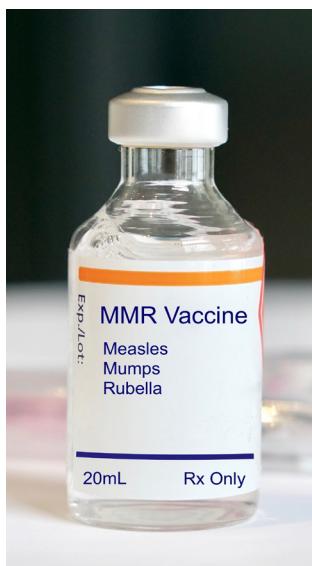


Measles: Akuko ifo vs Eziokwu

- ECHICHE UGHA:** Measles abughị ọriịa siri ike, ọ bụkwa "naani oyi".
- EZIOKWU:** Measles nwere ike ikpata nnukwu nsogbu dí ka oyi baa (oriịa akpa ume), encephalitis (oziza ụburụ), na obụna ọnwụ, karisja na ụmụaka mgbe a na-enyeghi ọgwụ mgbochi Atumatu na-egosi na 1-3 n'ime 1,000 ụmụaka bu ọriịa measles ga-anwụ.
- ECHICHE UGHA:** A kpochapuru ọriịa measles na United States.
- EZIOKWU:** E kpochapuru measles na US na 2000 n'ihi ọgwụ mgbochi MMR na-arụ ọru nke ọma na ọnuyogugu igba ọgwụ mgbochi dí elu. Opekempe, 95% nke obodo ga-enwerirị ọgwụ mgbochi iji gbochie ọriịa measles na ntiwapụ. O di nwute, ['Oriịa measles ka nwere ike ime n'ihi na-ebelata onuego igba ogwu mgbochi oria na njem nke ndị na-enweghi ọgwụ mgbochi.](#)



- ECHICHE UGHA:** Usoro ahụ ji aluso ọriịa ọgu si n'okike nwere ike ichebe gi pụo na ọriịa measles.
- EZIOKWU:** Measles na-efe efe nke ukwuu ma na-agbasa ngwa. Ọ bụrụ na otu onye nwere ya, mmadu 9 n'ime mmadu 10 a na-agbaghi ọgwụ mgbochi ọriịa ga-ebutekwa ọriịa ma ọ bụrụ na ekpughere ha, n'agbanyeghi akuko ahụike ma ọ bụ nri. Ọ na-agbasa site na ikuku mgbe onye bu ọriịa ụkwara ma ọ bụ uzere Nje virus measles na-anogide n'ikuku na n'elu ọriịa ahụ ruo awa 2 mgbe onye bu ọriịa ahụ hapurụ ụlo. [Uzọ kacha mma na naani dj iịe iji gbochie ọriịa measles bu iji ogwu mgbochi MMR agba ya.](#)
- ECHICHE UGHA:** Ndị mmadu na ụlo ọgwụ igba ọgwụ mgbochi ọriịa na-agbasa measles.
- EZIOKWU:** Ọgwụ mgbochi ọriịa measles nwere ụdị nje na-adị ndị, nke na-adighị ike nke na-enweghi ike ibunye ndị mmadu, na ọ dìbeghi mgbe egosiri na ọ na-agbasa na ndị ọzo. Ọriịa measles na ntiwapụ bụ ụdị nje virus measles na-akpata, ọ bụghị ụdị ọgwụ mgbochi. [Ogwụ mgbochi MMR anaghị ebute ọriịa measles kama ọ na-azụ sistemụ ahụ gi ji aluso ọriịa ọgu mata nje measles wee mepụta nchebe megide ya.](#)

- ECHICHE UGHA:** Ọgwụ mgbochi ọriịa measles adighị arụ ọru ma díkwa ize ndị.
- EZIOKWU:** Ogwu MMR na-egbochi measles na ọriịa nje abụo ndị ọzo gụnyere mumps na rubella [Ogwu MMR di iịe ukwuu n'igbochi measles na doses abụo na-arụ ọru 97% ma na-enye nchebe ogologo ndị.](#) Ozokwa, enwebeghi ọnwụ nke egosiri na ọ metütara ọgwụ mgbochi MMR na ndị ahụ siri ike Ọgwụ mgbochi MMR dí ezigbo mma, yana nsonaaazu nwere ike ime nwa oge gụnyere ogwe aka mgbu (site na ogbugba), ahụ ọkụ, ọkụ dí nro, mgbu nwa oge / isi ike na nkwonkwo. Inweta ọgwụ mgbochi ọriịa dí oke nchebe karịa ịnweta measles.

ECHICHE Ụgha: Ogwu MMR na-ebute autism.

EZIOKWU: Ogwu mgbochi MMR anaghị ebute autism. Enwere ọtụtu ihe ọmụmụ buru ibu nke ọma na-elebaanya na narị puku ụmụaka, na ha egosighi ihe ọ bụla na-egosi na ọgwụ mgbochi MMR na-akpata autism. Ọ dighị akụrụngwa ọgwụ mgbochi nwere ike ịgbanwe ma ọ bụ gbanwee ụbụru gị ma ọ bụ usoro akwara ozi

Ọtụtu mgbanwe ụbụru nke metütara autism na-eme mgbe nwatakịri na-etolite n'afo ma ọ bụ mgbe a mürü ya, nke ọma tupu nwatakịri anata ọgwụ mgbochi. Ihe dí ka 85% nke ihe ize ndụ maka autism bụ mkpụru ndụ ihe nketa lhe akaebe gosikwara na ikpughe na gburugburu ebe obibi nwere ike itinye aka na mmepe nke autism, dí ka afọ ndị nne na nna toro ogo, ịmụ nwa akaghi aka, ịdị aro nke ịmụ nwa, mmetụ ikuku ma ọ bụ ụfodụ ọgwụ na-egbu egbu, na ọnọdu nne, dí ka ọrịa shuga ma ọ bụ nsogbu usoro ahụ ji aluso ọrịa ọgu.



ECHICHE ỤGHÀ: I nwere ike igbochi measles site na ọgwugwọ ọzọ dí ka vitamin A.

EZIOKWU: Ọnweghi usoro ọgwugwọ nri ma ọ bụ ụzọ ndụ egosipütara maka measles. [Uzo kacha mma na naani egosipütara iji gbochie measles bu site na igba ogwu mgbochi ọrịa MMR](#). CDC na-atụ aro ka ụmụaka niile nweta ọgwụ mgbochi abụo nke MMR na-amalite na ọnwa 12-15 wee were ọgwụ nke abụo n'etiti afọ 4-6. Ogwu a na-ewe ihe dí ka izu abụo ma ọ bụ ato iji nye nchebe zuru oke. Ọ bürü na ezinụlọ gị na-eme njem na mba ofesi, gwa onye na-ahụ maka ahụike gị gbasara ịnweta ọgwụ mgbochi MMR n'oge adịghị anya

Vitamin A nwere ike mgbe ụfodụ inye aka kwado ọgwugwọ maka ụmụaka ndị na-etolite ajo ọrịa. A ghaghị ime ọgwugwọ a n'okpuru nlekota nke onye nlekota ahụike n'lụlo ọgwụ, mana vitamin A agaghị echebe gị pụo na ọrịa measles. Vitamin A na-akwado usoro ahụ ji aluso ọrịa ọgu. Ọ bughị ọgwugwọ maka ọrịa measles, ọ bughịkwa nnöchi ma ọ bụ ihe ọzọ maka igba ọgwụ mgbochi MMR. Ịnweta oke vitamin A nwere ike ịdị ize ndụ ma na-egbu egbu na-akpata nsogbu akwara ozi na ọdịda imeju.



MAKA OZI ỌZỌA



Ulọ ọgwụ igba ọgwụ mgbochi ọrịa CDPH na-enye ndị niile bi na Chicago ọrụ. Enwere ike ịgwa gị ka ị gosi akara ebe obibi.

[CHICAGO.GOV/VACCINES](#)

[CHICAGO.GOV/MEASLES](#)

Ọ bürü na ịchọrọ enyemaka iji chọpụta onye na-enye ọgwụ mgbochi ọzọ, biko gaa na:

[VFC.ILLINOIS.GOV/SEARCH/](#)

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