## Need Support to Assist in your Caregiving Duties?

## DFSS Caregiver Program: Respite Services



 Are you an unpaid caregiver who lives with a frail Older Chicagoan at least 60 years of age and provides assistance with their daily activities?

OR

- Are you the unpaid caregiver who lives with an individual with Alzheimer's disease or a related disorder with neurological and organic brain dysfunction and you assist them with their daily activities?
- Are you worried about leaving your family member alone, but need a small break?

We are here to help! The Chicago Department of Family and Support Services Respite program may be able to provide you with assistance. We will have a case manager come to your home and conduct an in-home assessment to determine your eligibility for the Respite program and provide you with additional information on Caregiving resources.

The Respite program provides both in-home and facility-based care.

For further information or to make a service request, please call (312)744-4016 or email aging@cityofchicago.org





