# STAY COOL, STAY HEALTHY, KEEP YOUR COMMUNITY SAFE

## WHAT IS MONKEYPOX?

Monkeypox (MPV) is a viral infection, with symptoms like a painful and uncomfortable rash or sores, often accompanied with a flu-like illness.

## HOW IS MPV SPREAD?

Through close contact, including kissing, sex or other skin-to-skin contact with someone who has the MPV virus.

## WHAT ARE THE SYMPTOMS?

A rash or sores may appear anywhere on the body, including genitals. Sores may look like pimples or blisters. Flu-like symptoms, such as fever, chills, headaches or muscle aches, may occur before a rash or sores.

## WHO IS AT RISK?

Anyone can get MPV. But according to early data, gay, bisexual and other men who have sex with men (MSM) have made up a high number of cases.

## WHAT SHOULD I DO?

- If you or your sex partners feel sick or have a rash or sores, do not have sex or other close physical contact (such as kissing, cuddling, massaging and touching), and do not kiss or touch each other’s bodies while you are sick.
- Do not share things like towels, fetish gear, sex toys, and toothbrushes.
- Wash your hands, fetish gear, sex toys and any fabrics (bedding, towels, clothing) after having sex.
- Call your health care provider right away if you have symptoms. If you don’t have a doctor or insurance, call the HIV/STI Resource Hub at 1-844-482-4040 - hivhub.org or go to FindaHealthCenter.hrsa.gov to get free or low-cost health care.

---

**CDPH**

Chicago Department of Public Health

For more information scan the code or visit [chicago.gov/monkeypox](http://chicago.gov/monkeypox)