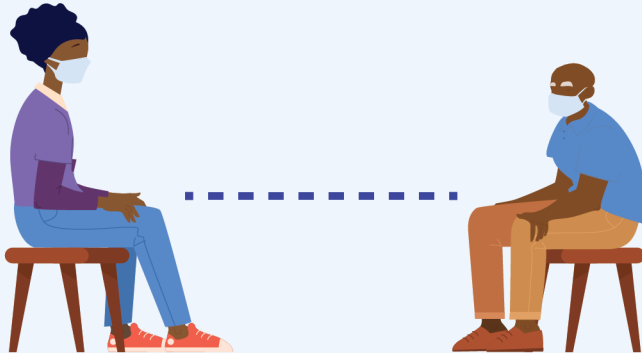


# TO PROTECT YOURSELF FROM RESPIRATORY ILLNESS THIS SEASON



Distance yourself from others when you are sick



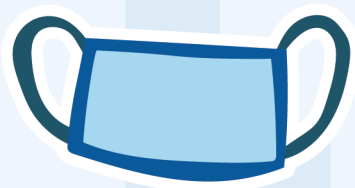
Stay up to date on vaccines



Cover your cough and use a tissue



Clean your hands



Wear a mask if you have symptoms

