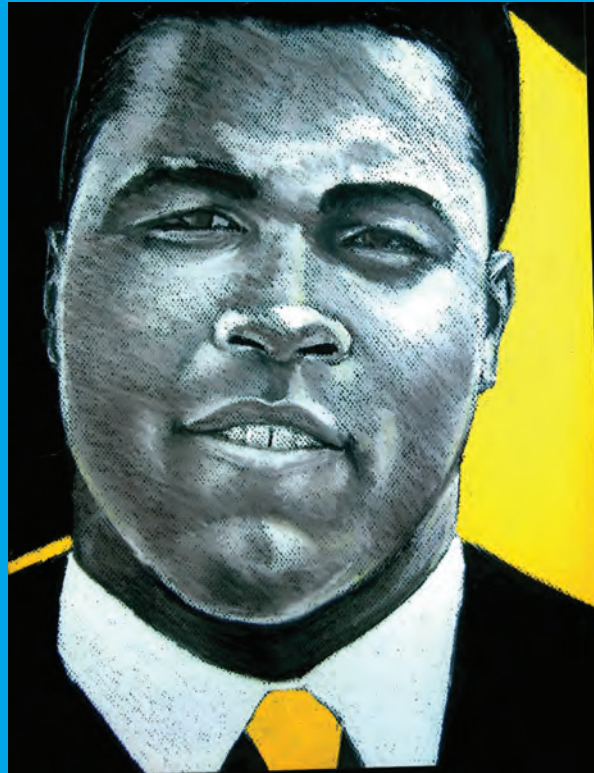


City of Chicago  
Chicago Department of Family & Support Services

# RENAISSANCE COURT

Programs for Chicagoans age 55 and over

## PROGRAM SCHEDULE JULY ~ AUGUST ~ SEPTEMBER 2016



### Ali - Civil Rights (The 1960s)

AN EXHIBIT BY ANTHONY PORTER

JUNE 10 - AUGUST 5, 2016

## RENAISSANCE COURT

78 E. Washington Street, Chicago, IL 60602

*(Accessible entrance at 77 E. Randolph St.)*

(312) 744-4550 TTY (312) 744-6777



City of Chicago  
Mayor Rahm Emanuel



Lisa Morrison Butler, Commissioner



## RENAISSANCE COURT

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### WHAT IS RENAISSANCE COURT?

RENAISSANCE COURT is an award-winning senior center which presents a variety of enriching and enjoyable cultural, educational, health, and fitness programs for adults age 55 and older. It offers an opportunity to renew past interests, learn new skills, and make new friends.

### WHERE IS RENAISSANCE COURT LOCATED?

RENAISSANCE COURT is located in the Chicago Cultural Center (formerly the Chicago Public Library); a beautiful landmark building located at 78 East Washington Street, on the first floor, Randolph Street side of the building. CTA and RTA buses and trains which stop in the Loop make getting to Renaissance Court very easy. There is pay parking available at lots on Randolph Street and in the Millennium Park Garage. The building is wheelchair accessible.

### RENAISSANCE COURT HOURS

Our regular hours are Monday through Friday, 9:00 a.m. until 4:30 p.m. and Saturdays when programs are scheduled. The reception desk is open until 4:00 p.m. We are closed on Sundays and holidays.

### HOW DO I BECOME A MEMBER?

Membership is free and entitles you to program participation, a participant card, and RENAISSANCE COURT brochures and other mailings. RENAISSANCE COURT is open to all persons **age 55 and older** regardless of income, race, religion, gender, disability or ethnicity. If you have a visual or hearing impairment which requires a sign language interpreter or other special arrangements, please let us know at the time of registration or at least two weeks prior to the event. We will be happy to do what we can to accommodate your needs.

### HOW DO I REGISTER FOR A PROGRAM OR TRIP?

To register for programs, you may sign up for a participant card at the center during business hours. You can register for class via telephone or in -person. Reservations for trips and outings can only be guaranteed upon payment.

### CONTENTS:

<u>Program Name</u>	<u>Page</u>
Art . . . . .	3-4
Gallery Exhibitions . . . . .	4
Computer . . . . .	4
Dance . . . . .	5
Drama & Theater . . . . .	5
Film . . . . .	5
Fitness . . . . .	6-7
Health & Wellness . . . . .	7-8
Games & Fun . . . . .	8-9
History & Humanities. . . . .	9
Literature & Writing . . . . .	10-11
Music . . . . .	11
Potpourri . . . . .	11
Special Programs . . . . .	12
Jazz Luncheon Legends . . . . .	13
Senior Fest . . . . .	14
Exhibiting Soon . . . . .	15



## ART

### CROSS STITCHING, QUILTING AND NEEDLEWORK CLUB

**Fridays, 1:00 p.m. – 2:30 p.m.**

If you are interested in learning or renewing your skills in different types of needlework, here is your chance! The sessions are an open forum to discuss techniques and solve problems. The members also complete a variety of craft projects. Why not try it out? **Registration is not required. FREE.**

### EXPERIMENTAL PRINTING TECHNIQUES

**Thursdays, July 14 – August 18, 2016  
10:30 a.m. – 12:30 p.m.**

**Instructor: Jaquelyn Zevin**

This special class will be co-taught by Pat O'Neal. Learn some interesting printing techniques that can be used with either acrylic paints or water based printing ink. You can experiment with different methods of mono printing, stamping and stenciling. As you familiarize yourself with the different techniques, you can experiment with combining them in different ways. We will use materials from home and outdoors.

**FREE. Call to Register on July 7, 2016  
Class Max – 20**

### PAINTING ON SILK PRESENTATION & DEMONSTRATION



**Thursday, August 4 & 11, 2016  
2:30 p.m. – 4:30 p.m.**

This course will lead Artists to new heights with **Master Artist VIDMA WAIT**. Vidma is noted for his unique technique of Painting on Silk, Ceramics, Watercolors and Acrylic Painting. The works of Vidma create an impression of lightness, pulsing with lively impression and great humor while revealing loose brush strokes. Come watch, learn and

discuss his techniques. **Sponsored by the Friends of Renaissance Court Auxiliary. Registration is not required. FREE.**

### ZENTANGLE (A NEW APPROACH TO MEDITATION & DRAWING)

**Tuesdays, 1:00 p.m. – 2:30 p.m.**

**Certified Instructor: Susan Gomez**

ZenTangle is an easy to learn meditative method of creating beautiful images from structured patterns. This fantastic new art form is relaxing and fun. For new students there will be a \$7.00 One-time charge for materials and supplies. **SUGGESTED DONATION: \$4.00 per class. Registration is not required.**

**Sponsored by the Friends of Renaissance Court Auxiliary.**

### INTERMEDIATE WATERCOLOR WORKSHOP

**Thursdays, July 7 - September 29, 2016  
12:30 p.m. – 2:30 p.m.**

**Instructor: Dan Stevens**

This self-taught ten week sequence will focus on abstract ideas: color, texture, shape, light, and the eight building blocks of art.

Painters will need to provide their own supplies. **This FREE class is**

**Sponsored by the Friends of Renaissance Court Auxiliary.**

### ADULT COLORING PAGE

**Tuesdays, 11:00 a.m. – 12:30 p.m.**

**Instructor: Susan Gomez**

Check out this newest art craze, Adult Coloring pages. Go back in time to when you were a young kid trying to stay in the lines. This class is relaxing and stress free. Come spend some quiet time just creating a nice piece of art with little art experience required. Color pencils and color markers provided for use during class. Before you spend money buying the whole book ...try one page at a time. No drawing is required for this class. Relax and have fun with Susan Gomez. **Suggested Donation: \$4.00**

**Sponsored by the Friends of Renaissance Court Auxiliary. Registration is not required**



## RENAISSANCE COURT

### SKETCH & PAINT

**Tuesdays, July 12 – September 20, 2016**

**9:00 a.m. – 11:00 a.m.**

**Instructor: Christina Murphy**

Learn how to draw & paint in this hand on class. Student will learn basic drawing and painting techniques. New students must attend the first & second class. Basic materials will be provided. **FREE. Call to Register on July 7, 2016. Class Max - 12**

### ACRYLIC PAINTING FOR BEGINNERS

**Wednesdays, July 6 – Sept. 28, 2016**

**11:00 a.m. – 12:30 p.m.**

**Instructor: Vivian Visser**

Learn how to paint! This class will teach you about brushes, paint, canvas and paper. Then you will begin the adventure of learning ways to paint. Come learn something and have fun with us. Bring your own brushes. We will discuss what to get during the day of first class.

**Registration is not required. FREE**

## RENAISSANCE COURT GALLERY

Renaissance Court Gallery features Chicago-area artists age 55 and over. Featured in the gallery this quarter:

**June 10 – August 5, 2016**

**Exhibit: “Ali: Civil Rights (1960s)”**

**By: Anthony Porter**

**Meet & Greet:**

Thursday, July 28

4:30 – 6:30 p.m.

**August 12 – October 7, 2016**

**Exhibit: “Clay Grounds”**

**By: Boruch Lev & Sueko Kawamura**

**Opening Reception:**

Thursday, August 18

4:00 – 6:30 p.m.

**Exhibit Presentation Demonstration:**

Thursday, September 1

12:00 – 4:00 p.m.

## COMPUTER

### GENERATIONS ON LINE: ONE-ON-ONE INTERNET TUTORING

**Monday – Thursday, by appointment only**

Learn how to use the Internet and e-mail with the help of a volunteer tutor. Instructors can help you learn how to send letters via e-mail, read news articles from around the world, research health information, make travel plans, shop on-line or find the best route on the CTA. Tutors generally meet with students from 4-6 sessions. Call the center to schedule a **FREE** appointment with:

Dave Geilen -

Mondays

Barb Schwartz -

Wednesdays

### TECH FOR ROOKIES

**Wednesdays,**

**9:30 – 10:30 a.m.**

**Instructor: Antonio Sanders**

iPhones, iPads, Laptops, mobile

devices, apple & flat screen televisions

are likely the most popular purchased

for personal use or holiday gifts. But

sadly, too many people find themselves flummoxed when trying to use them.

Bring in your device and let's learn

together. **Suggested Donation: \$3 per**

**class. Sponsored by the Friends of**

**Renaissance Court Auxiliary.**

**Registration is not required**





## RENAISSANCE COURT

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### DANCE

#### DANCE FIT

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**Every Thursday, July 14 – August 25**

**9:00 a.m. – 10:00 a.m.**

**Professional dancer and choreographer Nikki Smith** will create an exercise dance program tailored especially for Renaissance Court seniors. Nikki will offer a series of exciting classes that fuses dance, fitness and aerobics, all designed to keep you on your toes and bring out the dancer in you. Classes will focus on simple dance technique, core strengthening, stretching and choreography. This fun class will get your pulse racing and work all your major muscle groups in a fun, relaxed environment. Join us for what promises to be a moving, inspiring and a well experience!

**Registration is not required.**

**FREE**

#### SENIOR BELLY DANCING WITH DJALAAL

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**Every Tuesdays,**

**3:00 p.m. - 4:00 p.m.**

Learn the ancient fitness alternative for women of all sizes, shapes and ages. Belly Dancing strengthens and improves flexibility in the entire body, especially the spine and pelvis. You can firm your tummy and derriere and have fun too! Beginners are welcome.

**Registration is not required. Suggested Donation: 4-week series is \$20 or \$7.00 per session. Sponsored by the Friends of Renaissance Court Auxiliary**

#### LINE DANCE W/ FREDIA

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**Wednesdays,**

**1:45 p.m. – 3:00 p.m.**

Get moving with Frieda as you groove to popular line dance movements. **Registration is not required. Suggested Donation: \$2 per class. Sponsored by the Friends of Renaissance Court Auxiliary.**



### DRAMA & THEATER

#### NOT TOO OLD FOR IMPROV

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**Tuesdays,**

**1:00 p.m. – 2:30 p.m.**

The members of the improvisation group cultivate listening skills, connect to free-flowing ideas and learn to think on their feet and to trust their intuition as well as support each other. The goal is to have lots of fun! No experience necessary to join. The facilitator is **Frank Wernet** who has trained at Second City. **FREE. Registration is not required**  
**No Session on (7/19, 8/16, 9/20 )**

### FILMS

#### FOUR STAR FAVORITES

**Fridays, 10:00 a.m.**

Enjoy a round of contemporary popular films on our big screen television that you may have missed at the theaters. Seating is available on a first come, first served basis. When available we will use closed-captions.







## FITNESS

### **CHICAGO FITNESS PLUS FIT AND HEALTHY SENIOR EXERCISE**

**Mondays\*, 9:00 a.m. - 9:45 a.m.**

**Wednesdays, 9:00 a.m. - 9:45 a.m.**

**Saturdays, 9:00 a.m. - 9:45 a.m.**

Make a commitment to good health and a long life by joining our regular exercise program. Our comprehensive workouts are an excellent means of improving your strength, flexibility and cardiovascular health as well as relieving stress. You'll also meet some really wonderful people including our instructors. **Registration is not required. Suggested Donation: A voluntary contribution will be collected Monthly via check made payable to: CDFSS**

### **EXERCISE FOR BEGINNERS**

**Mondays\*, 10:00 a.m. - 10:45 a.m.**

**Wednesdays, 10:00 a.m. - 10:45 a.m.**

Make your fitness goal a reality by joining our exercise program. Simple, easy-to-follow moves and motivating music make this new, low-intensity aerobic and toning program a hit. Both will give you a total workout for beginners and those with health concerns who need to exercise. Work with our certified exercise instructor. **Registration is not required Suggested Donation: A voluntary contribution will be collected Monthly via check made payable to: CDFSS**

### **WEIGHT TRAINING MADE EASY**

**Every Friday, 9:00 a.m. - 9:45 a.m.**

In addition to the general exercise classes, we offer a number of specialized programs by our own certified personal trainer. We begin each session with a group warm-up and provide personalized instruction on proper exercise techniques. Fitness expert Carol Ann Jones leads the sessions. **Registration is not required. Suggested Donation: A voluntary contribution will be collected Monthly made payable to: CDFSS.**

## **GENTLE YOGA**

**Tuesdays, July 5 – August 30**

**11:30 a.m. – 12:30 p.m.**

**Instructor: Laurine Clark**

Stretch and tone muscles, loosen stiff joints and feel more agile, refreshed and balanced. All classes include gentle, non-strenuous warm-up exercises, deep breathing, Hatha Yoga postures and relaxation techniques. No experience required. Wear loose comfortable clothing; and refrain from eating before class. **FREE Registration is not required**

### **QIGONG FOR BREAST HEALTH**

**Wednesdays, July 13**

**12:15 p.m. – 1:15 p.m.**

**Instructor: Rasheeda Isreal**

There are seven (7) unique Wu Ming Qigong exercises that will be used. Each movement can help unblock stagnant Qi in the meridians in the stomach, liver and kidney and allow energy to run through the breast area.

Qigong movements are simple energy exercises that has been shown to strengthen the immune system, help metabolic rates, harmonize the endocrine function, lower blood pressure and adjust oxygen demand. **Suggested Donation: \$3 per class. This class is sponsored by the Friends of Renaissance Court Auxiliary.**



## **TAI CHI I**

**Saturday, 10:00 a.m. – 10:45 a.m.**

**Instructor: Eulalio Fabie de Silva**

First 13 Postures Exercise/Meditation that comprises the basic core of the Temple Style Tai Chi Chuan Practice. This Chi Kung Energy Work) workout connects the mind, body and energy to create a harmonious balance for health and martial arts (optional). 35-40 Minutes Workout (5 min break), various drills.

**Registration is not required Suggested Donation: \$3 per class. This class is sponsored by the Friends of Renaissance Court Auxiliary.**



## RENAISSANCE COURT

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### Tai Chi II

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**Saturdays, 11:00 a.m. – 11:45 a.m.**

**Instructor: Eulalio Fabie de Silva**

Installation of Solo Forms (solo forms) to complete the long form/dance meditation/exercise, push-hands drills and sitting meditations will be explored. Tai Chi I classes are highly-encouraged to form the energetic basis while individual practice and pace are gradually fused into the forms. 15-20 minutes Solo Forms practice (5 min break), Push-Hands and/or Sitting Meditations.

**Registration is not required, Suggested Donation: \$5 per class. This class is sponsored by the Friends of Renaissance Court Auxiliary.**

### MEDITATION & MOVEMENT

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**Mondays, 11:30 a.m. – 12:30 p.m.**

**Instructor: Dianne Hodges**

Lear how to relieve stress by letting the breath relax the muscles and channel energy through the body. Dianne will teach you how to relax while delicately moving intricate muscles in the body. **Registration is not required. FREE**

### FACIAL YOGA

**Tuesdays, July 5 – August 30**

**10:15 a.m. – 11:15 a.m.**

**Instructor: Laurine Clark**

The human face is a fascinating study of physiology and psychology. The amount of information the human face can process and relay is unending. Learn to become aware, relax and rejuvenate your facial muscles.

**Registration is not required. FREE**



## HEALTH & WELLNESS PROGRAM

### WELLNESS NURSE

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#### CONSULTATIONS

**Mondays,**

**9:30 a.m. -12:30 p.m.**

Take an active role in staying well by making an appointment with our Wellness Nurse, who

has a wealth of knowledge from which she can advise and answer questions about health. **FREE. Please call for an appointment.**

### BLOOD PRESSURE SCREENING

**Every Monday,**

**9:30 a.m. – 12:30 p.m.**

Check your blood pressure every month to make sure you keep yourself healthy. If you can't make it on these dates, make an appointment to see the wellness nurse on another Monday morning. **FREE.**

### SOCIAL WORKER PROGRAMS

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#### CONSULTATIONS

**Mondays,**

**1:00p.m. – 1:50 p.m.**

**3:00 p.m. – 4:00 p.m.**

We all go through tough times in life. If you could use some guidance, someone to discuss personal issues or some coaching on handling one of life's challenges, consider talking to Enid Fifer, LCSW, our Wellness Social Worker. **FREE. Please call for an appointment.**

### BALANCING YOUR LIFE

**Mondays,**

**2:00 p.m. – 3:00 p.m.**

**Enid Fefer, LCSW**

Keeping your life in balance is always a challenge. Later in life, it seems there are even more factors that can trip you up. This series gives you tools to keep balance in various parts of your life: social, physical and mental. **FREE. Registration is not required.**



## RENAISSANCE COURT

Date	BALANCING YOUR LIFE TOPICS  2:00 p.m. – 3:00 p.m.
July 11	How New Learning Affects Us
July 18	Forgiveness
July 25	Getting and Staying Organized
August 8	Following Rules or Breaking Them
August 15	Etiquette For 2016
August 22	Do You Have an Emergency Plan
Sept 12	Know Your Value
Sept 19	Practice Creativity for Well - Being
Sept 26	Don't Let Fear Stand in Your Way

## DIETITIAN PROGRAM

**Every 4<sup>th</sup> Tuesdays,**

**9:00 a.m. - 1:00 p.m.**

**Dietitian: Vivian Burr, MS, RD**

**Consultations by appointment only**

Call for an appointment to meet with our wellness dietitian Vivian W. Burr. M.S., R.D. You will have a confidential discussion about nutrition and diet concerns. **FREE. Please call for an appointment.**

## DIETITIAN PRESENTATION

**Tuesdays,**

**10:30 a.m. – 11:30 a.m.**

## PHARMACIST PROGRAM

### PHARMACIST

Erika Hellenbart, Pharm D.

**Every 4<sup>th</sup> Thursdays,**

**12:00 p.m. - 3:00 p.m.**

The Pharmacist is available for consultations by appointments in addition to facilitating informative presentations and Q & A sessions on medications and other health related issues. Make an appointment to have your concerns about your medicines addressed by our pharmacist. Remember to bring along your medications. **FREE. Please call for an appointment.**

Date	PHARMACIST HEALTH TOPICS  1:30 p.m. – 2:30 p.m.
July 28	Infections
August 25	Mental Fitness - Depression
Sept 22	Falls/ Balance/ Gait

## GAMES & FUN

### RENAISSANCE COURT BRIDGE CLUB

**Every Monday**

**1:30 p.m. – 4:00 p.m.**

**Facilitator: Larry Cohen**

Sign up for this thriving duplicate bridge club which attracts players of all levels. However, you must know the standard conventions of duplicate bridge. This is an ACBL sanctioned game. **Suggested Donation: \$6.00 per session. Registration is not required. This class is sponsored by the Friends of Renaissance Court Auxiliary.**

**No Session on: (7/4 & 9/5)**





## RENAISSANCE COURT

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### CHICAGO SENIOR CLOWN TROUPE CLASS

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Every 1st & 3rd Wednesday

12:00 p.m. - 2:00 pm

Facilitator: Karen Hoyer

Senior Clown: Elisha Walters

Laugh and have fun -- and learn to spread joy as a clown! Learn juggling, mime, puppetry, make up and costuming, gag writing, joke telling, magic, improvisation -- everything you need to become a clown. Our shows bring delight to all at monthly gigs in senior centers, nursing homes and other events. Drop in for an enjoyable afternoon -- stay to become a part of Chicago's funniest seniors! **FREE**

**Registration is not required.**

### LAUGH CLASS

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Every 1<sup>st</sup> & 3<sup>rd</sup> Fridays,

2:00 p.m. - 3:00 p.m.

Laughter is good for the soul and on Friday afternoons at R.C. you can get an EXTRA LARGE portion. During these sessions, participants share jokes and amusing stories for an hour of light-hearted fun. Bring a joke or two of your own. **Rebecca Leving** keeps the sessions rolling. **FREE. Registration is not required.**

### MAH JONGG FOR FUN

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Tuesdays,

10:00 a.m. – 2:00 p.m.

Asian – American tile game. Mah Jongg is fun and challenging. This group is for beginners and veteran players alike. Bring your game along if you have one. **This is not an instructor lead class. Registration is not required. FREE**

### SCRABBLE CLUB

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Every Wednesday, 1:30 p.m. - 4:00 p.m.

Hook up with your fellow Scrabble enthusiasts for open Scrabble play. Great place to practice for tournaments. **Registration is not required. FREE**

## HISTORY & HUMANITIES

### CONTEMPORARY WORLD HISTORY: OUR PAST & PRESENT

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Every 1<sup>st</sup> & 3<sup>rd</sup> Wednesday,

10:45 a.m. - 11:45 a.m.

Facilitator: Carol Holmes

Discover, explore, discuss and provide commentary to current and historical world events. **FREE Registration is not required.**

### CHICAGO HISTORY & PLACES

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Monthly, Tuesdays

11:30 a.m. – 1:00 p.m.

July 12, August 9 & September 13

Historian: Robert Smith

This slide presentation with lively discussions about the history of Chicago and surrounding places will amaze you and leave you speechless begging for more knowledge. Registration is not required. **Registration is not required. FREE**



### THE GEOGRAPHIC SOCIETY OF CHICAGO TRAVELOGUE SERIES

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Monthly Tuesdays,

Topics TBD

1:00 p.m. – 2:30 p.m.

This quarter we present three exceptional programs with our program partner The Geographic Society of Chicago. These presentations are **FREE. Registration is not required.**





## LITERATURE & WRITING

### CREATIVE WRITING

Every 2<sup>nd</sup> & 4<sup>th</sup>

Tuesday, 1:00 p.m. - 4:00 p.m.

Facilitator: Peter Gregory

Join this intelligent group of writers who meet to share their writing and get feedback to improve their craft. Bring a one-page story or poem to the session. This class is open to writers of all levels. **Registration is not required. FREE**

### RANDOLPH STREET BROWN BAG POETS

Every Thursday,

11:30 a.m. - 1:30 p.m.

For writers who seriously pursue their craft, we have a creative group of poets who meet weekly to read and critique each other's work. If you are unsure whether this group is for you, feel free to sit in on a session. We welcome newcomers. **FREE. Registration is not required.**

### IN MEMORIUM Brown Bag Poets' Beloved ETTA PINK

"Talk to me"

Why does it take so long to understand?  
You never told me what was bothering you.

How many times I asked you and even begged

One night I took hold of you and shook you.

Your answer was "leave me alone".

And so I did, I left you with your problem

If we had only talked

We might have resolved it

Or released you of this constant burden

You were getting no pleasure out of life.

Finally I have pieced your life back together.

But too late to help you

NOW, I UNDERSTAND!

Etta Pink 3/25/16

## CURSIVE HANDWRITING

Thursdays, July 14 – August 11

9:00 a.m. – 12:00 p.m.



Instructor: Sharon Johnson

English cursive writing was created to enhance the development of the written language.

Several cultures of the world practice writing their spoken language, such as; Bengali, Roman, Greek, German, Russian and Chinese.

Join in to continue the valuable link to the American culture and the English language.

**One - Time Suggested Donation: \$5.00**

**Registration is not required**

**This class is sponsored by the Friends of Renaissance Court Auxiliary.**

## THE SHAKESPEARE CIRCLE

Every 2<sup>nd</sup> Thursday

July 14, Aug 11 & Sept 8

12:00 p.m. – 2:00 p.m.

Facilitator: Phyllis Feuerstein

**Enemies\*\*** Every month let's indulge ourselves with discussion and Movies about Shakespeare's creation of enemies in three spellbinding dramas and be grateful we weren't the victims.

July 14

**Julius Caesar** in his dying moments discovers that his trusted friend **Marcus Brutus** has sided with his assassins.

August 11

**Othello** the Moor is betrayed

by **Iago** the ominous villain whose jealousy 'destroys /his mixed marriage/ military career and finally his life.

September 8

**Winter's Tale** -King Leontes wrongly believes his wife and best friends are lovers and becomes his own worst enemy by cruelly punishing both.



## RENAISSANCE COURT

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### **GeNARRATION – GOODMAN THEATRE STORYTELLING PROJECT**

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**Tuesdays, Beginning September 27**

**10:00 a.m. – 12:00 p.m.**

**Thursday, Beginning September 29**

**1:45 p.m. – 3:45 p.m.**

**Facilitator: Julie Ganey**

**Please call to Register FREE.**

### **ME, MYSELF, & I: TURNING MEMORIES INTO MEMOIRS**

**Wednesdays,**

**11:30 a.m. – 1:00 p.m.**

Think you are hopeless when it comes to writing? If you'd like to get your stories down on paper but think you can't write, this class is for you. Easy writing exercises will help beginners tell their stories of childhood, adventure, life's losses and triumphs. The class, taught by **Chicago author and NPR commentator Beth Finke**, is open to writers at all levels - from those who simply would like to start keeping personal journals to people interested in writing a memoir of their lives.. **FREE. Space is limited. Call to Register on July 7 Class Max – 18**

## MUSIC

### **RENAISSANCE COURT CHORUS**

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**Fridays,**

**1:15 p.m. - 3:15 p.m.**

**Musical Director: Tim Andrews**

**FREE Registration is not required**

### **ART of SURVIVAL & BEAUTY**

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**Every 3<sup>rd</sup> Thursday**

**2:30 p.m. – 4:30 p.m.**

**Facilitator: Tim Andrews**

This monthly series is about world change and the understanding of “nature” and “art”. We will listen to music, view video performances and examine how distant cultures communicate to

one another across time and space. **FREE.**

**Registration is not required**

### **TOPICS:**

**August 18**

**The Flat Earth & Alfred Russell Wallace**

**September 15**

**Spillover: Animals, Epidemics & Adoptions**

### **BROADWAY MUSICALS TREASURES**

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**Every 3 & 4<sup>th</sup> Thursdays,**

**July 21 & 28; Aug. 18 & 25; Sept. 15 & 22, 2016**

**2:30 p.m. – 4:00 p.m.**

**Facilitator: Robert Schwartz**

Come join us on this musical tour down memory lane with **Musical Historian Robert Schwartz**. You will view film and listen to famous musical scores while engaging in lively discussion.

**FREE.. Registration is not required**

### **JULY**

**21<sup>st</sup> – “Hello Dolly Part I**

**28<sup>th</sup> – “Hello Dolly Part II**

### **AUGUST**

**18<sup>th</sup> – “Fiddler on the Roof Part I**

**25<sup>th</sup> – Fiddler on the Roof Part II**

### **SEPTEMBER**

**15<sup>th</sup> – “Mame” Part I**

**22<sup>nd</sup> – “Mame” Part II**

## POTPOURRI

### **CONVERSATIONAL SPANISH**

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**Saturdays,**

**9:15 a.m. - 10:15 a.m. - Novice Level**

**Instructor: Dee Sampson**

**Suggested Donation: Novice: \$3.00 per**

**10:15 a.m. – 12:00 p.m. - Intermediate Level**

**Suggested Donation: \$6.00**

**Registration is not required**

**This class is sponsored by the Friends of Renaissance Court Auxiliary.**



## RENAISSANCE COURT

### CONVERSATIONAL FRENCH

Saturdays,

12:15 p.m. – 1:45 p.m.

Instructor: Nicole Lehman

Suggested Donation: \$4.00 per session.

Registration is not required. **This class is sponsored by the Friends of Renaissance Court Auxiliary.**

### BASIC PERSIAN FARSI

Tuesdays, July 12 – Sept 27

3:30 p.m. – 4:30 p.m.

Instructor: Majid Memar, PhD.

This class is for beginners to who would like to learn the basic language of Farsi Persian. We will start with listening, vocabulary and then move to sentence structure, writing and reading. Come have fun! **This FREE class is sponsored by the Friends of Renaissance Court Auxiliary.**

NEW

## SPECIAL PROGRAMS

### HEALTHY COOKING

Tuesdays, September 6 – Oct 11

10:30 a.m. – 12:30 p.m.

Facilitator: Chef Gloria

Chef Gloria will teach you how to cook on a budget while cooking for your health. Join the demonstration and lively discussion and of course the samples are best part of the show. Come early...seating is limited. **This FREE class is sponsored by the Friends of Renaissance Court Auxiliary.**

NEW

### LADIES & GENTS WHO LUNCH

If you like dining at the finest restaurants in Chicago, then join us for an elegant afternoon for lunch and great company. This social group meets every month to socialize, dine and voice their comments about the food and service via social media "Yelp". Membership is free, but the lunch and transportation is on you. If you are interested, please call us at

312/ 744-4550 to reserve your seat at the table.

### Restaurants

July - City Winery

August - Smith & Wollensky

September - Bub City

### AARP DRIVER SAFETY

Wednesday, September 7

Thursday, September 8

12:30 p.m. – 4:30 p.m.

Facilitator: Gloria Andrews

This approved course is facilitated by AARP trained and state approved instructors.

The course is presented in two, 4 hour classes. You must attend both classes to be eligible for the certificate. Class size is limited and registration is required. The cost of the class is **\$15 for AARP members and \$20 for non-members.** Please make all checks payable to AARP. Class fee can be paid on the first day of class.

- Must bring a valid driver's license
- Must bring your AARP membership card (if you are a member)
- Check or money order payable to AARP

**Call to register 312/744-4550.**

### ANNUAL TALENT SHOW

**"One Last Time"**

Friday, July 29

1:00 p.m. – 4:00 p.m.

Coordinator: Carol Holmes

Come join this great event...lavished with a dynamite cast of performers. Seats are limited at this FREE event, so plan accordingly.

Sponsored by the Friends of Renaissance Court Auxiliary.







RENAISSANCE COURT

## *"Legends of Jazz" at Andy's Jazz Club & Restaurant* *Thursday, August 25, 2016*



*Featuring the Legendary Joe Barr Soul Purpose Band*  
*10:30 a.m. Arrival*                      *1:00 p.m. Departure*

### *Menu: Choose One Entree*

*Andy's Burger with Salad or Homemade Fries*  
*Open Faced Blackened Catfish Sandwich w/ Salad or Cajun Curly Fries*  
*Teriyaki Chicken Stir Fry*  
*Penne Pasta Primavera*  
*Soft Drink & Triple Chocolate Brownie Bites*

*Contact your nearest Regional Center for more information.*

***\$35.00 Includes: Bus Transportation, Lunch & Concert***

*Make checks payable to the Auxiliary of the Northwest.*



Mayor Rahm Emanuel  
City of Chicago

Department of Family & Support Services  
Commissioner, Lisa Morrison - Butler



# Senior Fest 2016

at Millennium Park



**Chicago residents  
age 60 and better—  
Come and enjoy the fun!**

- Serendipity Performance
- Picnic Lunch
- Flu Shots/Health Screenings
- Senior Resource Fair
- Game and Art Area
- Dancing
- Raffle Prizes
- Bingo

**Thursday, September 15, 2016  
9:00 a.m. - 2:00 p.m.  
Millennium Park  
Michigan Avenue at Washington Street**

(Vehicles that are dropping off passengers should proceed to the park's north entrance on Randolph Drive between Michigan Avenue and Columbus Drive.)

Tickets are free and available by visiting any one of the City's 21 Senior Centers.  
For more information, call the Chicago Department of Family and Support Services,  
Area Agency on Aging at 312.744.4016.



City of Chicago  
Rahm Emanuel, Mayor



CHICAGO DEPARTMENT OF  
**FAMILY & SUPPORT SERVICES**  
Commissioner Lisa Morrison Butler  
BUILD • SUPPORT • EMPOWER



# EXHIBITING SOON:

### **Boruch Lev**

Boruch was born almost 60 years ago near Moscow in Russia. From the age of four, he was involved in art, particularly in sculpting. For several years, he used modeling clay to make animal and human sculptures. He attended the Moscow Civil Engineer Institute. Later, he worked as structural engineer at several architectural and engineering companies. In 1996, Boruch and his family immigrated to the United States. They settled in Atlanta, Georgia where he worked as a designer for an engineering company. In 2001, he found an engineering position in the Chicago area and moved his family to Skokie. The summer of 2002, he enrolled in Sheila Ottinger's class of figurative sculpture at the Evanston Art Center. From that time to the present, he is frequently in the sculpture studio in EAC. He does primarily realistic sculptures, loves portraits and enjoys the beauty of the human body. During the summer of 2006, Baruch worked as facilitator (sculpture class) with special needs children at Little City Foundation. That fall, he started working with adult artists. He has worked with seniors at the Presbyterian Home in Evanston and at the North Shore Senior Center in Northfield. He loves clay and feels it is his main medium. Baruch conducts private sculpture classes, "Clay Class," for children and adults.



### **Sueko Kawamura**

Sueko a long-time sculptor in the Evanston and Chicago area who has exhibited her work at several River North galleries, has a retrospective of her work in the Gallery. Sueko combines her Japanese background with her Chicago Art Institute training.

## Ali / Civil Rights (1960)

An exhibit by  
Anthony Porter

@ The Chicago Cultural  
Center, Dept. of Family &  
Support Services,  
Renaissance Court

78 East Washington St.  
Chicago, IL 60602  
312-744-4550



## Artist Statement

### Ali Civil Rights (the 1960's)

I was born and raised in Louisville Kentucky. I graduated from Central High School in 1971. My first memory as an artist, I was nearly 5 years old. Cowboys and Native Americans was my drawing theme. I used a brown paper bag from the grocery store, as my drawing surface. Over the years I develop a passion for drawing portraits. I find it challenging to capture the uniqueness and depth of one's individual face.

I received a full scholarship to attend the School of the Art Institute of Chicago, from 1971 to 1975, finishing with a B.F.A. degree. During my formative years at SAIC, I studied drawing and painting under Robert Levindahl, Paula Gerald, Besty Rubrecht and Roxie Tremonto. They were all great inspirations to me.

I viewed my art as both traditional and non-traditional portraits. Both portraiture are challenging and rewarding. The non-traditional portraits are inspirational, as I blend creative use of lines, shapes and silhouette into realistic portraiture. I am also a self-taught muralist. I have created and design several murals in the Chicago Public School system. I have worked primarily with student of various ethnic backgrounds to assist in painting these murals to help promote diversity and cultural awareness within their educational environment.