



## Chicagoans 60 and Over: Need Help at Home?

## **FREE Chore Services include:**

- \*Short-Term Chore: Temporary light homemaking tasks like cleaning, laundry, shopping and self-care tasks like bathing, grooming, or dressing after recovering from an illness or life transition
- \*Heavy-Duty Chore: A one-time deep cleaning, removing trash or clutter, packing items, and moving furniture

Contact the DFSS Senior Services Division Information and Assistance Unit aging@cityofchicago.org • 312-744-4016