

Ask Dr. Arwady

May 30, 2023

X Weekly COVID-19 cases per 100,000 population



CDC National Reports: COVID-19 New Hospital Admissions Rate per 100,000 in the Past Week, by County

- Some change to national data streams with the end of the public health emergency
- CDC has transitioned from COVID-19 Community Levels for each U.S. county to COVID-19 Hospital Admission Levels to inform and guide prevention decisions. More information can be found on the <u>CDC's</u> <u>website</u>.
- CDPH no longer directly receives hospital capacity data from Chicago hospitals. Hospitals are still required to report information about COVID-19, including data on bed capacity, availability, and occupancy, to federal agencies.



CDC Hospital Admission Level for Cook County is at LOW for most recent reported week – trending downward

Hospital Admission Level

3.3 New COVID-19 Admissions per 100,000

Admission Level for 2 Weeks Prior

3.8 New COVID-19 Admissions per 100,000

Other Metrics for Cook County*

1,583 Reported New COVID-19 Cases

30.01 Reported New Cases per 100,000

2 New COVID-19 Deaths

0.04 New Deaths per 100,000

See <u>CDC COVID Data Tracker: Maps by Geographic Area</u> for more details. Updated 5/6/23.

*Other metrics are estimates based on cases reported into the Illinois Electronic Disease Surveillance System (I-NEDSS)

Lab-confirmed COVID cases are low in the vast majority of K community areas – though some have increased recently

Average weekly case

rate for the past 2 weeks

Weekly Case Rate (per 100,000) <10 10-50 = 50-100-100-150 -150-200 ->200





Percent Change from 2 Weeks Prior

— < -20%	-20% to -5%	📥 -5% to 5%
<u> </u>	— > 20%	

Source:

Includes cases among Chicago residents reported into the Illinois Electronic Disease Surveillance System (I-NEDSS) with date of specimen collection up to 5/13/2023.

COVID hospitalization rates have largely decreased in the past two weeks, with a few exceptions

55



Source:

Includes cases among Chicago residents reported into the Illinois Electronic Disease Surveillance System (I-NEDSS) with date of specimen collection or admission date up to 5/13/2023.

SARS-CoV-2 spread is largely stable across all age groups and potentially decreasing overall

ensemble R(t) estimates (from cases, ED visits, and admissions)



*The effective reproductive number R(t) is the average number of secondary infected persons resulting from an infected person. If R(t) > 1, the number of infected persons is expected to increase. If R(t) < 1, the number of infected persons is expected to decrease. At R(t) = 1, the number of infected persons will remain constant.

COVID-19 hospital admissions are currently expected to remain relatively stable or decrease over the next few weeks



Chicago Lab-Based Early Alert Signals <u>remain unchanged</u> from the previous week

	Thresholds			Chicago Current
Indicator	Low Concern	Medium Concern	High Concern	Values Week of 5/17
SARS-CoV-2 variant assessment, Chicago (combines log growth rate and VOC designation)	Stable lineage proportions, no VOC/VOHC	Variant or lineage increasing, no VOC/VOHC	Variant rapidly increasing, or VOC/VOHC	Medium (Last week: Medium)
Average wastewater score among sampled sites, Chicago (combines viral concentration and trend)	< 2	2-3	> 3	Low (Last week: Low)

Variants/subvariants currently increasing in prevalence locally (As of 5/17/2023)

XBB.1.5

- Sublineage of XBB with additional mutations that conferred increased transmissibility. Emerged quickly starting in the US Northeast and overtook other circulating lineages.
- RIPHL Logistic growth rate 5/17/2023: 0.046 per day; Doubling time 15 days (low)

XBB.1.5.1

- Sublineage of XBB.1.5 containing one additional amino acid mutation in spike.
- RIPHL Logistic growth rate 5/17/2023: 0.025 per day; Doubling time 27 days (low)

XBB.1.9.1

- Sublineage of XBB with similar mutation profile to XBB.1.5.
- RIPHL Logistic growth rate 5/17/2023: 0.034 per day; Doubling time 21 days (low)

XBB.1.16

- Sublineage of XBB containing three additional mutations in spike. Emerged and rapidly rose in frequency in India.
- RIPHL Logistic growth rate 5/17/2023: 0.083 per day; Doubling time 8.4 days (med)

Emerging VOC: Variant of Concern. VOHC: Variant of High Consequence.

Current SARS-CoV-2 sublineage growth rates indicate a **MEDIUM** concern level

	Low	Medium	High
	Concern	Concern	Concern
SARS-CoV-2	Relatively stable lineage proportions for ~2 weeks (i.e. no lineage with log growth rate >0.05)	A variant or sublineage increasing in relative prevalence locally (log growth rate 0.05-0.13)	A variant or sublineage rapidly increasing in relative prevalence locally (log growth rate >0.13)
variant concern assessment	AND	OR	OR
	No VOHC designated.	A VOHC designated or	A VOHC designated or
	No 'particularly concerning' VOC	'particularly concerning' VOC	'particularly concerning' VOC
	detected anywhere in the world.	detected somewhere.	detected in the United States.

Variant Surveillance, Midwest Region Weighted and Nowcast Estimates

*





It's ALL Still OMICRON

Lineage #	%Total
XBB.1.5	68.1%
XBB.1.16	14.4%
XBB.1.9.1	7.7%
XBB.1.9.2	3.4%
XBB.1.5.1	3.3%
XBB.2.3	2.3%
FD.2	0.2%
CH.1.1	0.2%
BQ.1.1	0.2%
XBB	0.1%

Omicron sub lineages XBB.1.5, and XBB.1.9.1are increasing locally (Delta, BA.1, and BA.5 logistic growth rates for comparison, as of 5/17/2023)



Week since >1% Prevalence

Wastewater: Current SARS-CoV-2 viral concentration levels and growth trends indicate a LOW concern level

	Low Concern	Medium Concern	High Concern
The average wastewater metric score among the sites that are sampled, as determined by the viral concentration and trend	< 2	2-3	> 3
This week	1.0		

Methodology: The wastewater concern level is adjusted based on the trend in the four weeks of data, where an upward trend can move the site into a higher concern category, etc.

SARS-CoV-2 wastewater metric demonstrate a LOW concern level compared to higher concentration levels in the previous weeks



LOW SARS-CoV-2 risk levels were detected from all treatment plants and the Lakeview – Uptown, Little Village, Lincoln Park – Near North side, and Austin – Monteclare sewer sites. MEDIUM risk levels were detected from all other sewer sites.



SARS-CoV-2 wastewater metric indicates a LOW concern this week

- The average wastewater metric score for this week was 1.0 (last week metric score: 1.3)
- Several sites fell in the medium concern category
 - Norwood/Jefferson Park
 - Chicago Lawn/Ashburn
 - Chatham
 - Roseland/West Pullman
- The low concern metric score indicates decreased community transmission in Chicago.

\star The question for vaccine experts ahead of this fall:

- For 3.5 years, the virus has continued mutating (hundreds of mutations)
 - Humans are on approximately our third round of designing a vaccine to keep up with this change

Do we make the switch from the current Blvalent vaccine: Original SARS-Co-V-2 plus Omicron BA.5

To (for example)

One protective against Omicron XBB.1 alone?

★ Looking ahead to potential fall COVID vaccine

- In June, scientific expert meetings (FDA and CDC) to make recommendations on fall vaccine composition
 - WHO technical advisory group on COVID-19 Vaccine Composition: meeting every 6 months to recommend either maintaining current vaccine composition or considering update
 - WHO group met May 11-12
 - Currently approved vaccines continue to provide substantial protection against severe disease and death.
 - Notwithstanding protection against severe disease, protection against symptomatic disease is limited and less durable. New formulations of vaccines needed to improve protection against symptomatic disease.
 - XBB lineage is most likely where SARS-Cov-2 variants will come from in the new term
 - Advise moving away from inclusion of index virus in future formulations of vaccines
 - Index virus and closely related variants no longer circulate in humans
 - Including the original/index virus reduces concentration of new target antigen- perhaps less immune response.
- Current vaccine: Bivalent (two variants at once)
- Next one: perhaps spike protein of XBB.1 lineage of Omicron variant
 - Currently, XBB.1 descendant lineages currently predominate globally (XBB.1.5, XBB.1.16, XBB.1.9)
 - XBB.1.5 are highly immune evasive—immune escape from neutralizing antibodies
 - One approach is monovalent XBB.1 descendant linage such as XBB.1.5





https://nextstrain.org/ncov/gisaid/global/6m



NEVER HAD A COVID-19 VACCINE? Now, One Shot Gets You The Best Protection!

The updated bivalent vaccine is now available to anyone 6 months and older, including those who were not previously vaccinated.



FIND YOUR VACCINE AT: Chi.gov/covidvax



GET YOUR BIVALENT COVID-19 VACCINE TODAY AND BREATHE EASIER KNOWING YOU HAVE THE STRONGEST PROTECTION!



YOU MAY BENEFIT BY GETTING AN ADDITIONAL BIVALENT BOOSTER NOW!

- If you're 65+ years old, and it's been 4 months or more since your last COVID-19 vaccine.
- if you're immunocompromised, and it's been 2 months since your last COVID-19 vaccine.







DAY 1-5 Stay home: • Everyone - regardless of vaccination status - should stay home and away from others (isolate).	DAV 6 OR LATER	DAY 6-10 Wear a mask: • If you take 2 antigen tests 48 hours apart and both are negative, you may remove your mask sooner
People at high risk for severe illness: Talk to your doctor about treatment	 End isolation: If you never had symptoms OR symptoms are improving and are fever-free for 24 hours. 	 Avoid people at high risk of getting very sick





Find testing resources and the latest guidance at chicago.gov/covidtest



VAX & PAX lovid



If you're at high risk for severe illness, vaccines are your best protection against COVID-19. But if you do test positive, TREATMENTS ARE AVAILABLE.

PAXLOVID, for example, is an oral antiviral therapy for the treatment of mild to moderate COVID-19.





Individuals ages 12 and up who are at high risk of developing severe illness,

are eligible.

Ask a healthcare provider if medications to treat COVID-19 are right for you.



More info at: Chi.gov/therapeutics



Continues to operate Saturday and Sunday 8am-6:30pm **GET YOUR UPDATED**

In-home vaccination is available to all Chicago households at no cost. Up to 10 people can be vaccinated, so invite your family, friends, or neighbors to get vaccinated together.



TO REGISTER FOR AN APPOINTMENT Call **312.746.4835** or visit or **Chicago.gov/Athome**



Need help and don't know where to turn?





Need a vaccine or a booster? Have questions?

visit CHI.GOV/COVIDVAX

or call **312-746-4835**







Mpox Update

May 30, 2023

Chicago Mpox (Monkeypox) Case Summary



Data last updated 5/29/2023. Counts include cases with specimen collections through 5/24/2023 to account for reporting lags. Data are updated on Mondays and Thursdays at 2:00p.m., except for City holidays. All data are provisional and subject to change.

Cumulative Cases	Cumulative Hospitalizations	Cumulative Deaths
1,153	78	3

Mpox (Monkeypox) Cases Diagnosed in Chicago Residents, by Week



Chicago.gov/mpox

Chicago Mpox (Monkeypox) Vaccination Summary

Data last updated: 5/29/2023. Counts include doses administered through 5/20/2023.

Data are updated on Mondays at 2:00 p.m., except for City holidays. All data are provisional and subject to change....

Cumulative Doses	Cumulative First Doses	Cumulative Second Doses
48,563	29,692	18,871

Doses of Mpox (Monkeypox) Vaccine Administered to Chicagoans, by Week

Dose Number •1 •2



Chicago.gov/mpox



CDPH MPOX UPDATE: WEEK ENDING MAY 20





IT'S NOT OVER. PROTECT YOURSELF.

Anyone can get mpox through close, personal contact with someone who has symptoms of mpox. However, data suggests the virus has primarily spread through close-knit social networks of gay, bisexual, and other same gender-loving men through intimate contact.



- Direct contact with infected skin rash, lesions, scabs, or body fluids
- > Respiratory droplets during prolonged, face-to-face contact or during intimate physical contact, such as kissing, cuddling, or sex
- > Contact with clothing, linens, towels, or other materials contaminated by infectious rash or body fluids

K GET VACCINATED! (TWO DOSES OF JYNNEOS) AND...

Take the following steps to prevent getting mpox:

- Ask your health provider about mpox vaccine. More info at chicago.gov/mpox.
- Avoid close skin-to-skin contact with people who have a rash that looks like mpox.
 - Do not touch the rash or scabs of someone with mpox.
 - Do not kiss, hug, cuddle, or have sex with someone who has mpox.

- Avoid contact with objects and materials that a person with mpox has used.
 - Do not share food, drinks, or eating utensils with someone with mpox.
 - Do not handle or touch the bedding, towels, or clothing of someone with mpox.
- Wash your hands often with soap and water or use an alcohol-based hand sanitizer.



Evaluate the level of risk when making plans or deciding to attend events:

- Having sex or other intimate contact with multiple or anonymous people, such as those met through dating apps or on social media, increases your risk of exposure.
- Clubs, raves, saunas, sex parties, and other events may also increase your risk of exposure, especially if people are wearing less clothing.



Call your healthcare provider if you show symptoms or need to be evaluated or tested for mpox. If you don't have a doctor or insurance, contact HIV/STI Resource Hub at 844.482.4040/hivhub.org or visit FindAHealthCenter.hrsa.gov for free or low-cost care.

While the overall risk of mpox remains low, see a healthcare provider if you develop symptoms

• Spread is primarily through skin-to-skin contact with rash/lesions. Highest risk of spread is through sex and other intimate contacts in social networks

If you have a new or unexplained rash:

- Visit a healthcare provider or call
- 312-746-4835 to get connected to care
- Remind your provider that MPV is in the community
- Avoid sex or being intimate with anyone until you've been checked out

Visual Examples of Monkeypox Rash



Photo Credit: NHS England High Consequence Infectious Disease







IT'S NOT OVER. PROTECT YOURSELF

Mpox is serious AND preventable. You can easily get your vaccine now.

Ask your health provider about mpox testing and vaccine. For more information, visit chicago.gov/mpox.

- People who may be exposed to Mpox should receive 2 vaccine doses.
- You're not fully vaccinated unless you've gotten 2 doses of the vaccine.
- You can get vaccinated at CDPH's STI Specialty Clinics, as well as many healthcare providers across Chicago.
- Go to Chicago.gov/Mpox for more information.



THE CHICAGO DON'T LET ANYTHING STAND IN THE WAY OF YOUR DODUCTOR DODUCT

Get the facts on monkeypox, STIs, and HIV right now.

→ CHICAGO.GOV/MONKEYPOX → CHICAGO.GOV/HIV-STI



PRIDE > MIEDO

NO DEJES QUE NADA SE INTERPONGA EN EL CAMINO DE TU PRIDE.





Questions about Mpox?

Mpox (Monkeypox) Data Dashboard: www.chicago.gov/mpox

HIV/STI Resource Hub (LGBTQ+ call center) at <u>844-482-4040</u>

or the CDPH Call Center at 312-746-4835