

CDPH Mental Health Clinic Transition Update

April 19, 2012. Chicago Department of Public Health reports on the status of the mental health clinic reforms.

Background:

The Chicago Department of Public Health (CDPH) is implementing reforms to the mental health system in Chicago in order to expand access to mental health services and increase support for the uninsured. All who depend on us for services will continue to have access to quality care. CDPH is consolidating 12 clinics to 6 clinics and expanding partnerships with community mental providers with over 60 locations across the city so that individuals who need services can get the quality service they deserve in their communities.

So how will these reforms expand access to care?

While we're consolidating, we're not cutting the staff in half. At the end of the day, the goal is to make sure that people have access to care. These changes will decrease the wait time to see a psychiatrist. The Department has already invested \$500,000 to expand psychiatry services to over 1,000 more people in Chicago. And \$1 million is available to community providers to expand and integrate HIV testing and substance abuse treatment into mental health services.

Facts about the Transition

As of April, Chicago has 2917 active clients. 80% of them, or 2,313 clients, will continue to be served at the remaining Mental Health Clinics. 604 clients with insurance will transfer to community Mental Health Providers. As a result, wait times will be reduced for the City's clients and the Department is increasing the number of psychiatrists.

Starting in February 2012, CDPH has implemented an extensive process to ensure clients continue to have care, here are some details about the transition:

- Each and every client is being monitored and their progress is discussed daily.
- Each and every client has a personal transition plan developed in consultation with their current therapist.
- CTA cards are distributed to clients for transportation assistance.

Total number of active clients with the City: 2,917

- Clients that will remain with CDPH for care: 2,313 (79%)
- Clients who will transfer to community-run centers: 604 (21%)



CDPH Mental Health Clinic Transition Update

The first two mental health clinics transitioned successfully as of April 9, 2012 Most patients have already started seeing their therapists at new sites:

Northtown Rogers Park Mental Health Clinic: This site has a total of 248 active clients. 182 (73%) are continuing to receive services through CDPH facilities. 66 clients with insurance (27%) transitioned their care to community mental health providers. The majority of them already scheduled appointments with their new provider and 38 clients already made it to their first appointment.

Northwest Mental Health Clinic: This site has a total of 144 active clients. 101 (70%) are continuing to receive services through CDPH facilities. 43 insured clients (30%) already transitioned their care to community mental health providers and 25 clients already made it to their first appointment.

Woodlawn Mental Health Clinic (Transitioning on 04/30/12)

- 233 active clients
- 187 of these active clients will remain with CDPH
- Only 46 will transition to community centers
- 38 of these 46 clients are already scheduled for their first appointments at their new sites