





# Framework for Mental Health Equity

Creating a system of mental healthcare in which **all persons can receive care** regardless of ability to pay, health insurance status, or immigration status.

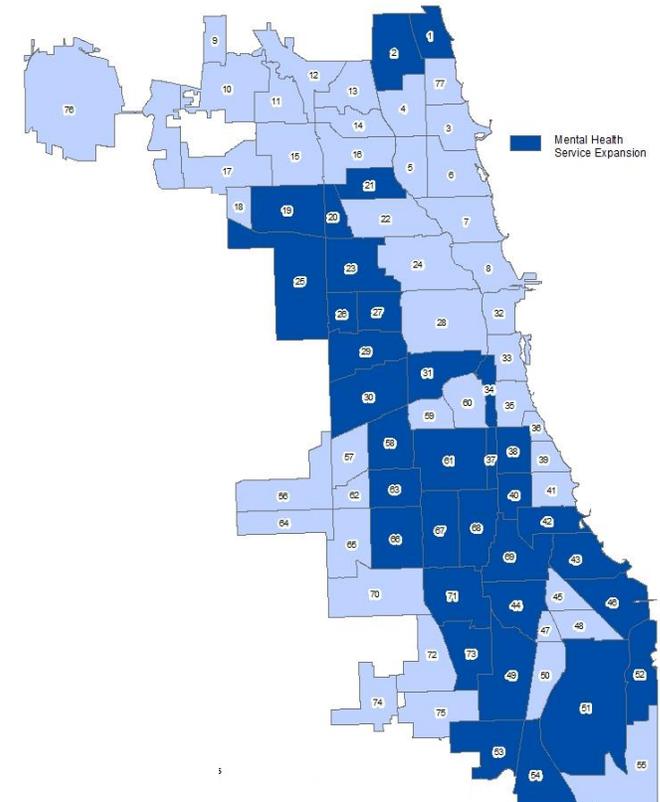


# 1. Trauma-Informed Centers of Care

Mayor Lightfoot has **tripled** the city's mental health budget since taking office. Starting October 2020, **\$8M in annual funding** has gone to Trauma-Informed Centers of Care, expanding services in communities of highest need. As a result, CDPH's goal is for at least **20k residents to receive mental health services through this investment in 2021, at least a 400% increase in the number of residents receiving services since 2019.**

- Access Community Health Network
- Advocate Illinois Masonic
- Alivio Medical Center
- Alternatives, Inc.
- Apna Ghar, Inc.
- Asian Human Services, Inc.
- Bobby E. Wright Comprehensive Behavioral Health
- BUILD, Inc.
- Community Counseling Centers of Chicago (C4)
- Catholic Charities
- Chicago Family Health Center
- Christian Community Health Center
- Enlace Chicago
- Erie Family Health Center
- Erie Neighborhood House
- Esperanza Health Centers
- Habilitative Systems, Inc.
- Healthcare Alternative Systems, Inc.
- Heartland Alliance
- Howard Brown Health
- Lakeview Pantry
- Lawndale Christian Health Center
- Lutheran Social Services Illinois
- Midwest Asian Health Association
- PCC Community Wellness
- Prime Care Health
- Sinai Health System
- St. Bernard Hospital
- TCA Health
- Trilogy Behavioral Healthcare
- UIC Mile Square Health Center
- YWCA Metropolitan Chicago

Trauma-Informed Center of Care Expansion





## 2. Investing in CDPH Mental Health Clinics

- Approximately \$3.5m in completed or planned physical renovations across the 5 CDPH MH Clinics since Mayor Lightfoot took office in May of 2019.
- Telehealth implementation at the beginning of the COVID pandemic (Doxy.me platform) yielding over 17k clinical units of service during the pandemic.
- Launching Child and Adolescent Services Program starting this Summer.
- New Staff Psychiatrist starting in July and currently recruiting 3 Psychiatric Nurse Practitioners.

# 3. Strengthening Crisis Prevention and Response

In Summer 2021, the City will launch an **alternate crisis response pilot** in communities that experience a high-volume of 911 calls for service with a behavioral health component.



## Pre-response

- For the first time in the City's history, **mental health professionals will be staffed in the City's 911 Call Center.**
- Respond to mental health service calls that can be resolved over the phone rather than dispatching team of first responders.
- Provide support and mental health consultation to callers, call takers, dispatchers, and response teams.



## Alternate Response

- For the first time in the City's history, **mental health professionals will be dispatched from the 911 Call Center to respond to behavioral health crisis calls that require an in-person response.**



## Post-Response

- **Residents linked to appropriate community-based services to address the underlying needs** that contributed to the development of the crisis in the first place.
- Piloting use of geographically distributed alternate drop-off sites for persons experiencing a behavioral health crisis as alternatives to emergency rooms to provide more comprehensive care.



## 4. Beyond Clinic Walls: Team-Based Care

*New CDPH programs that improve patient outcomes for persons with complex needs and reduce cyclical utilization of crisis services and unnecessary contact with first responders.*

- New \$1.2M investment in Assertive Community Treatment (ACT) and Community Support Team (CST) services
  - Interdisciplinary mental health teams that work with persons in community settings experiencing serious mental illness, substance use disorders, and co-occurring disorders
  - Delegates: Healthcare Alternative Systems, HRDI, Thresholds, Trilogy
- New \$1.85M investment in integrated healthcare services for persons experiencing homelessness
  - Provide mental health and primary care services to persons experiencing homelessness who are also living with serious mental illness, substance use disorders, and other chronic health conditions across shelter, encampment, and CTA settings
  - Delegates: Heartland Alliance Health, Lawndale Christian Health Center, The Night Ministry

# ★ 5. System Coordination

## Healing in schools



Under CPS' "Healing Centered Framework" every school will have a behavioral health team and a trusted adult to support students.

The initiative is centered around comprehensive and holistic healing.

## Operationalizing 211



The City and stakeholders are working toward operationalizing 211: a number residents can call for information and connections to Chicago's health, human and social service organizations.

This builds on lessons from hyper-local community resource mobilization, the CDPH COVID resource hub, existing hotlines, and national best practices.

## Mental Health Awareness Campaign



Launching a mental health awareness campaign this summer to improve awareness of publicly funded mental health services, combat mental health stigma, and build awareness.

There will be a supporting website with a resource connection portal.

## Robust Policy Agenda



Working closely with policymakers to discuss City, State and Federal policy that intersects with behavioral health.

One goal is a robust Medicaid reform strategy, developed in partnership with stakeholders.

