

Get the Facts: Hepatitis A

Why should you care about hepatitis A?

If a person has an infection with the hepatitis A virus, it can easily spread from person-to-person and cause liver disease lasting a few weeks to a serious illness lasting many months. In some cases, people can die because of hepatitis A.

How does hepatitis A spread?

- Touching objects or eating food that someone with hepatitis A infection handled
- Having sex with someone who has a hepatitis A infection

What are the symptoms of hepatitis A?



Fever



Fatigue



Nausea



Loss of appetite



Jaundice
(yellowing of the
skin or eyes)



Stomach
pain



Vomiting



Dark urine,
pale stools, and
diarrhea

How do I prevent the spread of illness?

- Get vaccinated with hepatitis A vaccine
- Don't have sex with someone who has hepatitis A infection
- Use your own towels, toothbrushes, and eating utensils
- Don't share food, drinks, or smokes with other people
- Always wash your hands with soap and water after going to the bathroom and before preparing food

Where can I get more information about hepatitis A?

Talk to your doctor, call 311 or visit cityofchicago.org/hepatitisA