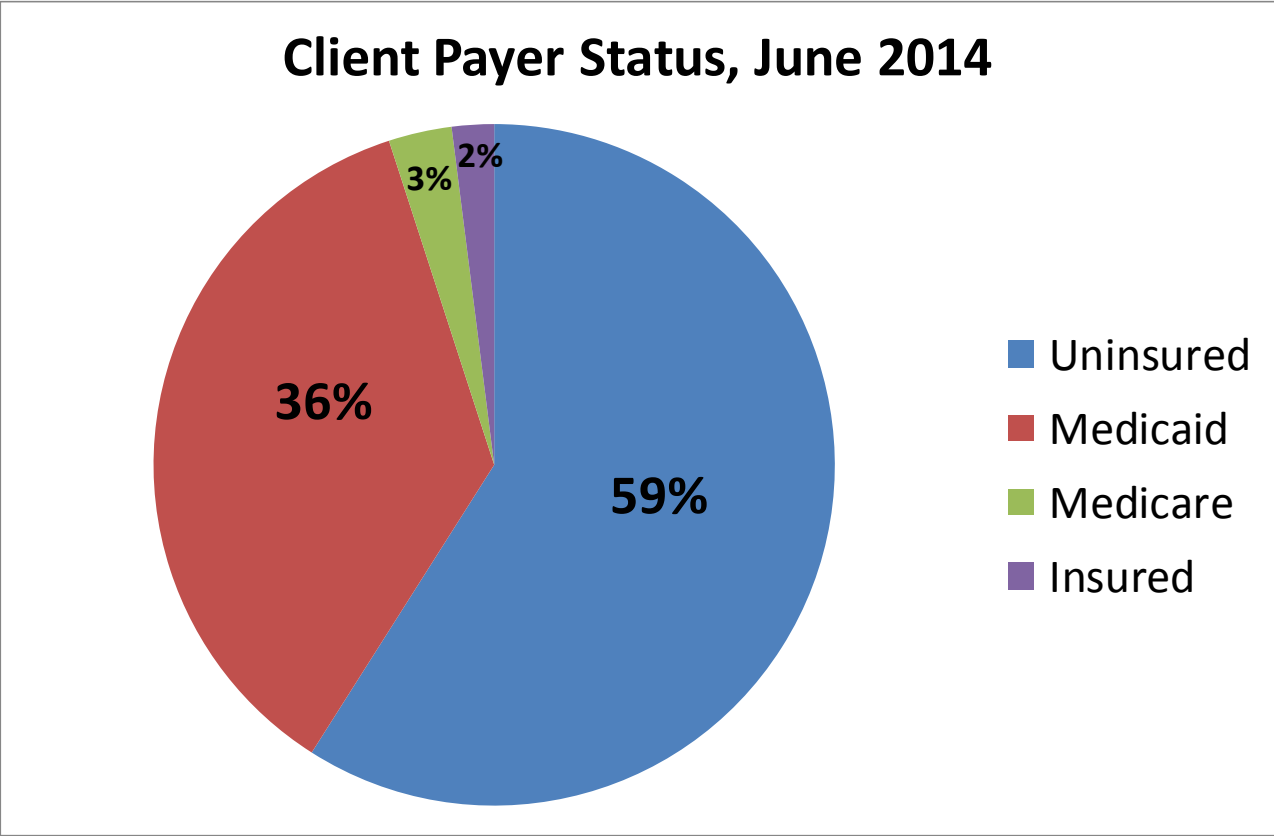
Only 63 Clients Chose to Return to a CDPH Clinic

Active CDPH Clients



More than half of our current clients began care in last five and a half years.

Focus on the Uninsured



We Accept New Clients



- Continue to serve as a safety net provider for the uninsured
- Maintain capacity at all clinics to see new clients
- Since May 2012, we've accepted 1,857 new clients
- No one is turned away

Direct Services Summary

CDPH has succeeded with its reforms:

- Maintain six clinics, serving between 2,100 and 2,500 active clients at any one point
- Worked with clients on individual basis during and after reforms to ensure successful transitions
- Continue to focus on the uninsured, who have limited options
- Maintain capacity at all clinics to accept new clients

TARGETED INVESTMENTS IN MENTAL HEALTH

Targeted Investments: \$14.2M



Increasing Community Psychiatry Services

- Invested \$1.5 million in eight mental health agencies since 2012
- 5,727 additional psychiatric patient visits in 2013 as a result

Launching New Children's Mental Health Services

- Partnered with Illinois Children's Healthcare Foundation to invest \$4 million in integrated primary care & mental health for children
- Designed to help thousands of children on South & West Sides
- Created team-based approach with focus on prevention & early intervention of mental health conditions

Integrating Mental Health Care & Substance Abuse Treatment

- CDPH secured \$4.1 million in federal SAMHSA funds integrating substance abuse and mental health services.
- 10 delegate agencies have served nearly 4,500 people since 2012.

Expanding Mental Health Services for People Living with HIV/AIDS

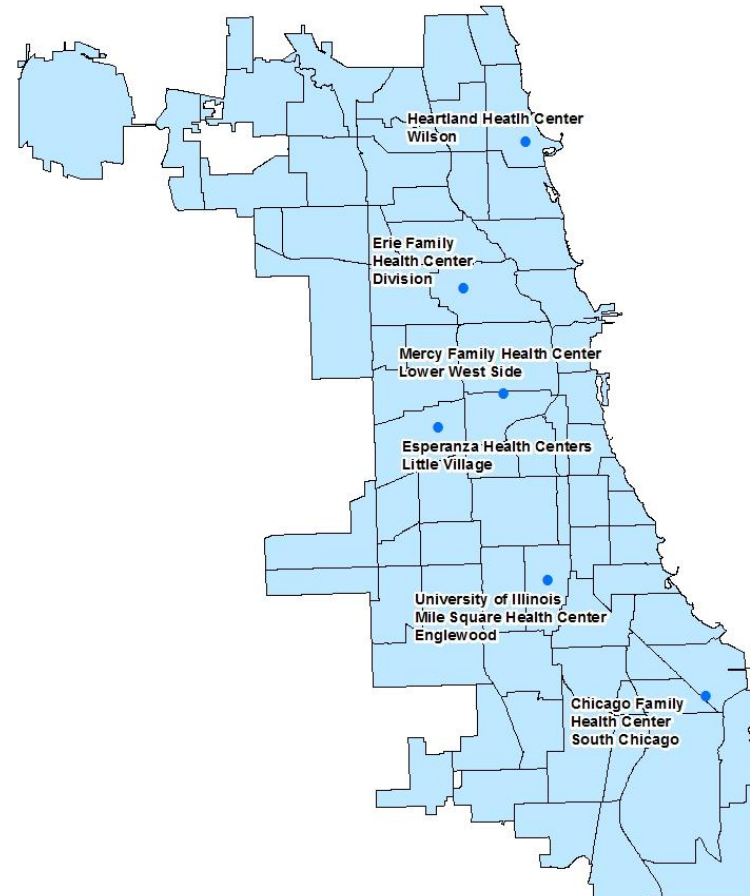
- 16,000 mental health visits for nearly 2,400 patients
- Increased funding by 31% since 2012
- \$1.8 million investment in delegate agencies in 2014, for total of \$4.6 million over the last three years

Improving Care at Former Clinic Sites

- HRDI expanded services at CDPH's former clinic in Auburn Gresham.
- Thresholds opened a new office site at CDPH's former clinic in Woodlawn.
- Both now offer more services, enhanced specialized care, increased service delivery and improved patient hours.

Expanding Mental Health Services at Former Primary Care Clinics

- Six of CDPH's seven FQHC partners offer newly integrated mental health services.
- This is the first time integrated mental health services are being offered at Neighborhood Health Center sites.



Targeted Investments Summary

- Our targeted investments have increased access to mental health care.
- The result is:
 - Expanded community psychiatry services
 - New mental health & primary care services for children
 - New integrated mental health and substance abuse services
 - Additional mental health services for people living with HIV
 - Expanded services at former clinic sites in Auburn Gresham and Woodlawn
 - New mental health services at our former Neighborhood Health Centers

ACA IMPACT ON MENTAL HEALTH

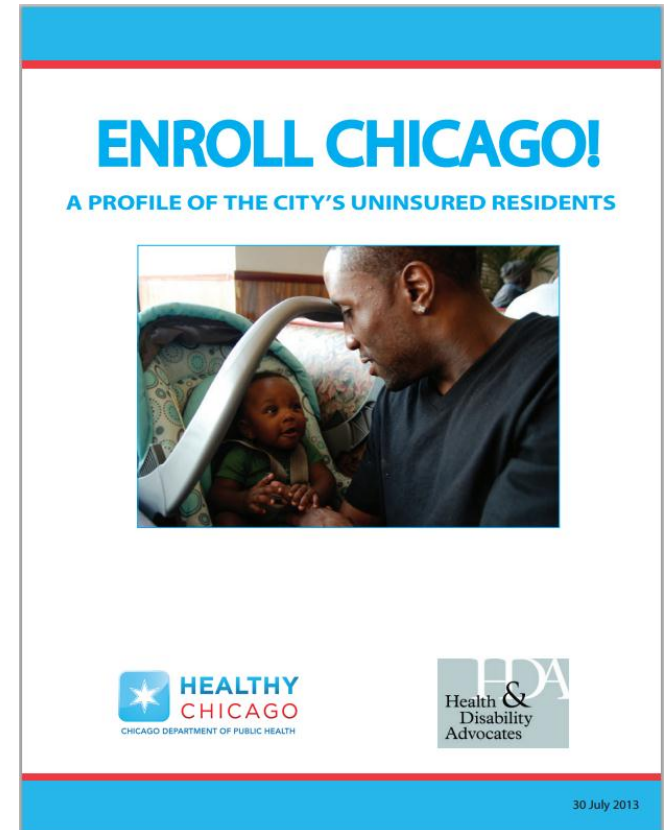
ACA Improves Access to Mental Health Services

The Affordable Care Act calls for:

- New insurance options for 400,000 Chicago residents
- More than \$20 million for Federally Qualified Health Centers (FQHCs)
- Mental health coverage guaranteed for many more Americans

Enroll Chicago!

- Engaged taxi drivers, artists, CHA residents, students and more at more than 100 events
- Provided navigators on site at CDPH mental health clinics, giving information to more than 250 clients



More Chicagoans Are Insured



- 143,632 Chicago residents enrolled in expanded Medicaid as of June 30
- 217,492 Illinois residents enrolled via the Health Insurance Marketplace as of April 19

ACA Summary

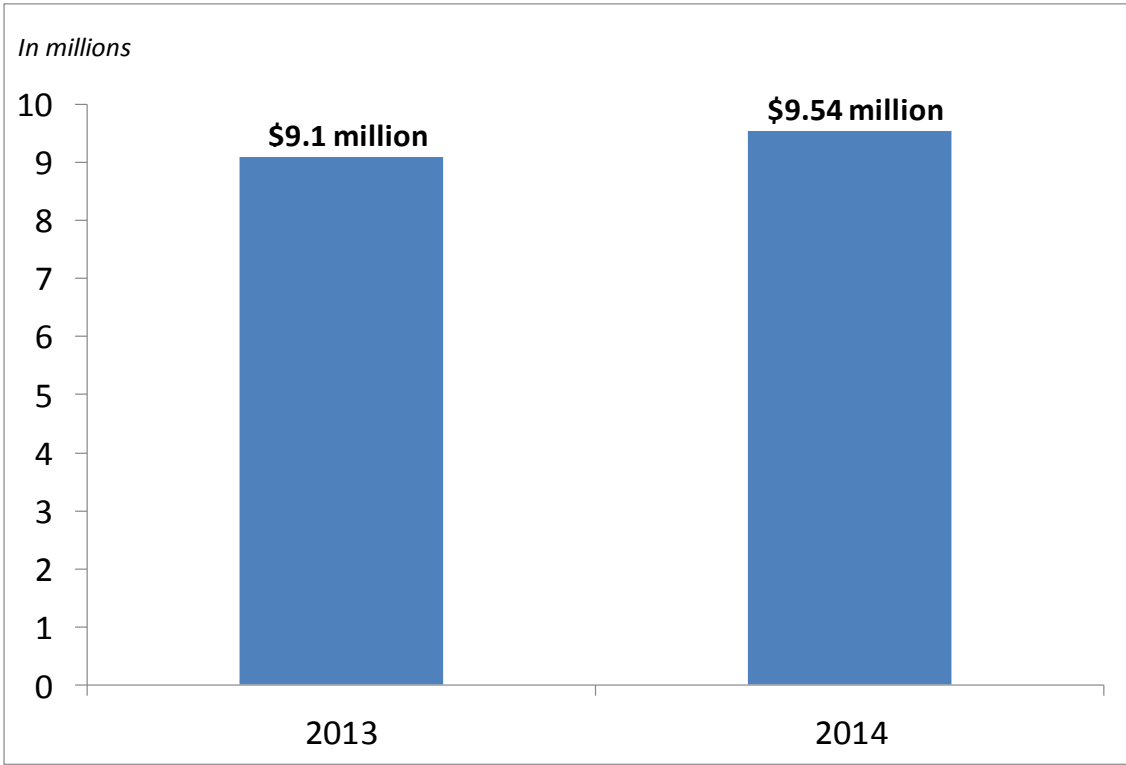
- A significant increase in the number of Chicago residents with insurance
- Greater access to mental health services through expanded coverage
- Ongoing opportunities for residents to receive information and enroll

CONTINUING TO STRENGTHEN CHICAGO'S MENTAL HEALTH SYSTEM

Moving Forward

- Maintain capacity at six mental health clinics, focusing on uninsured residents
- Continue targeted mental health investments
- Explore new partnership opportunities to further improve mental health system

City Investments in Mental Health



New Investments in Mental Health*



**Pending City Council approval*

Mental Health Services for Child Victims of Sexual Assault

- \$250,000 investment for mental health services for victims of sexual assault age 17 and under
- Individual, family and group therapy
- Case management and other supportive services
- Waitlists will be reduced

Mental Health Crisis Intervention Project

- \$100,000 to work with police to improve mental health service linkage and service coordination for residents in mental health crisis
- New service delivery model, piloted in high-need CPD districts with goal of expanding citywide
- Licensed clinician will work with police to respond to crisis to prevent hospitalization or detainment

Restorative Justice in Schools

- \$370,000 for local agencies operating innovative behavioral programs with elementary school youth and their families
- Creates peaceful resolution to violence, which prevents future incidents
- Reduces need for police intervention in schools

SUMMARY

Stronger Mental Health Infrastructure

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Mental Health Accreditation



*Commission on Accreditation of
Rehabilitation Facilities*

- Three-year mental health accreditation
- On-site audit reviewed case management, treatment objectives, performance measures and client views

National Accreditation



*Public Health Accreditation
Board*

CDPH is the first and only big city health department in the country to be accredited.

Public Health Agency of the Year




- 2014 public health agency of the year
- Named by our peer public health agencies

An Improved Mental Health Infrastructure for Chicago

Two years after the reforms, the system is stronger and thousands more Chicagoans have access to mental health services.

Mental Health Services Report
June 2014




The City of Chicago is dedicated to ensuring access to quality mental health services for our residents. As part of these efforts, the Chicago Department of Public Health (CDPH) partners with service providers, makes targeted investments to strengthen the City's overall mental health system, leads a citywide initiative to enroll residents in insurance options now available under the Affordable Care Act and provides direct mental health services to uninsured residents through our own clinics.

As a result of these efforts, more residents have access to more quality mental health services across Chicago.

Strengthening Chicago's Mental Health System

State and Federal Investments
In addition to mental health investments and resources provided by the City of Chicago, Chicago has an extensive and long-standing mental health service delivery system that includes hospitals, long term care facilities, government agencies, community based health centers, non-profit providers, faith-based community providers and private clinicians providing mental health care for residents in need.

As part of this system, the State of Illinois provides funding to support outpatient mental health services to approximately 35,000 Chicago residents each year. Additionally, as a result of the Affordable Care Act, over \$20 million has been invested in Chicago's network of Federally Qualified Health Centers (FQHCs) since 2010 to provide low income residents integrated health care services, including mental health services, which has afforded Chicago residents a more holistic approach to health care. According to the Health Resource and Service Administration between 2010 and 2012, more than 53,000 clients received direct mental health services from a mental health provider at an FQHC in Chicago.



CDPH Investments
Even with the broad array of resources available, CDPH continues to identify areas of need to help ensure access to quality services in every community. As such, over the last three years, CDPH has made \$10.2 million available through investments designed to address areas of need and increase treatment options, including the following:



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