### INTRODUCTION

Thank you for your interest in the Healthy Chicago Survey! Your household has been selected to complete this survey. It is being conducted on behalf of the Chicago Department of Public Health (CDPH). Information you provide will help CDPH learn about the health of people in <u>your</u> neighborhood and how to make things better. For example, your information will help CDPH create programs to reduce smoking, improve access to health services, and ensure all Chicagoans can get healthy food.

Completing this survey takes about 40 minutes, and any information you provide will be confidential. Participation is voluntary.

If you have any questions or concerns about this survey, please visit <u>www.HealthyChicagoSurvey.org</u>, call us toll-free at 1-866-784-7723 or email us at <u>HealthyChicagoSurvey@rti.org</u>.

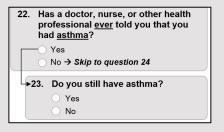
We'll ask questions about your health and things that can influence your health, like your neighborhood and whether you have access to health services.

### INSTRUCTIONS

- 1. This survey should be completed by the adult (18 years of age or older) in the household who will have the next birthday. This helps to ensure a representative study of Chicago residents.
- 2. Answer all of the questions by completely filling in the circle to the left of your answer, like this:



You are sometimes told to skip over some questions in this survey. When this happens, you will see an arrow with a note that tells you which question to answer next, like this:



Use a black or blue pen, if available.

In this example, if you answer "Yes" to Question 22, you should continue to Question 23.

If you answer "No" to Question 22, you should skip to Question 24.

### **START HERE**

### **GENERAL HEALTH**

### 1. Would you say that in general your health is...?

- O Excellent
- O Very good
- O Good
- O Fair
- O Poor

## 2. In general, how satisfied are you with your life?

- O Very satisfied
- O Satisfied
- O Dissatisfied
- O Very dissatisfied
- O I don't know/I am not sure
- 3. Do you have at least one person you think of as your personal doctor or health care provider?
  - O Yes
  - O No
- 4. About how long has it been since you last visited a doctor or health care provider for a routine checkup? A routine checkup is when a doctor checks your general health (e.g., blood pressure, temperature, height and weight, eyes, ears, nose and throat).
  - O Within the past year
  - O One or more years ago
  - O Never
- 5. In general, how happy are you with the health care you received in the past 12 months?
  - O Very happy
  - O Somewhat happy
  - O Not at all happy
  - O I did not receive any health care in the past 12 months

- 6. How long has it been since you had your teeth cleaned by a dentist or dental hygienist? O 6 months or less O More than 6 months, but not more than one year ago O More than one year ago O Never 7. Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, government plans such as Medicaid, Medicare, or Indian Health Services? O Yes ○ No → Skip to question 10 on Page 3 ▶8. What is the main source of your health care coverage? O A plan purchased through an employer or union (includes plans purchased through another person's employer) O A plan that you or another family member buys on your own O Medicare O Medicaid or other state program O TRICARE (formerly CHAMPUS), VA, or Military O Alaska Native, Indian Health Service, Tribal Health Services
  - O Some other source
  - 9. In the past 12 months, how often was it easy to get the care, tests, therapy or treatment you thought you needed through your health plan?
    - O Never
    - O Sometimes
    - O Usually
    - O Always
    - O I didn't need care, tests, therapy or treatment in the past 12 months

| <ul> <li>10. In the past 12 months, have you sought an accommodation for your health care services because of a disability or underlying health condition? Examples of accommodations for health care services may include requesting a sign language interpreter, allowing a service dog to be present for an appointment, and requesting a reader or speech-to-speech translation service.</li> <li>O Yes</li> <li>O No → Skip to question 12</li> </ul> | <ul> <li>15. What are the reasons you missed or postponed appointments in the past 12 months? <i>Please select all that apply.</i></li> <li>It cost too much</li> <li>I had trouble scheduling, either online or telephone</li> <li>I couldn't get an appointment soon enough</li> <li>Once I got there, I had to wait too long to see the doctor</li> <li>The clinic's office wasn't open when I got there</li> </ul> |
|--|--|
| <ul> <li>▶11. Was the requested<br/>accommodation provided?</li> <li>○ Yes</li> <li>○ No</li> </ul>  | <ul> <li>I didn't have transportation</li> <li>I had symptoms of COVID-19, or my clinic cancelled my appointment because of COVID-19</li> <li>I felt disrespected by the office or medical staff</li> </ul>  |
| <ul> <li>12. Have you ever avoided filling a prescription because of the potential costs?</li> <li>O Yes</li> <li>O No</li> </ul>  | O Don't know/Not sure  |
| <ul> <li>13. In the past 12 months, have you been able to access health care or therapy when you needed it?</li> <li>O Yes</li> <li>O No</li> <li>O I did not need health care or therapy in the past 12 months</li> </ul>   | <ul> <li>16. In the past 12 months, have you had a telehealth appointment with a health care provider? A telehealth appointment is where you talk to your doctor or therapist on the phone or on a computer.</li> <li>O Yes</li> <li>O No</li> </ul>   |
| <ul> <li>14. In the past 12 months, have you missed or postponed one or more medical or therapy appointments?</li> <li>○ Yes → Continue to question 15</li> <li>○ No</li> <li>○ I did not need health care or therapy in the past 12 months</li> </ul>   | <ul> <li>17. In the past 12 months, have you had access to reliable transportation when you needed it?</li> <li>O Yes</li> <li>O No</li> </ul>   |

18. During the past 12 months, have you had either a flu shot or a flu vaccine that was sprayed in your nose?
O Yes

Ores

O No

- 19. Not including this survey, have you ever participated in any kind of health research study?
  O Yes
  - O No

### **20.** How much do you rely on the following sources to provide health information? *Select an answer for each statement.*

|    |  | A great<br>extent | Somewhat | A little | Not at all | Not<br>applicable |
|----|--|-------------------|----------|----------|------------|-------------------|
| a. | Chicago Department of<br>Public Health or other City of<br>Chicago officials | 0                 | Ο        | 0        | 0          | 0                 |
| b. | Medical providers (e.g.,<br>doctors, nurses,<br>pharmacists)                 | 0                 | Ο        | Ο        | 0          | 0                 |
| C. | Religious leader   | 0                 | 0        | 0        | 0          | 0                 |
| d. | Family/Friends   | 0                 | 0        | 0        | 0          | 0                 |
| e. | Social Media   | 0                 | 0        | 0        | 0          | 0                 |
| f. | Broadcast News   | 0                 | 0        | 0        | 0          | 0                 |
| g. | Printed News   | 0                 | 0        | 0        | 0          | 0                 |
| h. | Radio  | 0                 | 0        | 0        | 0          | 0                 |
| i. | Some other source (please specify)   | 0                 | 0        | 0        | 0          | 0                 |
|    |  |                   |          |          |            |                   |

### **21.** How easy or difficult is it for you to... Select an answer for each statement.

|   | Very<br>difficult | Somewhat difficult | Somewhat<br>easy | Very<br>easy |
|---|-------------------|--------------------|------------------|--------------|
| a. Get trustworthy advice about your health?  | 0                 | 0                  | 0                | 0            |
| b. Understand what doctors say to you?  | 0                 | 0                  | Ο                | 0            |
| c. Fill out medical forms by yourself?  | 0                 | 0                  | 0                | 0            |
| d. Understand health information in the media?  | 0                 | 0                  | 0                | 0            |
| e. Take advantage of activities and resources in your community to improve your health? | 0                 | 0                  | 0                | 0            |
| f. Find someone in your neighborhood to give you health information or health advice?   | 0                 | 0                  | 0                | 0            |

### CHRONIC HEALTH CONDITIONS

The next questions ask whether a doctor, nurse, or other health professional <u>ever</u> told you that you had any of the following health conditions.

By "other health professional", we mean a nurse practitioner, a physician's assistant, or some other licensed health professional.

- 22. Has a doctor, nurse, or other health professional <u>ever</u> told you that you had <u>high blood pressure</u>?
  - O Yes

O Yes, but only while I was pregnant O No

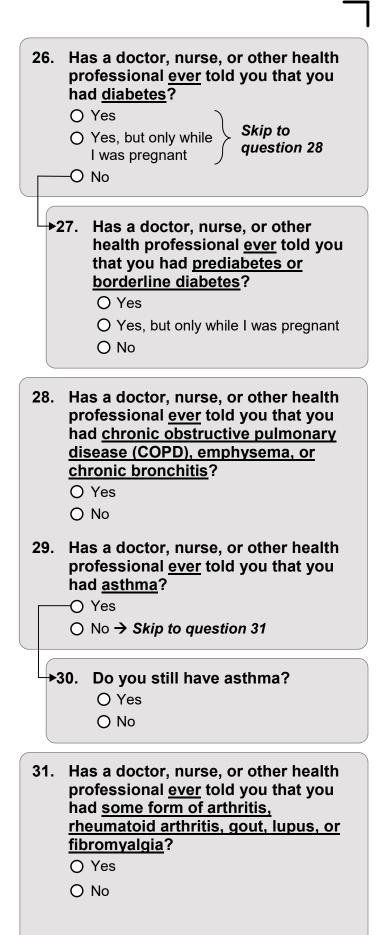
23. Has a doctor, nurse, or other health professional <u>ever</u> told you that you had <u>high cholesterol</u>?

O Yes

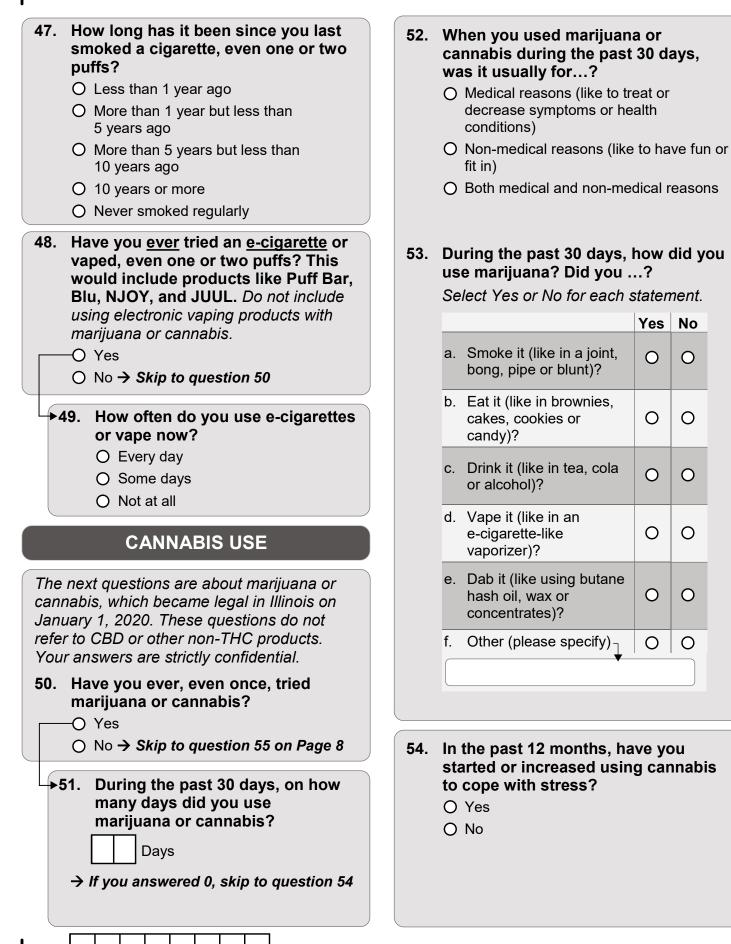
O No

- 24. Has a doctor, nurse, or other health professional <u>ever</u> told you that you had <u>angina or coronary heart</u> disease?
  - O Yes
  - O No
- 25. Has a doctor, nurse, or other health professional <u>ever</u> told you that you had <u>a stroke</u>?
  - O Yes

O No



32. Has a doctor, nurse, or other health 40. Has a doctor, nurse, or other health professional ever told you that you professional ever told you that you had skin cancer? had Hepatitis C? O Yes -O Yes O No ○ No → Skip to question 42 ◆41. Do you still have Hepatitis C? 33. Has a doctor, nurse, or other health professional ever told you that you O Yes had breast cancer? O No O Yes 42. Not including kidney stones, bladder O No infection or incontinence, were you 34. Has a doctor, nurse, or other health ever told you have kidney disease? professional ever told you that you O Yes had cervical cancer? O No O Yes O No **TOBACCO USE** 35. Has a doctor, nurse, or other health 43. Have you smoked at least 100 professional ever told you that you cigarettes (approximately 5 packs) in had colon cancer? your entire life? O Yes -O Yes O No ○ No → Skip to guestion 48 on Page 7 36. Has a doctor, nurse, or other health ▶44. Do you now smoke cigarettes professional ever told you that you every day, some days, or not at had lung cancer? all? O Yes O Every day O No O Some days 37. Has a doctor, nurse, or other health ○ Not at all → Skip to question 47 on professional ever told you that you Page 7 had prostate cancer? 45. Currently, when you smoke O Yes cigarettes, how often do you O No smoke menthol cigarettes? O All of the time Has a doctor, nurse, or other health 38. professional ever told you that you O Most of the time had any other type of cancer? O Some of the time O Yes O None of the time O No 46. During the past 12 months, have **39.** Has a doctor, nurse, or other health you stopped smoking for one day professional ever told you that you or longer because you were trying had Hepatitis B? to guit smoking? O Yes O Yes O No O No  $\rightarrow$  Skip to question 48 on Page 7



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### **DIET & PHYSICAL ACTIVITY**

### 55. How many total servings of <u>fruit</u> did you eat yesterday?

A serving would equal one medium apple or a handful of grapes. Please think about all forms of fruits including cooked or raw, fresh, frozen, or canned.

Please think about all meals, snacks, and food consumed at home and away from home. If none, please enter 0.

Servings

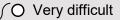
#### 56. How many total servings of vegetables did you eat yesterday?

A serving would equal a handful of broccoli or a cup of carrots. Please think about all forms of vegetables including cooked or raw, fresh, frozen, or canned.

Please think about all meals, snacks, and food consumed at home and away from home. If none, please enter 0.

Servings

57. How easy or difficult is it for you to get fresh fruits and vegetables?



O Somewhat difficult

- O Somewhat easy
- O Very easy

 $\sim$  Skip to question 59

- ►58. What are the reasons it is difficult to get fresh fruits and vegetables? Please select all that apply.
  - ☐ The store(s) within a half mile of where I live don't sell fresh fruits and vegetables
  - ☐ The quality of fresh fruits and vegetables where I shop is poor
  - Fresh fruits and vegetables are too expensive where I shop
  - □ The store(s) where I use my EBT/SNAP benefits does not sell fresh fruits and vegetables

- 59. In the past 12 months, have you received food stamps, also called SNAP, the Supplemental Nutrition Assistance Program on an EBT card?
  - O Yes
  - O No
- 60. How true is the following statement: "In the past 12 months, we worried whether our food would run out before we got money to buy more."
  - O Often true
  - O Sometimes true
  - O Never true
- 61. In the past 12 months, did you ever have to cut the size of your meals or skip meals entirely because there wasn't enough money for food?
  - O Yes
  - O No
- 62. During the past 30 days, how many regular soda or pop or other sweetened drinks like sweetened iced tea, sports drinks, fruit punch or other fruit-flavored drinks have you had?

Do <u>not</u> include diet soda, sugar free drinks, or 100% juice. If none, please enter 0.

Drinks -

# Select the period of time (per day/week/month):

O Drinks per day

O Drinks per week

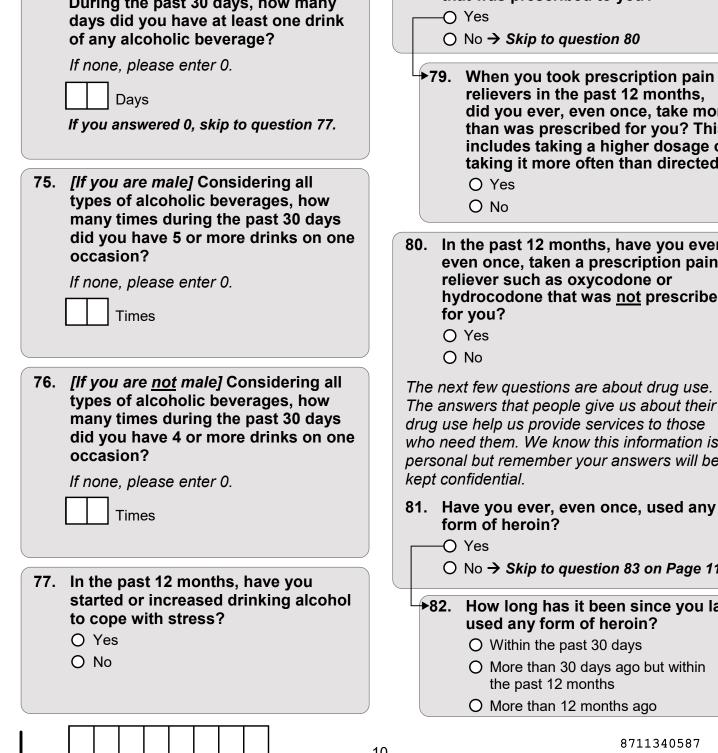
O Drinks per month

#### 63. During the past 30 days, how many 67. In the past 12 months, how often have you ridden a bicycle, adult tricycle, or drinks of 100% juice have you had? adaptive bicycle in Chicago? Do not include sweetened drinks like fruit Once a week or more punch or other fruit flavored drinks. If none, please enter 0. ○ Several times a month ○ At least once a month Drinks · O A few times a year Select the period of time O Never (per day/week/month): ○ I am not physically able to ride a bike O Drinks per day O Drinks per week 68. During the past 7 days, did you ever walk or use a wheelchair or scooter O Drinks per month to get to and from places such as work, shopping, or other activities? O Yes 64. Which of the following best O No describes the water that you most O I am not physically able to walk or use a often drink at home? wheelchair or scooter O Unfiltered tap water O Filtered tap water 69. About how tall are you without shoes? O Bottled water • Water from another source Feet Inch(es) 70. About how much do you weigh 65. During the past month, other than without shoes? If you are currently your regular job, did you participate pregnant, how much did you weigh before in any physical activities or exercises your pregnancy? such as running, dance, playing Pounds basketball, taking an exercise class, gardening, or walking for exercise? O Yes 71. What is your gender? O No O Male O Female O Third gender or nonbinary 66. In the past 12 months, how often did ○ Prefer to self-describe you or someone in your household use the parks, playgrounds, and/or sport fields in your neighborhood? O Once a week or more 72. Are you currently pregnant? O Several times a month ○ Yes → Skip to guestion 74 on Page 10 O At least once a month -O No • A few times a year ▶73. Have you been pregnant in the O Never past 12 months? O Yes O No

### ALCOHOL & OTHER SUBSTANCES

**74.** The next few questions are about drinking alcohol. One drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. A 40-ounce beer would count as 3 drinks. or a cocktail drink with 2 shots would count as 2 drinks.

# During the past 30 days, how many



The next few questions are about medications that require a prescription. Do not include 'over the counter' medications such as aspirin, Tylenol, or Advil which can be bought in drug stores without a doctor's prescription. Your answers are strictly confidential.

- 78. In the past 12 months, have you ever taken a prescription pain reliever such as oxycodone or hydrocodone that was prescribed to you?
  - relievers in the past 12 months, did you ever, even once, take more than was prescribed for you? This includes taking a higher dosage or taking it more often than directed.
- 80. In the past 12 months, have you ever, even once, taken a prescription pain reliever such as oxycodone or hydrocodone that was not prescribed

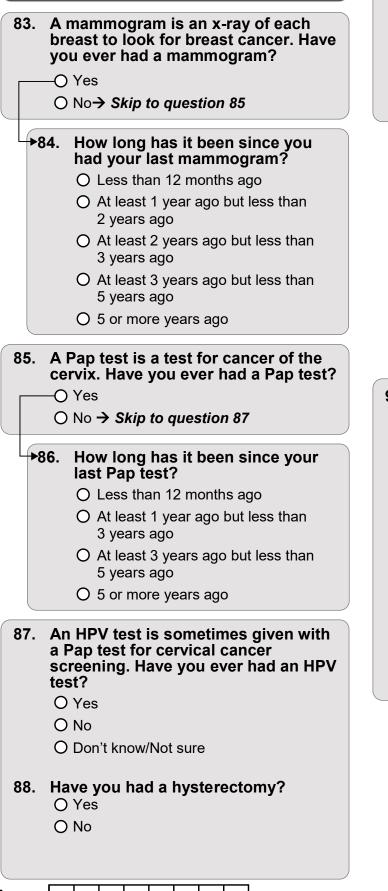
The next few questions are about drug use. The answers that people give us about their drug use help us provide services to those who need them. We know this information is personal but remember your answers will be

- 81. Have you ever, even once, used any
  - No → Skip to question 83 on Page 11

#### ▶82. How long has it been since you last used any form of heroin?

- O More than 30 days ago but within

### **CANCER SCREENING**



- 89. During a <u>CT or CAT scan</u>, you lie flat on your back and are moved through an open, donut-shaped x-ray machine. Have you ever had a CT or CAT scan of your chest area to check or screen for <u>lung cancer</u>?
  - —O Yes
    - No→ Skip to question 91
  - ▶90. When did you have your most recent CT or CAT scan of your chest to check or screen for lung cancer?
    - O Less than 12 months ago
    - O At least 1 year ago but less than 2 years ago
    - O At least 2 years ago but less than 5 years ago
    - O At least 5 years ago but less than 10 years ago
    - O 10 or more years ago
- 91. Sigmoidoscopy and colonoscopy are exams in which a tube is inserted in the rectum to view the colon for signs of cancer or other health problems.

For a <u>sigmoidoscopy</u>, a flexible tube is inserted into the rectum to look for problems.

A <u>colonoscopy</u> is similar, but uses a longer tube, and you are usually given medication through a needle in your arm to make you sleepy and told to have someone else drive you home after the test.

### Have you ever had either of these exams?

- -O Yes
  - No→ Skip to question 94 on Page 12

▶92. Was your <u>most recent</u> exam a sigmoidoscopy or a colonoscopy?

- O Sigmoidoscopy
- O Colonoscopy

| <ul> <li>Closes than 12 months ago</li> <li>At least 1 year ago but less than<br/>5 years ago</li> <li>At least 5 years ago but less than<br/>10 years ago</li> <li>At least 5 years ago but less than<br/>10 years ago</li> <li>At least 5 years ago but less than 2 years ago</li> <li>At least 2 years ago but less than 3 years ago</li> <li>At least 2 years ago but less than 5 years ago</li> <li>A tleast 2 years ago but less than 5 years ago</li> <li>Storectal acres, such as a stool blood<br/>test, virtual colonoscopy, Cologuard, or<br/>another kind of colorectal screening.</li> <li>A stool blood is a new type of test that<br/>may use a special kit at home to<br/>determine if the stool contains blood.</li> <li>A virtual colonoscopy (sometimes called<br/>a CT colonography) is a new type of test that<br/>where your colon is filled with air and<br/>you are moved through a donut-shaped<br/>x-ray machine as you il eon your back<br/>and then your stomach. Unlike a regular<br/>colonoscop, you do not need<br/>medication to make you sleepy.</li> <li>Coloquard is a new type of test where a<br/>special kit is now type of test where a<br/>special kit as now type of test where a<br/>special kit as now top our head<br/>modifien to determining if the stool<br/>contains blood.</li> <li>98. How long has it been since you had<br/>your last <u>cher colon cancer<br/>screening?</u></li> <li>99. How long has it been since you had<br/>your last toher colon cancer<br/>screening?</li> <li>99. How long has it b</li></ul> | 1   |    |     |  |
|--|---|----|-----|--|
| <ul> <li>97. How long has it been since you had your last virtual colonoscopy. Cologuard, or another kind of colorectal screening.</li> <li>A stool blood is a new type of test that may use a special kit at home to determine if the stool contains blood.</li> <li>A virtual colonoscopy (sometimes called a CT colonography) is a new type of test where your colon is filled with air and you are moved through a donut-shaped x-ray machine as you lie on your back and then your stomach. Unlike a regular colonoscopy, you do not need medication to make you sleepy.</li> <li>Cologuard jos a new type of test where a special kit is sent to your home. Cologuard looks for changes in DNA in addition to determining if the stool contains blood.</li> <li>Have you ever had any of these tests?</li> <li>○ Yes</li> <li>○ No-&gt; Skip to question 100 on Page 13</li> <li>99. How long has it been since you had your last other colon cancer screening?</li> <li>○ Less than 12 months ago</li> <li>○ At least 1 year ago but less than 3 years ago</li> <li>○ At least 1 year ago but less than 3 years ago</li> <li>○ At least 1 year ago but less than 3 years ago</li> <li>○ At least 1 year ago but less than 3 years ago</li> <li>○ At least 1 year ago but less than 3 years ago</li> <li>○ At least 1 year ago but less than 3 years ago</li> <li>○ At least 1 year ago but less than 3 years ago</li> <li>○ At least 1 year ago but less than 3 years ago</li> <li>○ At least 1 year ago but less than 3 years ago</li> <li>○ At least 1 year ago but less than 3 years ago</li> <li>○ At least 1 year ago but less than 3 years ago</li> <li>○ At least 1 year ago but less than 3 years ago</li> <li>○ At least 1 year ago but less than 3 years ago</li> <li>○ At least 1 year ago but less than 3 years ago</li> <li>○ At least 1 year ago but less than 3 years ago</li> <li>○ At least 1 year ago but less than 3 years ago</li> <li>○ At least 1 year ago but less than 3 years ago</li> <li>○ At least 1 year ago but less than 3 years ago</li> <li>○ At least 1 year ago but less than 3 years</li></ul>  | <ul> <li>your last sigmoidoscopy or colonoscopy?</li> <li>O Less than 12 months ago</li> <li>O At least 1 year ago but less than 5 years ago</li> <li>O At least 5 years ago but less than 10 years ago</li> </ul>  |    | 96. | <ul> <li>your last stool blood test using a home kit?</li> <li>O Less than 12 months ago</li> <li>O At least 1 year ago but less than 2 years ago</li> <li>O At least 2 years ago but less than 3 years ago</li> <li>O At least 3 years ago but less than 5 years ago</li> </ul>   |
| <ul> <li>another kind of colorectal screening.</li> <li>A stool blood is a new type of test that may use a special kit at home to determine if the stool contains blood.</li> <li>A <u>virtual colonoscopy</u> (sometimes called a CT colonography) is a new type of test where your colon is filled with air and your back and then your stomach. Unlike a regular colonoscopy, you do not need medication to make you sleepy.</li> <li>Cologuard looks for changes in DNA in addition to determining if the stool contains blood.</li> <li>Have you ever had any of these tests?</li> <li>O Yes</li> <li>O No⇒ Skip to question 100 on Page 13</li> <li>95. Select whichever test you had most recently.</li> <li>O Stool Blood ⇒ Continue to question 96</li> <li>O Virtual Colonoscopy ⇒ Skip to question 97</li> <li>O Cologuard ⇒ Skip to question 98</li> <li>O ther (please specify) ↓</li> </ul>  | colorectal cancer, such as a stool blood  |    |     | → Skip to question 100 on Page 13  |
| <ul> <li>99. How long has it been since you had your last <u>other colon cancer</u> screening?</li> <li>99. How long has it been since you had your last <u>other colon cancer</u> screening?</li> <li>Continue to question 96</li> <li>Virtual Colonoscopy</li> <li>Skip to question 97</li> <li>Cologuard</li> <li>Skip to question 98</li> <li>Other (please specify)</li> <li>→ Skip to question 99</li> </ul>   | <ul> <li>another kind of colorectal screening.</li> <li>A stool blood is a new type of test that may use a special kit at home to determine if the stool contains blood.</li> <li>A virtual colonoscopy (sometimes called a CT colonography) is a new type of test where your colon is filled with air and you are moved through a donut-shaped x-ray machine as you lie on your back and then your stomach. Unlike a regular colonoscopy, you do not need medication to make you sleepy.</li> <li>Cologuard is a new type of test where a special kit is sent to your home. Cologuard looks for changes in DNA in addition to determining if the stool contains blood.</li> <li>Have you ever had any of these tests?</li> </ul> |    |     | <ul> <li>your last <u>virtual colonoscopy</u>?</li> <li>○ Less than 12 months ago</li> <li>○ At least 1 year ago but less than 2 years ago</li> <li>○ At least 2 years ago but less than 3 years ago</li> <li>○ At least 3 years ago but less than 5 years ago</li> <li>○ 5 or more years ago</li> <li>→ Skip to question 100 on Page 13</li> </ul> How long has it been since you had your last Cologuard test? <ul> <li>○ Less than 12 months ago</li> <li>○ At least 1 year ago but less than 2 years ago</li> <li>○ At least 1 year ago but less than 2 years ago</li> <li>○ At least 1 year ago but less than 2 years ago</li> <li>○ At least 1 year ago but less than 2 years ago</li> <li>○ At least 2 years ago but less than 3 years ago</li> <li>○ At least 3 years ago but less than 5 years ago</li> <li>○ At least 3 years ago but less than 5 years ago</li> </ul> |
| 12 5149340589  | <ul> <li>▶95. Select whichever test you had <u>most recently</u>.</li> <li>○ Stool Blood</li> <li>→ Continue to question 96</li> <li>○ Virtual Colonoscopy</li> <li>→ Skip to question 97</li> <li>○ Cologuard</li> <li>→ Skip to question 98</li> <li>○ Other (please specify)</li> </ul>  |    | 99. | <ul> <li>your last <u>other colon cancer</u></li> <li>screening?</li> <li>O Less than 12 months ago</li> <li>O At least 1 year ago but less than 2 years ago</li> <li>O At least 2 years ago but less than 3 years ago</li> <li>O At least 3 years ago but less than 5 years ago</li> </ul>  |
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### **MENTAL HEALTH**

## During the past 30 days, how often did you feel...

#### 100. ...<u>nervous</u>?

- O All of the time
- O Most of the time
- O Some of the time
- O A little of the time
- O None of the time

#### 101. ...hopeless?

- O All of the time
- O Most of the time
- O Some of the time
- O A little of the time
- O None of the time

#### 102. ...<u>restless or fidgety</u>?

- O All of the time
- O Most of the time
- O Some of the time
- O A little of the time
- O None of the time

#### 103. ... <u>so depressed that nothing could</u> <u>cheer you up</u>?

- O All of the time
- O Most of the time
- O Some of the time
- O A little of the time
- O None of the time

#### 104. ... everything was an effort?

- O All of the time
- O Most of the time
- O Some of the time
- O A little of the time
- O None of the time

#### 105. ...<u>worthless</u>?

- O All of the time
- O Most of the time
- O Some of the time
- O A little of the time
- O None of the time

### 106. How often do you feel that you lack companionship?

- O Hardly ever
- O Some of the time
- O Often

#### 107. How often do you feel left out?

- O Hardly ever
- O Some of the time
- O Often

#### 108. How often do you feel alone?

- O Hardly ever
- O Some of the time
- O Often
- 109. In the past 12 months, did you ever seriously consider attempting suicide?
  - O Yes
  - O No

If you or someone you know is struggling with mental health, please contact NAMI Chicago by visiting <u>https://www.namichicago.org</u>.

*If you are experiencing suicidal thoughts, please call 988 or text "HOME" to 741741 to reach a Crisis Counselor. Help is available 24 hours a day.* 

| <ul> <li>110. How would you describe your mental health compared to before the COVID-19 pandemic?</li> <li>Much better</li> <li>Somewhat better</li> <li>About the same</li> <li>Somewhat worse</li> <li>Much worse</li> <li>Much worse</li> </ul> 111. Are you now taking medicine or receiving treatment from a doctor of other health professional for any type of mental health condition or emotional problem? <ul> <li>Yes</li> <li>No</li> </ul> 112. On average, how many hours of slow you get in a 24-hour period? <ul> <li>Hours</li> <li>Hours</li> <li>Minutes</li> </ul> |  |   |                                 | ctor or<br>any type<br>of sleep |       |
|--|--|---|---------------------------------|---------------------------------|-------|
| tre  | e <b>at</b> n<br>Ye  | g the past 12 months, was there an<br>nent or counseling for yourself but<br>s<br>→ Skip to question 115 on Page 15 |                                 | tal health                      | ۱<br> |
| →114.  | со   | as the following a reason why you o<br>unseling you needed?<br>lect Yes or No for each statement.                   | did not get the mental health t | reatment                        | tor   |
|  |  |   |                                 | Yes                             | No    |
|  | a.   | You couldn't afford the cost  |                                 | 0                               | 0     |
|  | b.   | You were concerned that getting mental might cause your neighbors or communityou                                    |                                 | 0                               | 0     |
|  | C.   | You were concerned that getting mental might have a negative effect on your job                                     |                                 | 0                               | 0     |
|  | d.   | Your health insurance does not cover or treatment or counseling   | pay enough for mental health    | 0                               | 0     |
|  | e.   | You did not know where to go to get ser   | vices                           | 0                               | 0     |
|  | f. You were concerned that the information you gave the counselor might O O          |   |                                 |                                 |       |
|  | g. You were concerned that you might be committed to a psychiatric O O               |   |                                 |                                 | 0     |
|  | h. You tried to get mental health treatment or counseling but were put on a waitlist |   |                                 | 0                               | 0     |
|  | i. You could not find a therapist who was culturally or disability competent         |   |                                 |                                 | 0     |
|  | j.   | Other (please specify)  |                                 | 0                               | 0     |

| FINAN | SECU | RITY |
|-------|------|------|
|       |      |      |

# 115. Suppose that you have an emergency expense that costs \$400. Based on your current financial situation, would you...?

Select Yes or No for each statement.

|    |  | Yes | No |
|----|--|-----|----|
| a. | Put it on your credit card and pay it off in full at the next statement    | 0   | 0  |
| b. | Put it on your credit card and pay it off over time                        | 0   | 0  |
| C. | Pay with the money currently in your checking/savings account or with cash | 0   | 0  |
| d. | Use money from a bank loan or line of credit                               | 0   | 0  |
| e. | Borrow from a friend or family member                                      | 0   | 0  |
| f. | Use a payday loan, deposit advance or overdraft                            | 0   | 0  |
| g. | Sell something   | 0   | 0  |
| h. | Not be able to pay for the expense right now                               | 0   | 0  |
| i. | Other (please specify)   | 0   | 0  |
|    |  |     |    |

116. Do you or anyone in your household currently have a checking or savings account?

- O Yes
- O No
- 117. In the past 12 months, how often would you say you were worried or stressed about having enough money to pay rent or mortgage?
  - O Always
  - O Usually
  - O Sometimes
  - O Never

### YOUR NEIGHBORHOOD

#### 118. How long have you lived in your neighborhood?

- O Less than one year
- O At least 1 year, but less than 5 years
- O At least 5 years, but less than 10 years
- O At least 10 years, but less than 20 years
- Skip to question 122 on Page 16

15

O 20 years or longer

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119. People move for many different reasons. Thinking of your most recent move, did you move...? Select Yes or No for each statement.

|    |  | Yes | No |
|----|--|-----|----|
| a. | To be closer to work or school   | 0   | 0  |
| b. | To be closer to family or friends  | 0   | 0  |
| C. | For better quality neighborhood or schools   | 0   | 0  |
| d. | Because you received an eviction notice  | 0   | 0  |
| e. | Because your previous<br>home or apartment was<br>foreclosed   | 0   | 0  |
| f. | Your rent increased at previous home or apartment  | 0   | 0  |
| g. | Your landlord would not fix things at previous home or apartment                                       | 0   | 0  |
| h. | Because of the rising cost to live in the neighborhood   | 0   | 0  |
| i. | Because of concern about crime   | 0   | 0  |
| j. | To save money  | 0   | 0  |
| k. | To relocate to new city  | 0   | 0  |
| Ι. | Because your family status<br>changed (e.g., marriage,<br>divorce, children, adult child<br>moved out) | 0   | 0  |
| m. | For a better quality or larger home  | 0   | 0  |
| n. | Because you bought a home  | 0   | 0  |
| 0. | Other (please specify)   | 0   | 0  |
|    |  |     |    |

- 120. Since the start of the COVID-19 pandemic in March 2020, have you been evicted or forced to move?
  - O Yes
  - O No

- 121. In the past 12 months, has your household had to "double up" or combine with another household?
  - O Yes
  - O No
- **122.** Thinking about your current neighborhood, to what extent do you agree or disagree with the following statements:

# The sidewalks in my neighborhood are well-maintained (paved, even and not a lot of cracks).

- O Strongly agree
- O Agree
- O Neither agree nor disagree
- O Disagree
- O Strongly disagree

## 123. It is easy to walk, scoot, or roll to a transit stop (bus, train) from my home.

- O Strongly agree
- O Agree
- O Neither agree nor disagree
- O Disagree
- O Strongly disagree

# 124. My neighborhood is generally free from litter.

- O Strongly agree
- O Agree
- O Neither agree nor disagree
- O Disagree
- O Strongly disagree

# 125. Overall, how would you rate the quality of outdoor air in your neighborhood?

- O Excellent
- O Good
- O Fair
- O Poor
- O Don't know

**126.** How concerned are you about the following issues, if at all, in your neighborhood? *Select an answer for each statement.* 

|    |   | Extremely concerned | Very<br>concerned | A little concerned | Not at all concerned | Don't know/<br>No opinion |
|----|---|---------------------|-------------------|--------------------|----------------------|---------------------------|
| а. | Air pollution from cars and trucks  | 0                   | Ο                 | 0                  | 0                    | 0                         |
| b. | Pollution from industrial<br>sources and other<br>businesses                                  | 0                   | Ο                 | 0                  | Ο                    | 0                         |
| C. | Dumping of dangerous chemicals  | 0                   | 0                 | 0                  | 0                    | 0                         |
| d. | Drinking water quality  | 0                   | 0                 | 0                  | 0                    | 0                         |
| e. | Water quality in the lakes<br>or rivers in which you<br>swim, fish, or do other<br>activities | 0                   | Ο                 | Ο                  | Ο                    | 0                         |
| f. | Lead paint where I live or work   | 0                   | 0                 | 0                  | 0                    | 0                         |
| g. | Noisy cars, trucks, or airplanes  | 0                   | 0                 | 0                  | 0                    | 0                         |
| h. | Soil pollution (e.g., gas<br>stations, hazard sites,<br>etc.)                                 | 0                   | Ο                 | 0                  | Ο                    | 0                         |

# 127. Do you feel safe in your neighborhood?

- O Yes, all of the time
- O Yes, most of the time
- O Sometimes
- O No, mostly not
- 128. How often does fear of crime prevent you from doing things you would like to do?
  - O Every day
  - O At least every week
  - O At least every month
  - O Every few months
  - O Once a year or so
  - O Not at all

# 129. In the past 12 months, have you witnessed violence in your neighborhood?

- O Yes
- O No

### 130. In your neighborhood, how often does violence occur?

- O Every day
- O At least every week
- O At least every month
- O Every few months
- O Once a year or so
- O Not at all

| <ul> <li>131. In the past 12 months, have you personally experienced violence in your neighborhood?</li> <li>O Yes</li> <li>O No</li> </ul>   | <ul> <li>135. Has the violence become more frequent and/or severe over the past 12 months?</li> <li>O Yes</li> <li>O No</li> </ul>   |
|---|--|
| <ul> <li>If you need assistance, please call 311. If you need immediate help, please call 911.</li> <li>132. In the past 12 months, have you experienced any of the following within your home? Please select all that apply.</li> <li>Sexual violence</li> <li>Physical violence</li> <li>Other forms of violence</li> <li>O ther forms of violence</li> <li>I have not experienced any violence within my home in the past 12 months</li> </ul> | <ul> <li>136. In the last 12 months, have you or any member of your household used any of the following services? <i>Please select all that apply.</i></li> <li>Services for victims of violent crimes (e.g., crime victim compensation, funeral planning)</li> <li>Domestic violence services (e.g., calling DV hotline, counseling, meditation)</li> <li>Crisis intervention and/or mental health services</li> <li>Employment or job training services</li> </ul> |
| <ul> <li>→ Skip to question 134</li> <li>+133. In the past 12 months, how often have you experienced any kind of violence within your home?</li> <li>○ Every day</li> <li>○ At least every week</li> <li>○ At least every month</li> <li>○ Every few months</li> <li>○ Once a year or so</li> </ul>   | <ul> <li>Youth services (e.g., after school programming, youth jobs)</li> <li>Social service navigation and guidance (e.g., housing/relocation support)</li> <li>Legal services (e.g., criminal record expungement, legal representation)</li> <li>Educational or school supports (e.g., tutoring, community college)</li> <li>None of the above</li> </ul>  |
| <ul> <li>134. In the past 12 months, do you know of friends or family members who experienced any kind of violence within their home? Please select all that apply.</li> <li>Sexual violence</li> <li>Physical violence</li> <li>Psychological violence</li> <li>Other forms of violence</li> <li>I do not know of any friends or family who experienced violence in their home in the past 12 months → Skip to question 135</li> </ul>           | <ul> <li>137. Since age 18, have you ever been arrested, booked or charged for breaking the law?</li> <li>Yes</li> <li>No</li> <li>138. Would you say that you really feel part of your neighborhood?</li> <li>Strongly agree</li> <li>Agree</li> <li>Neither agree nor disagree</li> <li>Disagree</li> <li>Strongly disagree</li> </ul>   |
|   | 7194340581   |

Т  

| 140. | About how many people in your<br>neighborhood do you know well<br>enough to ask for help if you needed<br>it?<br>If none, please enter 0.<br>People<br>To what extent do you feel like you<br>and your neighbors have the ability<br>to impact your community?<br>A great extent<br>Somewhat<br>A little<br>Not at all<br>To what extent do you trust local<br>government to do what's right for<br>your community?<br>A great extent<br>Somewhat<br>A great extent<br>Somewhat<br>A great extent<br>Not at all | <ul> <li>142. To what extent do government to madecision on issue pollution in your of A great extent</li> <li>A great extent</li> <li>A little</li> <li>Not at all</li> <li>143. To what extent do enforcement ager</li> <li>A great extent</li> <li>Somewhat</li> <li>A little</li> <li>Not at all</li> </ul> | ake the rig<br>es related t<br>community<br>o you trust | ht<br>o<br>/? |  |  |
|------|---|---|---|---------------|--|--|
|      |   |   |   | J             |  |  |
| 144. | 4. Thinking about the past 12 months, have you done any of the following?<br>Select Yes or No for each statement.   |   |   |               |  |  |
|      |   |   | Yes   | No            |  |  |
|      | a. Attended a neighborhood meeting about a distanced, or in person)   | local issue (virtually, socially  | 0   | 0             |  |  |
|      | 0   | 0   |   |               |  |  |
|      | c. Attended a block party or event (virtually, s  | 0   | 0   |               |  |  |

Ο d. Picked up litter or trash on my block e. Cared for a garden or yard on my block 0 f. Volunteered with a local non-profit or community organization Ο Ο

g. Participated in a local school council or booster club

Ο

Ο

Ο

Ο

145. Please rate how important each of the following services would be for your neighborhood. Select an answer for each statement.

|   |                    | Very<br>unimportant | Somewhat<br>unimportant | Neither<br>unimportant<br>nor<br>important | Somewhat<br>important | Very<br>important |
|---|--------------------|---------------------|-------------------------|--|-----------------------|-------------------|
| a. Vacant lot c   | leanup             | Ο                   | 0                       | 0  | 0                     | 0                 |
| b. Street light   | epair              | 0                   | 0                       | 0  | 0                     | 0                 |
| c. Boarding up<br>abandoned<br>property                                       | of                 | Ο                   | 0                       | 0  | 0                     | 0                 |
| d. Landscape<br>maintenanc<br>parkways  | e of               | Ο                   | 0                       | 0  | 0                     | 0                 |
| e. Bus stop kic<br>repairs  | osk                | 0                   | 0                       | 0  | 0                     | 0                 |
| f. Installation<br>lanes  | of bike            | 0                   | 0                       | 0  | 0                     | 0                 |
| g. Changes in restrictions  | parking            | Ο                   | Ο                       | 0  | 0                     | 0                 |
| h. Installation<br>calming me<br>such as spe<br>bumps, traff<br>circles or st | asures<br>ed<br>ïc | Ο                   | Ο                       | 0  | 0                     | 0                 |
| i. Alley clean  | up                 | 0                   | 0                       | 0  | 0                     | 0                 |

### **CHILDREN & TEENS**

# 146. How big of a problem do you feel the following issues are for children and teens across the city of Chicago? Select an answer for each statement.

|   | A big<br>problem | Somewhat<br>of a<br>problem | Not a<br>problem | Don't<br>know/not<br>sure |
|---|------------------|-----------------------------|------------------|---------------------------|
| a. Gun-related violence in<br>neighborhoods   | 0                | 0                           | 0                | 0                         |
| <ul> <li>Worse health for children of color than<br/>for white children, also known as<br/>racial inequalities</li> </ul> | Ο                | Ο                           | 0                | 0                         |
| c. Discrimination and racism  | Ο                | 0                           | 0                | 0                         |
| d. Poverty  | 0                | 0                           | 0                | 0                         |
| e. Bullying, including cyberbullying  | Ο                | 0                           | 0                | 0                         |
| f. Drug abuse by youth  | Ο                | 0                           | 0                | 0                         |
| g. Smoking and tobacco use by youth,<br>including vaping or using<br>e-cigarettes   | Ο                | Ο                           | Ο                | Ο                         |
| h. Lack of adult supervision and involvement for children and teens   | Ο                | 0                           | 0                | 0                         |
| i. Stress among children and teens  | 0                | 0                           | 0                | 0                         |

147. How big of a problem do you feel the following issues are for children and teens across the city of Chicago? Select an answer for each statement.

|    |   | A big<br>problem | Somewhat<br>of a<br>problem | Not a<br>problem | Don't<br>know/not<br>sure |
|----|---|------------------|-----------------------------|------------------|---------------------------|
| a. | Depression among children and teens                     | 0                | Ο                           | 0                | 0                         |
| b. | Not enough job opportunities for parents                | 0                | 0                           | 0                | 0                         |
| C. | Not enough job opportunities for teens and young adults | 0                | 0                           | 0                | 0                         |
| d. | Child abuse and neglect                                 | 0                | 0                           | 0                | 0                         |
| e. | Suicide among children and teens                        | 0                | 0                           | 0                | 0                         |
| f. | Childhood obesity                                       | 0                | 0                           | 0                | 0                         |
| g. | Social media  | 0                | 0                           | 0                | 0                         |
| h. | Violence in schools                                     | 0                | 0                           | 0                | 0                         |
| i. | Teen pregnancy  | 0                | 0                           | 0                | 0                         |

# 148. How big of a problem do you feel the following issues are for children and teens across the city of Chicago? Select an answer for each statement.

|  | A big<br>problem | Somewhat<br>of a<br>problem | Not a<br>problem | Don't<br>know/not<br>sure |
|--|------------------|-----------------------------|------------------|---------------------------|
| a. Alcohol abuse by youth  | 0                | 0                           | Ο                | 0                         |
| <ul> <li>Injuries from accidents among<br/>children and teens</li> </ul> | 0                | 0                           | 0                | 0                         |
| c. COVID-19 pandemic effects on youth<br>mental health                   | 0                | 0                           | 0                | 0                         |
| d. Unsafe housing  | 0                | 0                           | 0                | 0                         |
| e. Parent's health problems affecting their children                     | 0                | 0                           | 0                | 0                         |
| f. Childhood asthma  | 0                | 0                           | 0                | 0                         |
| g. Hunger  | 0                | 0                           | 0                | 0                         |
| h. Infant mortality  | 0                | 0                           | 0                | 0                         |
| i. COVID-19 infections   | 0                | 0                           | 0                | 0                         |

### COVID-19

149. Have you received a positive COVID-19 test result since the **COVID-19** pandemic started in March 2020? -O Yes ○ No → Skip to question 154 ▶150. How would you describe your **COVID-19 symptoms when they** were at their worst? O I had no symptoms O I had mild symptoms O I had moderate symptoms O I had severe symptoms 151. Did you have any symptoms lasting 3 months or longer that you did not have prior to having **COVID-19?** Long term symptoms may include: tiredness or fatigue, difficulty thinking or concentrating, forgetfulness, memory problems or "brain fog",

difficulty breathing, shortness of breath, joint pain, muscle pain, fastbeating heart (heart palpitations), chest pain, dizziness on standing, menstrual changes, changes to taste or smell, or inability to exercise.

-O Yes

○ No → Skip to question 154

# 152. Do you have long-term symptoms now?

- O Yes → Continue to question 153
- No → Skip to question 154

- 153. Do these long-term symptoms reduce your ability to carry out dayto-day activities now compared to the time before you had COVID-19?
  - O Yes, a lot
  - O Yes, a little
  - O Not at all
- 154. Have you or someone in your household experienced grief from losing someone who died from COVID-19?
  - O Yes
  - O No

# 155. How concerned are you about being exposed to COVID-19?

- O Very concerned
- O Somewhat concerned
- O A little concerned
- O Not at all concerned
- O Don't know

# 156. How important do you think getting a COVID-19 vaccine is to protecting yourself against COVID-19?

- O Very important
- O Somewhat important
- O A little important
- O Not at all important
- O Don't know

| •   |   |
|---|---|
| 157. Have you ever received any<br>COVID-19 vaccine shots?  | ABOUT YOUR HOUS   |
| O Yes, I have received at least one<br>COVID-19 vaccine shot  | 160. Do you own or rent your  |
| O No, I have not received any COVID-19  | O Own   |
| vaccine shots -> Skip to Question 159   | O Rent  |
|   | O Some other arrangement  |
| <ul> <li>▶158. Have you received at least one<br/>COVID-19 vaccination since<br/>September 1, 2022?</li> <li>○ Yes</li> <li>○ No</li> <li>○ Don't know</li> </ul> | <ul> <li>161. Do you have reliable interat home?</li> <li>O Yes</li> <li>O No→ Skip to question 10</li> <li>►162. What is the primary do</li> </ul> |
| $\rightarrow$ All should skip to question 160   | at home to get on the   |
| 7 All Should Skip to question 100   | O Desktop computer  |
|   | O Laptop computer   |
| 159. From the list below, please select   | O Tablet  |
| the reason(s) you have not<br>received a COVID-19 vaccine.  | O Phone   |
| Select all that apply.  | O Other   |
| ☐ I am concerned about possible side  | 162 How many times has yo   |
| effects of a COVID-19 vaccine   | 163. How many times has yo<br>flooded in the last year?   |
| I have concerns about the safety of<br>the veccine  | O None  |
| the vaccine I don't know if the vaccine will  | O One time  |
| protect me  | O Two times   |
| ☐ I don't think COVID-19 is a big threat  | O Three times   |
| I already had COVID-19 and have<br>antibodies   | O Four or more times  |
| ☐ I don't believe I am at high risk for   | 164. Is any air conditioning ed   |
| COVID-19 complications  | in your home?<br>O Yes  |
| I don't believe my friends/family are<br>at high risk for COVID-19<br>complications   | O No  |
| My doctor has not recommended it  | 165. Has your household prep  |
| I don't trust the government  | Emergency Supply Kit w<br>like water, food, flashligh   |
| I don't trust the medical community   | batteries that is kept in a   |
| I don't have time to get the<br>COVID-19 vaccine  | place in your home?<br>O Yes  |
| I don't know where to go to get the   | O No  |
| COVID-19 vaccine or cannot get an<br>appointment  | O Don't know  |
| ☐ Other   |   |
|   |   |
|   |   |

### EHOLD

### home?

## ernet access

63

# evice you use internet?

# our residence

- quipment used
  - pared an vith supplies hts, and extra a designated

**166.** How many people, including yourself, live in this household? Please count people who spend a majority of their time living in the household. Enter a number for each category. If none, please enter 0.



**167.** If you are the parent, step-parent, foster parent or guardian of children under 18, we would like to understand the make-up of your family. We use this information to understand the specific health needs of families.

For how many of the children in your household are you the parent, step-parent, foster parent or guardian? *If none, please enter 0.* 

Children

- $\rightarrow$  If you answered zero, go to question 173 on page 28.
- 168. We would like to ask a few more questions about your child/children. This information will be kept confidential.

Starting with the <u>youngest</u> child for whom you are the parent, step-parent, foster parent or guardian...

- a. How old is the youngest child who lives with you? If less than 1 year, enter 0 years.

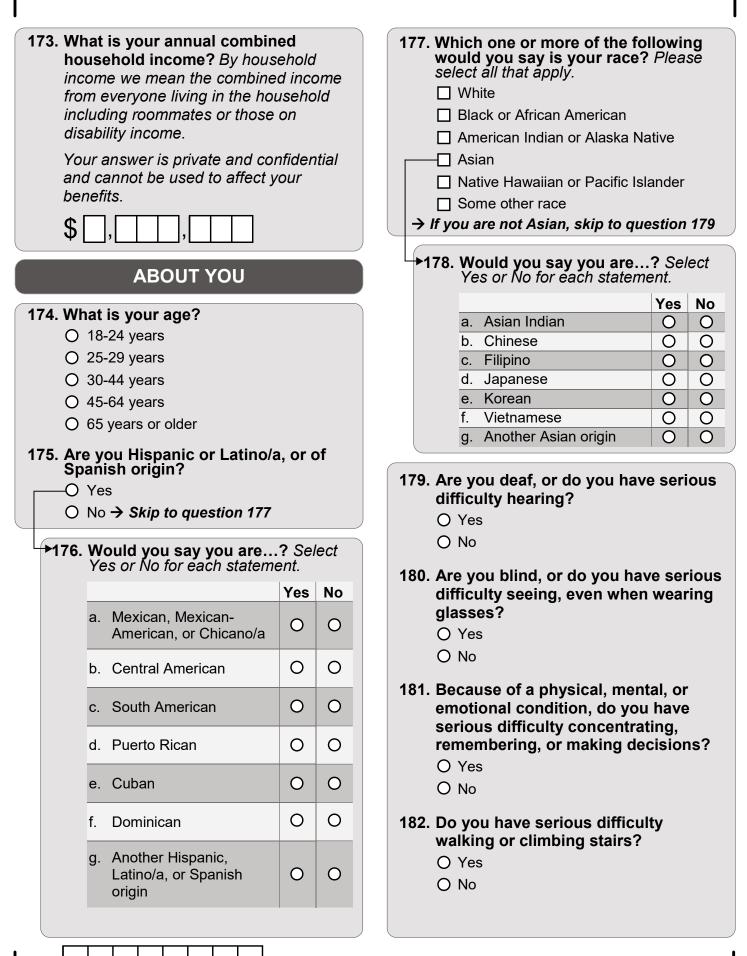
Age in years

- c. Would you say that in general your youngest child's health is...?
  - O Excellent
  - O Very good
  - O Good
  - O Fair
  - O Poor

- b. What is the gender of the youngest child who lives with you?
  - O Male
  - O Female
- d. Does your youngest child have at least one person you think of as their personal doctor or health care provider?
  - O Yes
  - O No
- $\rightarrow$  If you have more children, go to question 169 on Page 26.
- $\rightarrow$  If you have no more children, go to question 173 on page 28.

| d          | O Male  |
|------------|---|
| Ь          | O Female  |
| u.         | Does your next youngest child<br>have at least one person you think<br>of as their personal doctor or<br>health care provider?  |
|            | O Yes   |
|            | O No  |
|            |   |
|            |   |
| who        | n you are the parent, step-parent,  |
| b.         | What is the gender of the next  |
|            | youngest child who lives with<br>you?   |
|            |   |
|            | you?  |
| d.         | you?<br>O Male<br>O Female<br>Does your next youngest child<br>have at least one person you thinl<br>of as their personal doctor or   |
| d.         | you?<br>O Male<br>O Female<br>Does your next youngest child<br>have at least one person you thinl<br>of as their personal doctor or<br>health care provider?                  |
| d.         | you?<br>O Male<br>O Female<br>Does your next youngest child<br>have at least one person you thinl<br>of as their personal doctor or<br>health care provider?<br>O Yes         |
| d.         | you?<br>O Male<br>O Female<br>Does your next youngest child<br>have at least one person you thinl<br>of as their personal doctor or<br>health care provider?                  |
| d.         | you?<br>O Male<br>O Female<br>Does your next youngest child<br>have at least one person you thinl<br>of as their personal doctor or<br>health care provider?<br>O Yes         |
| d.         | you?<br>O Male<br>O Female<br>Does your next youngest child<br>have at least one person you think<br>of as their personal doctor or<br>health care provider?<br>O Yes         |
| d.<br>Page | you?<br>O Male<br>O Female<br>Does your next youngest child<br>have at least one person you think<br>of as their personal doctor or<br>health care provider?<br>O Yes<br>O No |
|            |   |

| a. How old is the next youngest child<br>who lives with you? If less than 1<br>year, enter 0 years.  | b. What is the gender of the next<br>youngest child who lives with<br>you?  |
|--|---|
| Age in years   | O Male<br>O Female  |
| <ul> <li>c. Would you say that in general your next youngest child's health is?</li> <li>O Excellent</li> </ul>  | d. Does your next youngest child<br>have at least one person you th<br>of as their personal doctor or<br>health care provider?  |
| O Very good  | O Yes   |
| O Good   | O No  |
| O Fair   |   |
| O Poor   |   |
|  |   |
| 2. Now, thinking about the <u>next youngest</u> c<br>foster parent or guardian   | tion 173 on page 28.<br>hild for whom you are the parent, step-paren  |
| 2. Now, thinking about the <u>next youngest</u> c  | tion 173 on page 28.  |
| <ul> <li>2. Now, thinking about the <u>next youngest</u> c foster parent or guardian</li> <li>a. How old is the next youngest child who lives with you? If less than 1 year, enter 0 years.</li> </ul>   | tion 173 on page 28.<br>hild for whom you are the parent, step-paren<br>b. What is the gender of the next<br>youngest child who lives with  |
| <ol> <li>Now, thinking about the <u>next youngest</u> c foster parent or guardian</li> <li>a. How old is the next youngest child who lives with you? If less than 1</li> </ol>   | tion 173 on page 28.<br>whild for whom you are the parent, step-parent<br>b. What is the gender of the next<br>youngest child who lives with<br>you?  |
| <ul> <li>2. Now, thinking about the <u>next youngest</u> c foster parent or guardian</li> <li>a. How old is the next youngest child who lives with you? If less than 1 year, enter 0 years.</li> </ul>   | tion 173 on page 28.<br>whild for whom you are the parent, step-parent<br>b. What is the gender of the next<br>youngest child who lives with<br>you?<br>O Male<br>O Female<br>d. Does your next youngest child<br>have at least one person you th<br>of as their personal doctor or<br>health care provider?          |
| <ul> <li>2. Now, thinking about the <u>next youngest</u> consister parent or guardian</li> <li>a. How old is the next youngest child who lives with you? If less than 1 year, enter 0 years.</li> <li>Age in years</li> <li>c. Would you say that in general your next youngest child's health is?</li> </ul>  | tion 173 on page 28.<br>whild for whom you are the parent, step-parent<br>b. What is the gender of the next<br>youngest child who lives with<br>you?<br>O Male<br>O Female<br>d. Does your next youngest child<br>have at least one person you th<br>of as their personal doctor or<br>health care provider?<br>O Yes |
| <ul> <li>2. Now, thinking about the <u>next youngest</u> consister parent or guardian</li> <li>a. How old is the next youngest child who lives with you? <i>If less than 1 year, enter 0 years.</i></li> <li>Age in years</li> <li>c. Would you say that in general your next youngest child's health is?</li> <li>O Excellent</li> <li>O Very good</li> <li>O Good</li> </ul> | tion 173 on page 28.<br>whild for whom you are the parent, step-parent<br>b. What is the gender of the next<br>youngest child who lives with<br>you?<br>O Male<br>O Female<br>d. Does your next youngest child<br>have at least one person you th<br>of as their personal doctor or<br>health care provider?          |
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# 183. Do you have difficulty dressing or bathing?

- O Yes
- O No
- 184. Because of a physical, mental, or emotional condition, do you have difficulty doing errands alone such as visiting a doctor's office or shopping?
  - O Yes
  - O No
- 185. Do you require caregiving support due to age, disability, or any other reason?
  - -O Yes
  - No → Skip to question 187
  - →186. In the past 12 months, have you lost any of the caregiving supports you needed?
    - O Yes
    - O No

187. Do you provide any care or assistance for a person who needs help because of a condition related to aging or disability? Do not include financial assistance or help you provided as part of your paid job.

- O Yes
- O No

#### 188. Do you consider yourself to be ...?

- O Heterosexual or straight
- O Gay or lesbian
- O Bisexual
- O Prefer to self-describe

## 189. Do you consider yourself to be transgender?

Transgender is when a person thinks of themself as a different gender than what they were assigned at birth, such as a person born female who now considers themself to be male.

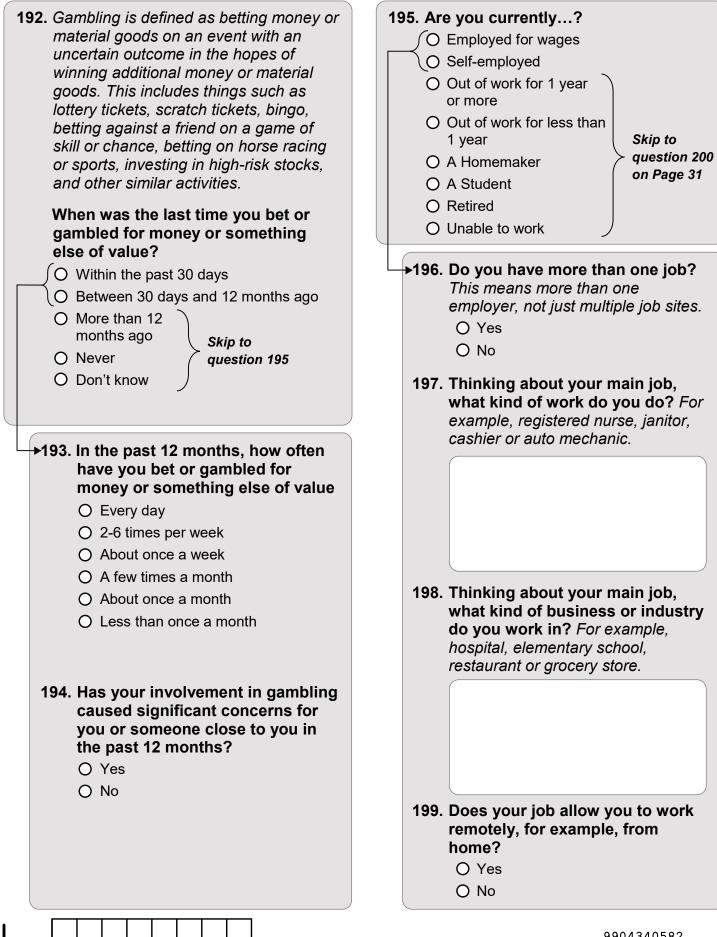
- O Yes
- O No

#### 190. Are you ...?

- O Married
- O Divorced
- O Widowed
- O Separated
- O Never married
- O A member of an unmarried couple
- O A member of a civil union

## 191. What is the highest grade or year of school you completed?

- O Less than high school graduation
- O High school graduation (Grade 12 or GED)
- O Some college or technical school
- O Associate degree
- O Bachelor's degree
- O Graduate or professional degree



| 200. In the past 12 months, have you lost a job, had to reduce work hours, or  | THANK YOU!  |  |  |
|--|---|--|--|
| had a reduction in pay?         O Yes         O No → Skip to question 202  | 202. May we contact you if we have more questions?  |  |  |
| <ul> <li>▶201. What are the reason(s) you lost your job, had to reduce work hours, or had a reduction in pay? Please select all that apply.</li> <li>☐ I had to take on increased childcare responsibilities</li> <li>☐ I had to take on increased responsibilities for people living with disabilities in my household</li> <li>☐ I had to take on increased</li> </ul> | O No 203. Please provide your contact<br>information so we can send you<br>your \$20. First Name: Last Name: Email: |  |  |
| responsibilities for elderly people<br>living in my household<br>My employer shut down or went out<br>of business<br>My employer downsized<br>I was sick and unable to work<br>I did not have reliable transportation<br>Other reason (please specify)   | Phone:<br>Area Code – Number  |  |  |

Thank you for participating in the Healthy Chicago Survey!

Please return this questionnaire in the envelope provided or to:

Healthy Chicago Survey c/o RTI International 0217366.003.000.001 5265 Capital Boulevard Raleigh, NC 27616

You will receive your \$20 in three to four weeks.