CLASS TITLE: **Clinical Therapist II**

CHARACTERISTICS OF THE CLASS: Under supervision, the class performs at the fully functional level, providing professional therapeutic treatment and consultation to clients at a mental health center; and performs related duties as required.

ESSENTIAL DUTIES: Conducts comprehensive clinical interviews with clients and their families to collect data needed for mental health assessment and diagnostic purposes; assigned more complex and difficult cases, working with individuals and families with multiple or more severe psycho-social problems; develops individual treatment plans based on clinical assessments and diagnostic interviews; conducts individual, group and family psychotherapy and counseling sessions; provides intensive psychotherapy and counseling to clients with high rates of recidivism; meets with supervisor and participates in group staff meetings to review the status of caseloads and the progress of clients; consults with psychiatrists, physicians and other clinical staff for cooperative planning and implementation of treatment plans; provides case management services to assigned client caseload; makes referrals and linkages with health and social service agencies to obtain needed support services for clients; responds to emergency situations, providing crisis intervention services to clients; provides consultation and mental health education workshops to community organizations; participates in and conducts staff development training; prepares detailed case records and prepares reports on services rendered and work activities; provides counseling and psychotherapy services to employees through a departmental employee assistance program.

RELATED DUTIES: Provides guidance and direction to lower level Clinical Therapists; participates in the development of standards for client care.

MINIMUM QUALIFICATIONS:

*Training and Experience.* Graduation from an accredited college or university with a Master’s degree in Psychology or Social Work supplemented by one year of professional mental health experience, OR a Master’s degree in Guidance and Counseling, Vocational Rehabilitation, Pastoral Counseling, Art Therapy or Educational Psychology supplemented by one year post-master’s supervised practicum carried out in a mental health setting, as well as one additional year of professional mental health experience.
CLASS TITLE: Clinical Therapist II  (Cont’d)

Knowledge, Abilities and Skill. Good knowledge of the principles, practices and theories of mental health care and psychotherapy. Good knowledge of individual, family and group psychotherapy and counseling methods. Good knowledge of resources and services provided by community social service agencies. Good knowledge of departmental policies and procedures relating to case management.

Ability to conduct comprehensive needs assessments. Ability to work closely and effectively with a culturally diverse clientele. Ability to work with clients in need of more intensive counseling and psychotherapy services.

Skill in the application of psychotherapy theories and practices. Skill in the development of behavior modification and treatment plans. Good human relation skills. Good oral and written communication skills.

Working Conditions. Mental health clinic or general office environment.

Equipment. Standard office equipment including personal computers.

Note: While the list of essential duties is intended to be as inclusive as possible, there may be other duties which are essential to particular positions within the class.

June, 2002
City of Chicago
Department of Personnel
Minimum Qualifications revised 05/08