

# *Need Support to Assist in your Caregiving Duties?*

## **DFSS Caregiver Program: Counseling & Support Services**



- Are you an unpaid caregiver who lives with a frail Older Chicagoan at least 60 years of age and provides assistance with their daily activities?

OR

- Are you the unpaid caregiver who lives with an individual with Alzheimer's disease or a related disorder with neurological and organic brain dysfunction and you assist them with their daily activities?
- Do you need to speak to a counselor or therapist?
- Would you like to meet and interact with fellow caregivers?

We are here to help! The Chicago Department of Family and Support Services Counseling and Support program may be able to provide you with assistance. We will have a case manager come to your home and conduct an in-home assessment to determine your eligibility for the Counseling & Support program and provide you with additional information on Caregiving resources.

The Caregiver Counseling Program provides Family/Individual Counseling, therapy, support groups and Gap Filling.

For further information or to make a service request, please call (312)744-4016 or email [aging@cityofchicago.org](mailto:aging@cityofchicago.org)

