

Heat Relief

City Cooling Centers

A Cooling Center is an air-conditioned facility where Chicago residents can go to find relief from extreme heat.

During the summer months, the Chicago Department of Family and Support Services operates six Cooling Centers located inside of the City's six Community Service Centers.

Additional City facilities including libraries, police stations or other structures might be made available after hours, on weekends, or on holidays, as conditions warrant.

Chicago's seniors can stay cool when they use our 21 Senior Centers during their regular weekday activities.

The Garfield Center, located at 10 S. Kedzie, is available 24 hours a day, seven days a week to connect residents to emergency shelter.

To learn the location of the closest available Cooling Center at any given time, call 3-1-1.

DFSS COOLING CENTERS

9 a.m. - 5 p.m. Monday - Friday

(Hours and days of service could be extended under extreme conditions. Other City facilities might be designated as Cooling Centers during off days or hours. DFSS Cooling Centers are not open on weekday holidays unless specifically indicated. For the most current Cooling Center information at any time, call 3-1-1.)

**Englewood Community
Service Center**
1140 W. 79th St.

**King Community
Service Center**
4314 S. Cottage Grove

**South Chicago
Community Service Center**
8650 S. Commercial Ave.

**Garfield Community
Service Center**
10 S. Kedzie

**North Area Community
Service Center**
845 W. Wilson Ave.

**Trina Davila
Community Service Center**
4357 W. Armitage Ave.



City of Chicago
Mayor Rahm Emanuel

CITY OF CHICAGO
DEPARTMENT OF FAMILY AND SUPPORT SERVICES
COMMISSIONER EVELYN DIAZ

Beat the Heat!

Keep Your Cool During Extreme Hot Weather

Oppressive summer heat is more than uncomfortable. High temperatures and humidity can pose a health and safety threat. The City of Chicago has many services available to help residents cope safely with extreme weather conditions.

CALL 311 TO:

- Locate a Cooling Center near you.
- Request a well-being check for someone who may be suffering from the heat.
- Register for the City's Extreme Weather Notification System.

HOT WEATHER TIPS:

- Drink lots of water and natural juices; avoid alcoholic beverages, coffee, tea and sodas.
- Avoid going outside in the extreme heat.
- If you don't have air conditioning, keep shades drawn and blinds closed but windows slightly open.
- Keep electric lights off or turned down.
- Minimize use of your oven and stove.
- Wear loose, light, cotton clothing.
- Take cool baths and showers.
- Don't leave anyone (including pets) in a parked car, even for a few minutes.

REMEMBER...

Check on relatives, neighbors and friends. If you are unable to make contact, call 3-1-1 and request a well-being check.



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