

PROTECT YOURSELF FROM RESPIRATORY ILLNESS THIS SEASON

Heading into fall and winter, when we typically see increases in viral respiratory infections, it is important that all Chicagoans stay up-to-date on vaccinations – including COVID-19, flu and RSV.



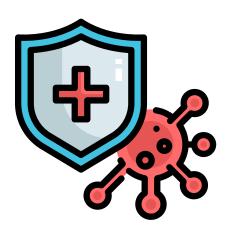
Who Should Get Vaccinated?

- Everyone 6 months and older should get a NEW updated COVID-19 vaccine.
- Everyone 6 months and older should get an annual flu shot.
- For adults age 60+, pregnant, or parents of an infant, check with your doctor to determine if an RSV vaccine is right for you or your child.

Where to find a COVID-19 vaccine? If you have... **PUBLIC INSURANCE PRIVATE INSURANCE NO INSURANCE** (MEDICARE, MEDICAID) Visit your pharmacy or Visit your pharmacy or doctor's doctor's office. Be sure to Select pharmacies offering vaccines office. Be sure to bring your though CDC Bridge Access Program. bring your insurance card, Medicare/Medicaid card, as the as the provider will need Visit vaccines.gov or vacunas.gov and provider will need to submit a to submit a claim to your check Bridge Access Program. claim to your insurer. insurer. **CDPH Immunization Clinics:** Visit vaccines.gov or Visit vaccines.gov or Walk-ins welcome, but registration vacunas.gov (Spanish) to vacunas.gov/ (Spanish) to find is highly encouraged. Register for an find a vaccine provider near a vaccine provider near you. appointment at getvaxchi.chicago.gov you. or by calling the clinic.



Where to find a COVID-19 vaccine? If you have		
PRIVATE INSURANCE	PUBLIC INSURANCE (MEDICARE, MEDICAID)	NO INSURANCE
		CDPH annual family COVID/flu vaccination clinics. Visit Chicago.gov/CovidVax for more info.
		Federally Qualified Health Centers (FQHCs) across Chicago. To find an FQHC with no cost vaccines, visit: findahealthcenter.hrsa.gov (call ahead to make sure they have vaccine) or call the City's Hotline at 312-746-4835.



More Ways To Stay Healthy

The best way to protect yourself and loved ones is to get vaccinated, but you can also take these simple everyday preventative actions.

- Wash your hands often
- · Avoid close contact with people who are sick
- Wear a mask in public if you are high risk for illness, or are sick
- If you are sick, stay home, and test yourself for COVID-19

