2022 Mental Health Equity Initiatives
May Roundtable Series

Chicago Department of Public Health (CDPH)
Behavioral Health Bureau
Office of Mental Health (MH)
Agenda

1. Welcome and Introductions
2. MH Framework & Purpose
3. MH Office Growth
4. Current Initiatives
5. Questions and Discussion
6. Opportunities for Collaboration
Office of Mental Health Leadership

Matt Richards, LCSW
Deputy Commissioner of Behavioral Health

Dr. Wilnise Jasmin, MD, MBA, MPH
Medical Director of Behavioral Health

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Senior Director of Crisis Services

Mamie Powell-Robinson, MSW, LSW
Center Director of Mental Health

Francisco Rodriguez, PsyD
Center Director of Mental Health

Kathy Calderon, LCPC
Director of Mental Health Operations
CHICAGO'S INVESTMENT IN MENTAL HEALTH

$89M
(7x more than 2019)
used for:

- Funding 38 clinics in 35 community areas with plans to expand to all 77 this year
- Fund teams of mental health professionals to respond to 911 calls through the Crisis Assistance and Response Engagement (CARE) pilot program
- Launching programs to divert Chicagoans with serious mental illness or addiction away from the criminal justice system
- Continuing to invest in both CDPH-run mental health clinics and citywide coordination

Need support? Visit: mentalhealth.chicago.gov
Goal:
Strengthen Chicago's Mental Health Safety Net System to ensure all Chicagoans can receive care when and where they need it, regardless of ability to pay, immigration status, or health insurance.

Pillars for Mental Health Equity

1. Expansion of publicly-funded outpatient mental health services
2. Coordination of Trauma-Informed victim services for persons impacted by violence
3. Expansion of crisis prevention and response programs for people living with serious mental illness and co-occurring disorders
4. Facilitation of Systems Coordination
CITY OF CHICAGO MENTAL HEALTH CLINICS
Provide mental health services that are free to all Chicago residents who are 18+. Currently expanding evening hours and children/adolescent services.

COMMUNITY MENTAL HEALTH CENTERS (CMHCS)
CMHCS provide comprehensive mental health services in the office and community to serve individuals and families across the lifespan. CMHCS accept Medicaid and Medicare insurances and offer intensive, longer term treatment options.

COMMUNITY BASED ORGANIZATIONS (CBOs)
CBOs provide a range of social service options to assist with resources related to housing, food, domestic violence, and mental health support. Mental Health services within CBOs may depend on programming available and are often free.

FEDERALLY QUALIFIED HEALTH CENTERS (FQHCS)
Safety net health providers that offer a range of services that are often located in low-income or underserved communities without sufficient access to primary care.
Framework for Mental Health Equity: Pillar 1

Expansion of publicly-funded outpatient mental health services

**2020 – 2021 Trauma-Informed Centers of Care Expansion**

- 32 organizations were awarded *funds to expand mental health services that are trauma-informed and integrative* in 35 identified *community areas of high need* to individuals regardless of ability to pay, immigration status, or health insurance.

- Access Community Health Network
- Alivio Medical Center
- Alternatives, Inc.
- Apna Ghar, Inc. & Hamdard Health Center
- Asian Human Services, Inc.
- Aunt Martha’s Health and Wellness
- Bobby E Wright Comprehensive Behavioral
- Health & Acclivus
- BUILD, Inc.
- Community Counseling Centers of Chicago (C4)
- Catholic Charities
- Chicago Family Health Center
- Enlace Chicago
- Erie Family Health Centers
- Erie Neighborhood House
- Esperanza Health Centers

- Habilitative Systems, Inc.
- Healthcare Alternative Systems
- Heartland Alliance Health
- Howard Brown Health & Thresholds
- Lakeview Pantry
- Lawndale Christian Health & I AM ABLE
- Lutheran Social Services Illinois
- Midwest Asian Health Association
- PCC Community Wellness
- PrimeCare Health
- Sinai Health System
- St. Bernard Hospital
- TCA Health
- Trilogy Behavioral Healthcare & Heartland Health Centers
- UIC Mile Square Health Center
- YWCA Metropolitan Chicago
Expansion of publicly-funded outpatient mental health services

- Investment in 5 CDPH Mental Health Centers
  - Physically renovated all sites including a new Lawndale Mental Health Center location
  - Increased Psychiatric providers and services
  - Launched a Child and Adolescent Mental Health Program
  - Increased Hours of Operation from 4:30pm – 7:30pm
  - Launched telehealth services
Framework for Mental Health Equity: Pillar 2

Community Safety Coordination Center

Coordination of Trauma-Informed victim services for persons impacted by violence

SYMPOSIUM ON TRAUMA-INFORMED RESPONSE TO VIOLENCE
for Community Leaders and Providers in Mental Health, Substance Use, and Violence Prevention Services
March 14, 2022

Mental Health Skill Building Trainings

Join the Community Safety Coordination Center this summer as we bring free trauma-informed mental health skill building trainings into your community.

We'll launch 12 cohorts across the city where participants will learn strategies to:
- Build Relationships
- Create Trust and Psychological Safety
- Use Tailored, Evidenced-Based Regulation Activities
- Navigate Engagement Approaches
- Address the Impact of Implicit Bias
- Connect to Mental Health Resources

For complete dates and times, and to register, please visit: chjs.org/news/cscctrainings
Framework for Mental Health Equity: Pillar 3

3

Expansion of crisis prevention and response programs for people living with serious mental illness and co-occurring disorders

- Crisis Assistance Response & Engagement (CARE) Program
  - Funding to support the City’s first ever Alternate Response Pilot

- Expanded access to immediate treatment for opioid use disorder (MAR NOW)
  - New hotline offering immediate access to medication treatment in partnership with Illinois Department of Human Services Division of Substance Use Prevention and Recovery (IDHS/SUPR)

- Integrating Healthcare Services into Shelters
  - Funding to 2 Lead Coordinating Organizations to provide mental health and primary care services to persons experiencing homelessness who are also living with SMI, SUD, and other chronic health conditions across shelter, encampment, and CTA settings

- High-Utilizer Housing Stabilization Program
  - Housing program offering mental health, substance use, and primary care services for persons living with complex behavioral health conditions who are cycling through jail, hospital, and homeless service systems
Comprehensive Crisis Prevention and Response

Crisis Assistance Response and Engagement (CARE) Program ensures more than one response option to fit the variety of 911 calls with a behavioral health component

Pre-Response:
• For the first time in the City’s history, mental health professionals staffed in the City’s 911 Call Center.
  • Respond to mental health service calls that can be resolved over the phone rather than dispatching team of first responders.
  • Provide support and mental health consultation to callers, call takers, dispatchers, and response teams.

Response Teams:
• For the first time in the City’s history, mental health professionals will be dispatched from the 911 Call Center to respond to behavioral health crisis calls that require an in-person response.
  • Three different response teams:
    • Multidisciplinary Response Team: CIT officer + CFD paramedic + MH professional
    • Alternate Response Team: CFD paramedic + MH professional
    • Opioid Response Team: CFD paramedic + peer recovery

Post-Response:
• Residents linked to appropriate community-based services to address the underlying needs that contributed to the development of the crisis in the first place.
  • Piloting use of geographically distributed alternate drop off sites for persons experiencing a behavioral health crisis as alternatives to emergency rooms to provide more comprehensive care.
Since the launch of Chicago’s first-ever alternate response team, C.A.R.E. has conducted over 200 emergency responses with zero uses of force or arrests.

In September 2021, Chicago launched the City’s first-ever alternate response team, which answers 911 calls for mental health crises with a multi-disciplinary team.

The majority of C.A.R.E. Team responses result in C.A.R.E. services delivered, and most of these interactions are resolved in the community without transport to a hospital or other destination.

Preliminary Data: Between September 13th, 2021 – March 2nd, 2021, the C.A.R.E. team conducted 134 Mental Health Responses, 18 Telephonic Consultations, 0 Arrests, and 0 Uses of Force.
Chicago Alternate Response Pilot
13 Community Areas of Focus

Chicago Alternate Response Pilot Neighborhoods
1. Uptown
2. North Center
3. Lakeview
4. Humboldt Park*
5. West Garfield Park*
6. East Garfield Park**
7. West Englewood
8. West Elsdon
9. Chicago Lawn*
10. West Lawn
11. Gage Park
12. Auburn Gresham*
13. Chatham*

*OCOS Priority Neighborhoods
Framework for Mental Health Equity: Pillar 4

Unspoken Campaign

Facilitation of Systems Coordination

UN[ ]SPOKEN

Buscar apoyo de salud mental
Escuchar historias de otras personas
Aprender sobre salud mental

CIUDADANOS DE CHICAGO, LOS ESCUCHAMOS: Y ESTAMOS AQUÍ PARA USTEDES.

Con mucha frecuencia, lidiar con un desafío de salud mental es una lucha interna y silenciosa, pero eso no tiene por qué ser así. A pesar de que en los momentos en que más necesitamos ayuda es cuando más difícil puede resultar pedirla, no está solo. Comprendemos que a veces necesita un hombro sobre el cual apoyarse, y es por eso...
Facilitation of Systems Coordination

Framework for Mental Health Equity: Pillar 4

Office of Mental Health Infrastructure

CDPH MENTAL HEALTH DELEGATE AGENCY NEWSLETTER
MAY 2022

A NOTE FROM THE TEAM
MAY 2022

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SPOTLIGHT
CDPH MH TEAM
Bridges is making an amazing community impact in Little Village as a Trauma-Informed Center of Care! Our mental health programs, including Betty's and Green Board Counseling, are specifically designed to address the needs of our community. We are honored to serve our community. Untold stories, mindfulness, and meaningful community involvement in a diverse and Downtown setting.

TICC
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MENTAL HEALTH DELEGATE AGENCY MANUAL

WELCOME!

CDPH OFFICE OF MENTAL HEALTH INFRASTRUCTURE

Our priorities include:
- Intentional Mental Health (MH) Delegate Engagement
- Reliable and High Quality Communication
- Consistent Information-Sharing
- Resource Activation and Systems Coordination
- Responsible Technical Assistance and Support
- Uniform and Efficient Data Collection Mechanisms
- Accountability Measures

MANUAL PURPOSE

To serve as a resource to anyone responsible for obtaining and implementing CDPH-funded MH projects.

Our team consistently observes that communications and staffing changes within organizations impact project implementation. This manual provides a reference and access to necessary information in a central location for all parties, regardless of role in the project. It serves as a critical tool to offset confusion and disruptions due to transitions.
Questions & Discussion

Opportunities for Collaboration

Thank you!
CDPH Mental Health Team

Chicago Department of Public Health