

# Ask Dr. Arwady

June 23, 2022

**PROUD  
OUT  
LOUD**

 **CHICAGO**  
MAYOR LORI E. LIGHTFOOT







June 13, 2022

Mayor Lightfoot and the Chicago Department of Public Health Announce Expansion of Citywide Mental Health Network  
Mental health services available to all Chicagoans regardless of insurance, immigration status, or ability to pay

[MentalHealth.Chicago.gov](https://MentalHealth.Chicago.gov)





Presents: Community Documentary Screening

Thursday, June 23  
5:30pm Doors  
6:30pm Screening  
Fellowship Church Chicago  
4543 S. Princeton



## Community Partners



FELLOWSHIP  
CHICAGO  
FELLOWSHIP MISSIONARY BAPTIST CHURCH  
EST. 1950



HEALTH CARE COUNCIL  
*of Chicago*





# MONKEYPOX UPDATES



Visual Examples of Monkeypox Rash



## MONKEYPOX HEALTH ADVISORY

## WHAT YOU SHOULD KNOW ABOUT MONKEYPOX:

- **Monkeypox is spread through close contact**, such as touching someone's rash and sores, sharing bedding or towels, or respiratory droplets (kissing, coughing, sneezing).
- **Common symptoms:** Rash or unusual sores on face, body, and genitals, fever, chills, head or muscle aches, or swelling of lymph nodes.
- **Avoid close contact** (touching sores, kissing, sex) with anyone who has a rash or symptoms of monkeypox.

*If you or a close contact (from last 21 days) have been exposed or have symptoms you should see a healthcare provider (remind them monkeypox is circulating), cover rash/sores, wear a mask, and avoid close contact with others. If you don't feel well or have an unusual rash or sores, take a break from sex and going out to bars, gyms, clubs, and other events.*



FOR MORE INFO, VISIT  
[CHI.GOV/MONKEYPOX](https://chi.gov/monkeypox)



# Monkeypox (MPX) is rare and doesn't spread easily without close contact

- Rare, viral infection
- Symptoms typically include flu-like illness and a rash that can look like pimples or blisters; some people only have a rash
- Spread can occur from person to person by:
  - Skin-to-skin contact with a rash, sores, or body fluids
  - Respiratory secretions during ***prolonged*** face-to-face or intimate contact, such as kissing, cuddling, or sex
  - Touching items such as clothing or linens that previously touched a rash or body fluids
- Anyone can be infected with MPX



# While the overall risk is low, see a healthcare provider if you develop symptoms

- As of 6/22, a total of 23 Chicagoans have been diagnosed with MPX
  - Most, but not all, have been in gay, bisexual, or MSM
  - It's not clear how people were initially exposed, but spread occurs through tight-knit social networks
- If you have a new or unexplained rash:
  - Visit a healthcare provider or call 312-746-4835 to get connected to care
  - Remind your provider that MPX is in the community
  - Avoid sex or being intimate with anyone until you've been checked out

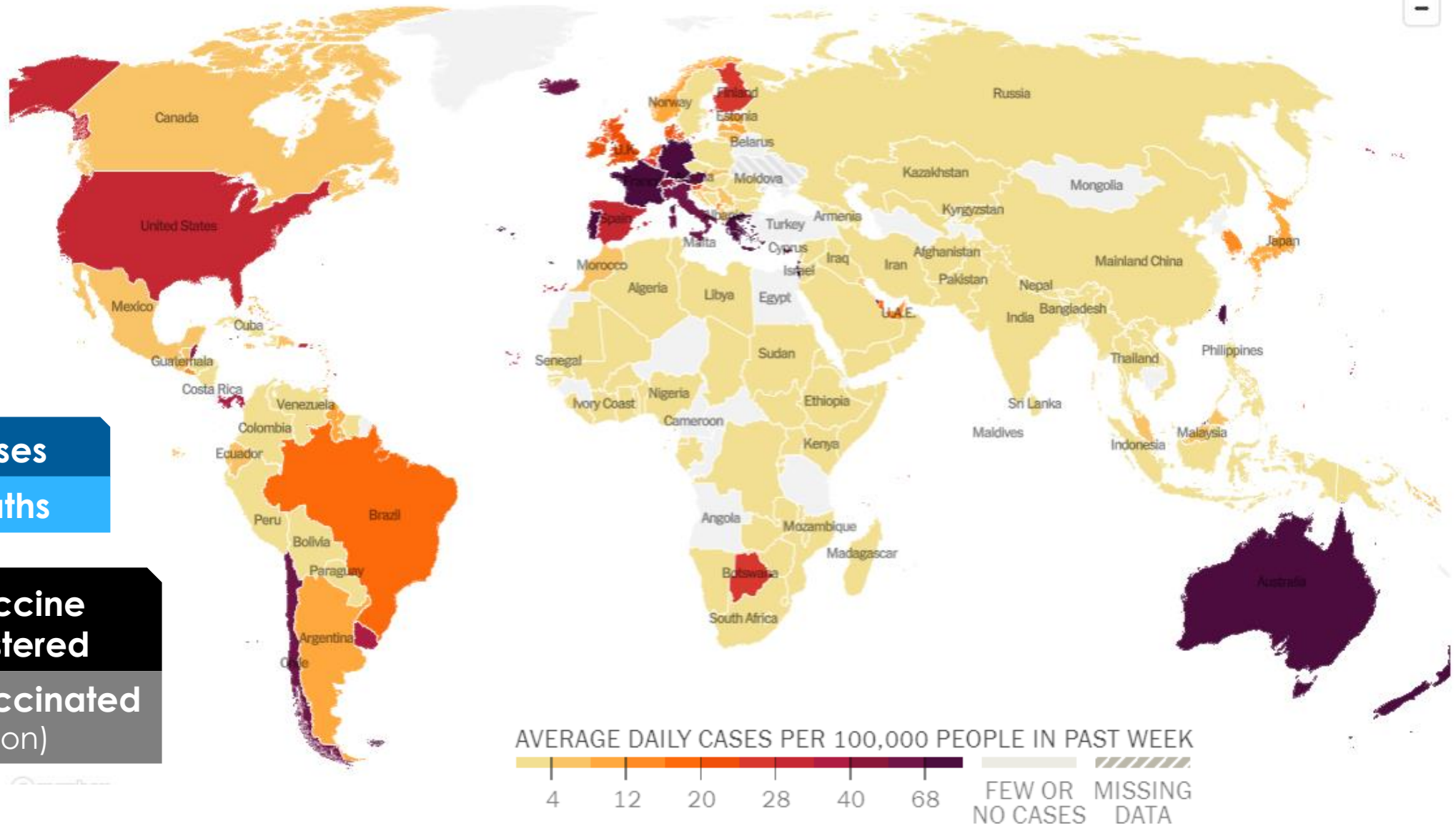


# Average daily COVID-19 cases per 100,000 population

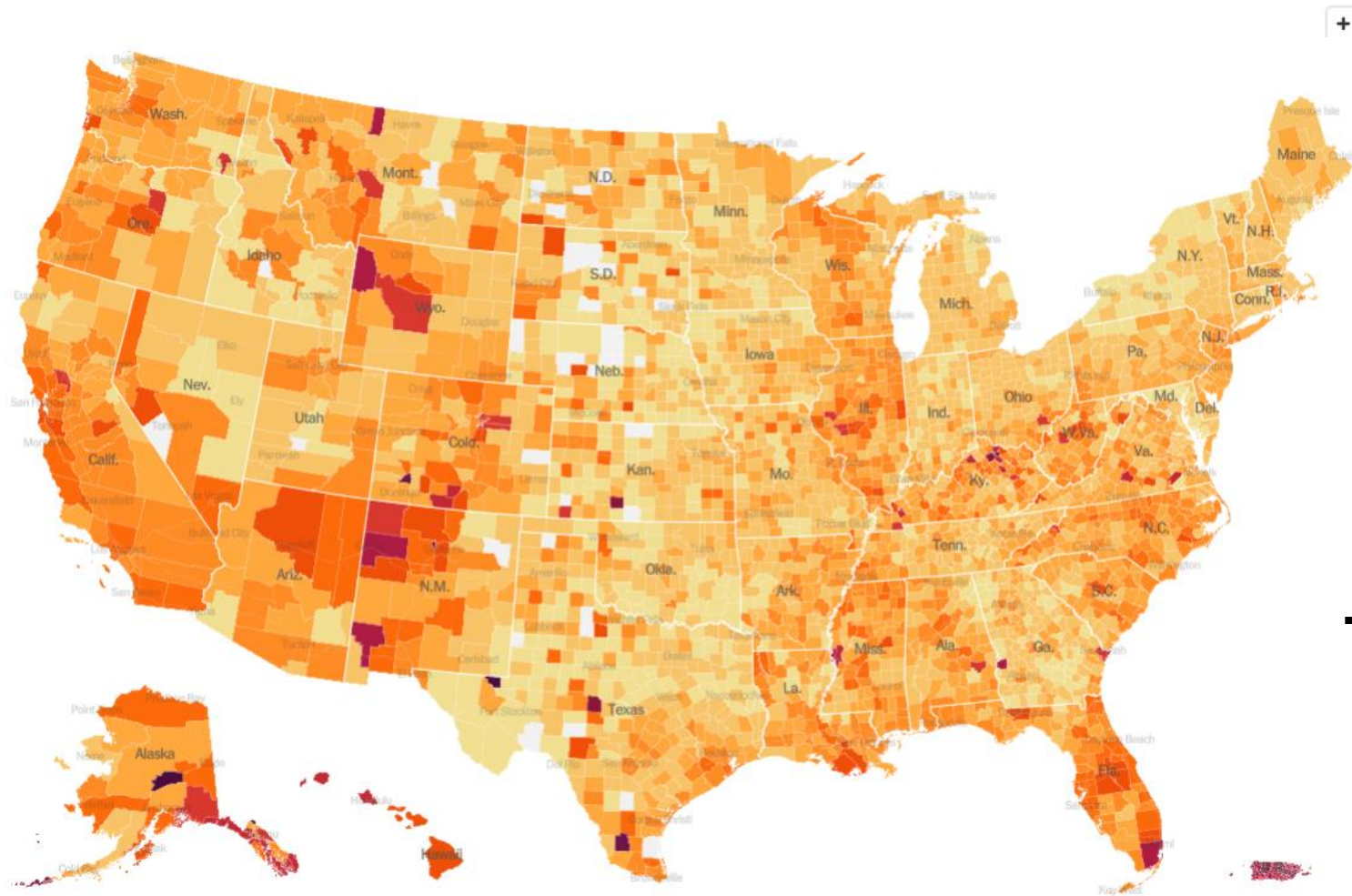


**540 Million Cases**  
**6.3 Million Deaths**

**11.9 Billion Vaccine  
Doses Administered**  
**5.22 Billion Vaccinated**  
(68% of population)



# Average daily COVID-19 cases per 100,000 population



## Vaccinations

	At least one dose	Fully vaccinated
All ages	78%	67%
5 and up	83%	71%
65 and up	95%	91%

### National currently:

**29** diagnosed daily cases per 100,000 people

### Illinois currently:

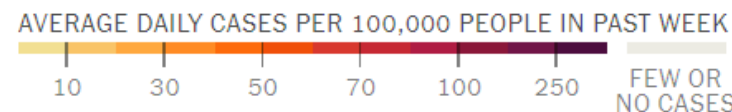
**32** diagnosed daily cases per 100,000 people

### Chicago currently:

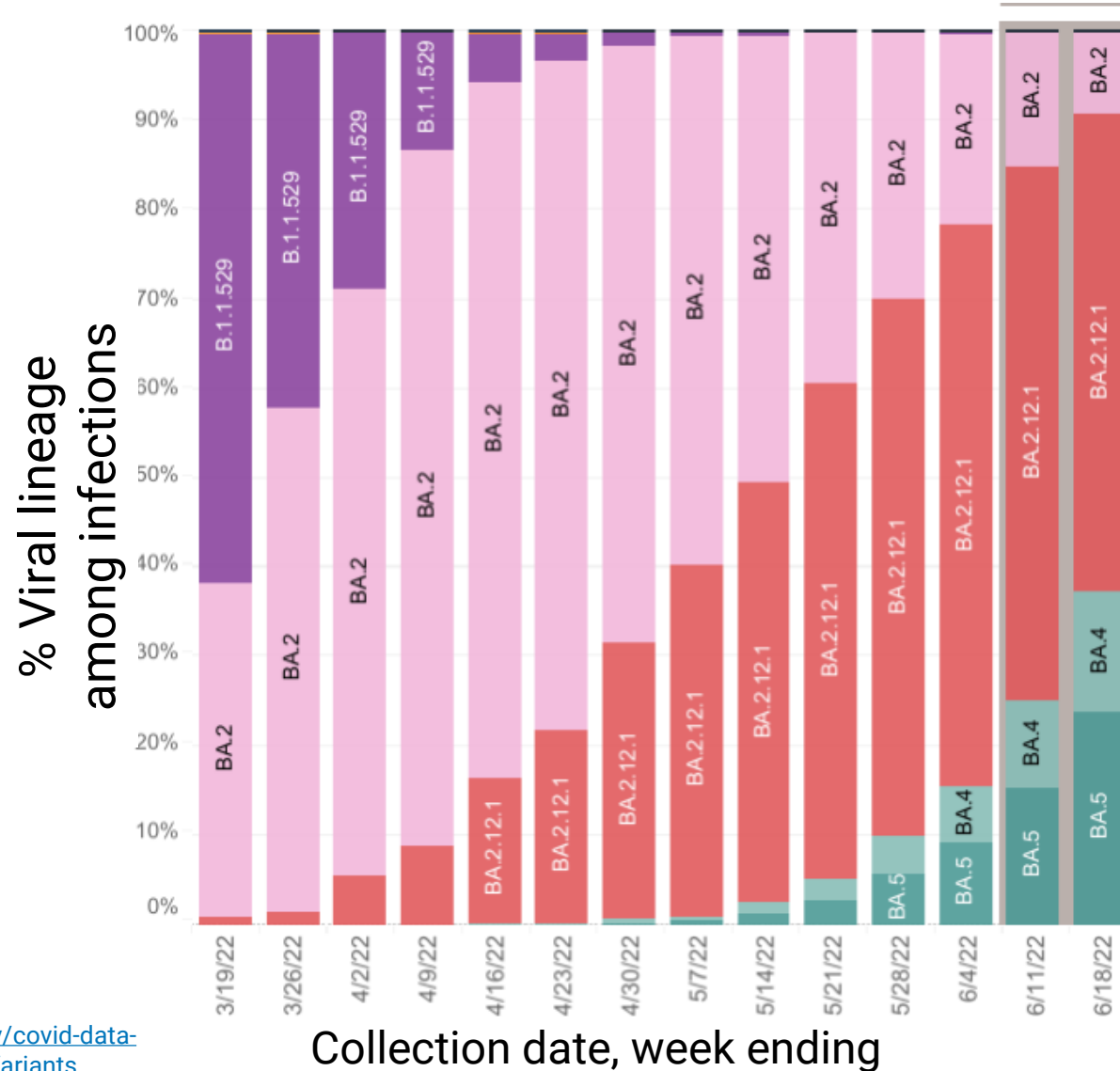
**25** diagnosed daily cases per 100,000 people

**86.3 Million Cumulative Cases**

**1 Million Cumulative Deaths**



# Variant Surveillance, Midwest Region: Continued evolution of more infectious Omicron subvariants



***It's ALL OMICRON***

**BA.2.12.1 (53.4%)**

**BA.5 (23.7%)**

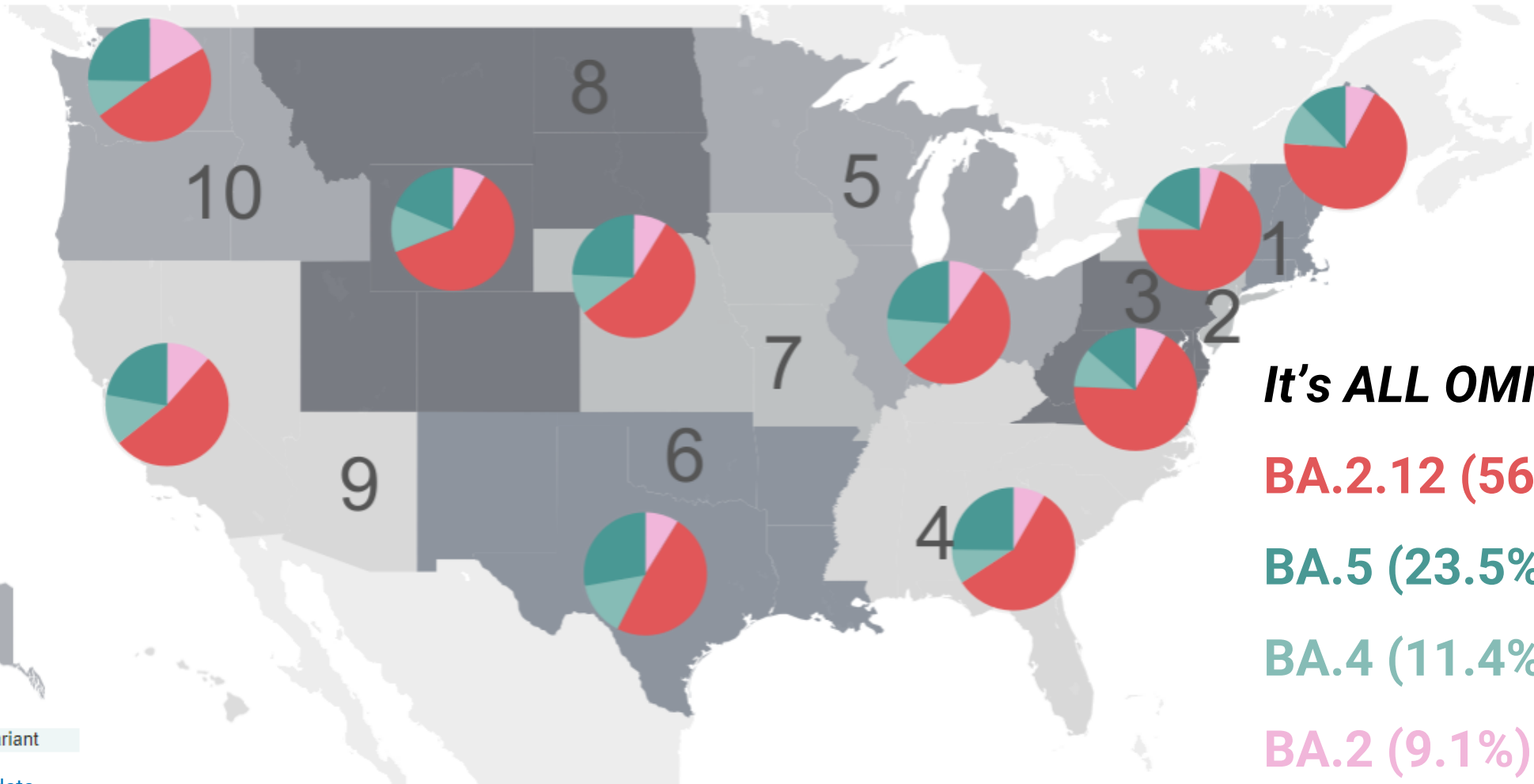
**BA.4 (13.5%)**

**BA.2 (9.4%)**



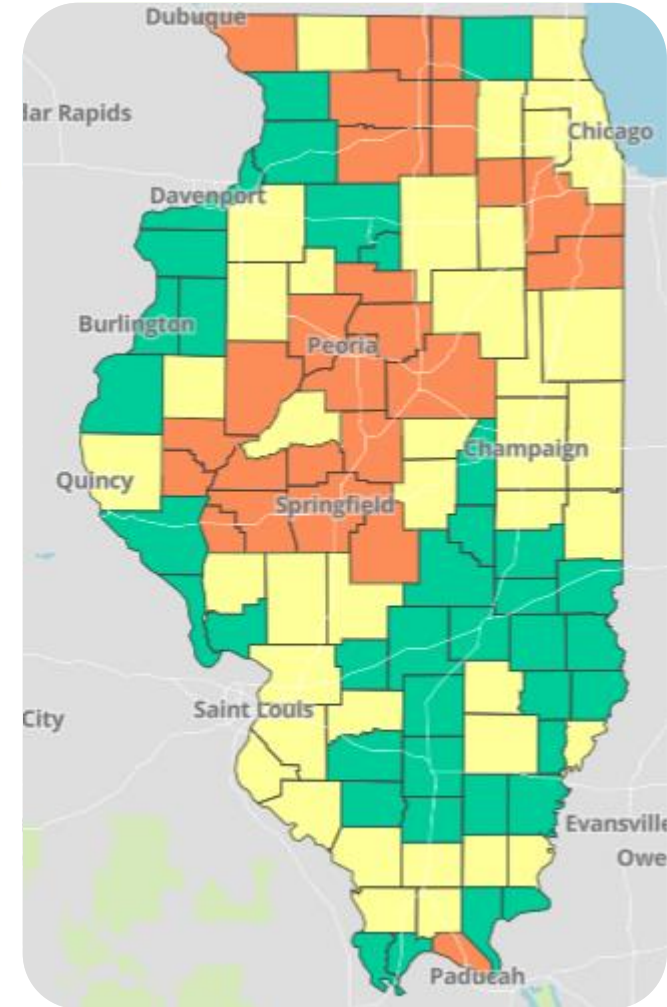
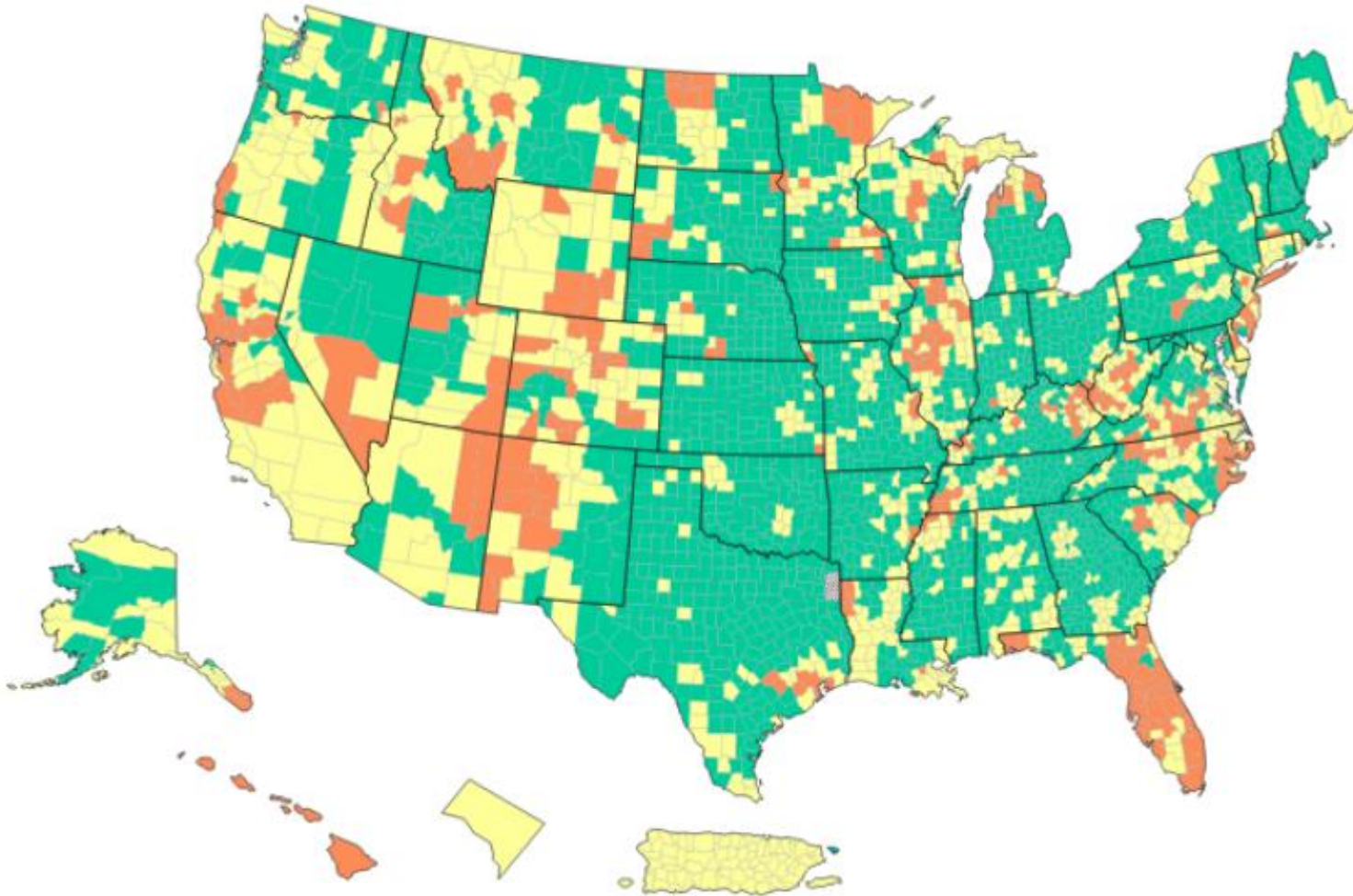
# SARS-CoV-2 Variant Surveillance, United States

United States: 6/12/2022 – 6/18/2022 NOWCAST



Highlight Variant

**This week, 40% of U.S. Counties report High or Medium COVID Community Level. Cook County moved from High to Medium level as of last Thursday, June 16.**



According to CDC data as of 6/16/22,  
**Chicago's COVID-19  
community level is**

**MEDIUM**



**MASKS ARE STILL  
STRONGLY  
RECOMMENDED  
INDOORS**





## Our local risk based on CDC COVID-19 Community Levels is:

# Medium

	New cases per 100,000 population (last 7 days) <i>[Goal is &lt;200]</i>	New admissions per 100,000 population (last 7 days) <i>[Goal is &lt;10]</i>	Percent of staffed inpatient beds occupied by COVID-19 patients (last 7 days) <i>[Goal is &lt;10%]</i>
City of Chicago	222	3.5	3.6%
Cook County (including City of Chicago)	221	9.8	3.5%

*Chicago metrics are calculated based on Chicago-level data.*

*Cook County metrics are calculated by the CDC and posted on the [CDC Community Levels website](https://www.cdc.gov/communitylevels/).*

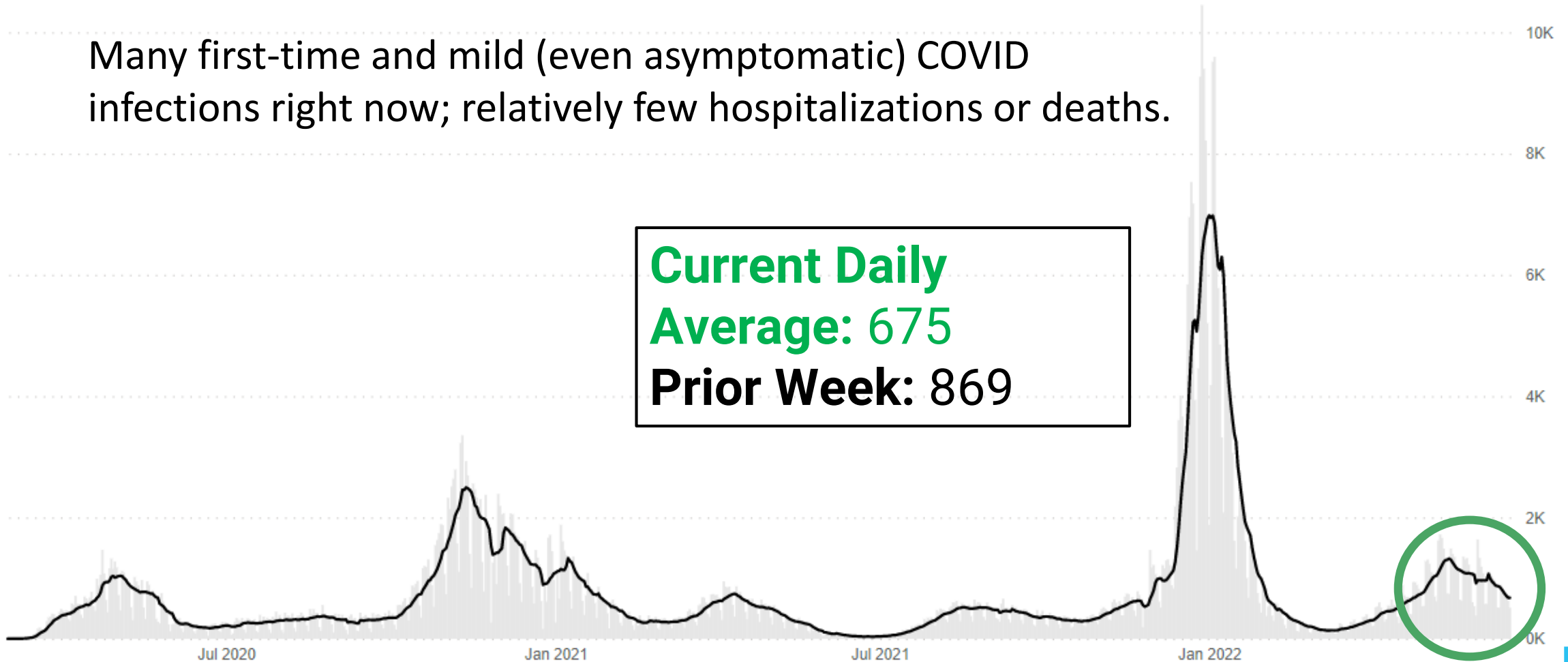
*Data current as of 6/16/2022.*



# Chicago: Starting to see decrease in COVID-19 cases

Many first-time and mild (even asymptomatic) COVID infections right now; relatively few hospitalizations or deaths.

**Current Daily  
Average: 675  
Prior Week: 869**



# ★ Let's talk about test positivity



## TESTS PERFORMED

7,668 ▼

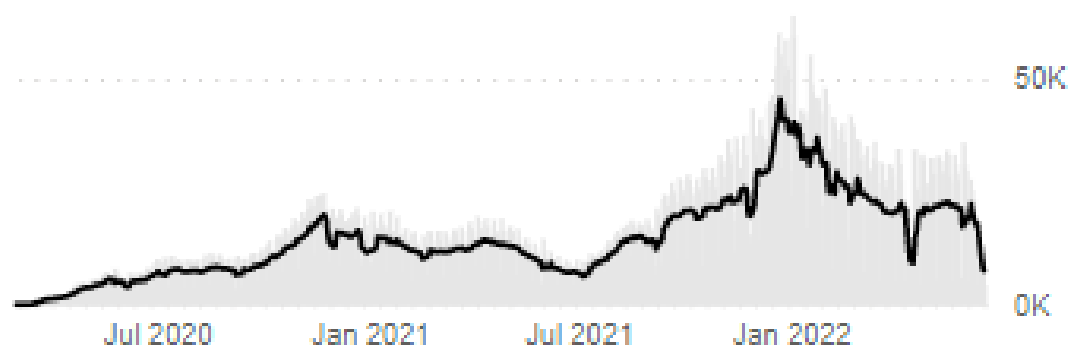
Current daily avg

17,850 (-57%)

Prior week

12,241,622

Cumulative



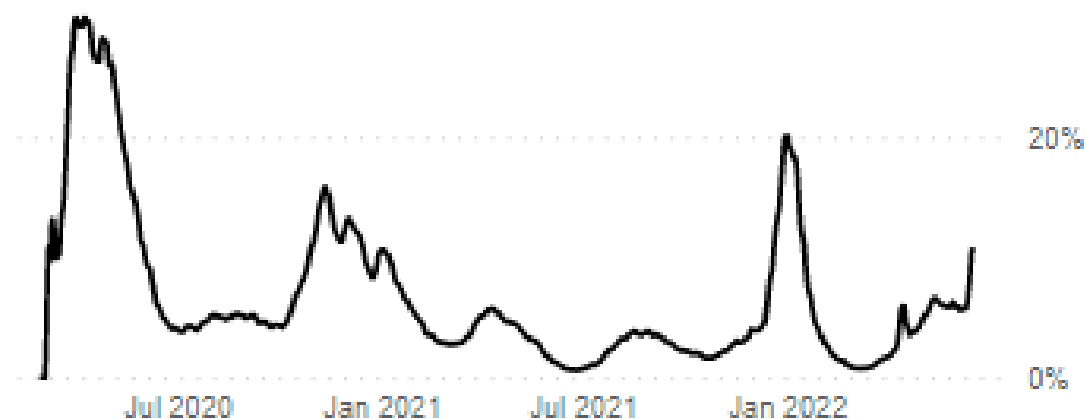
## POSITIVITY RATE

10.6% ▲

Current daily avg

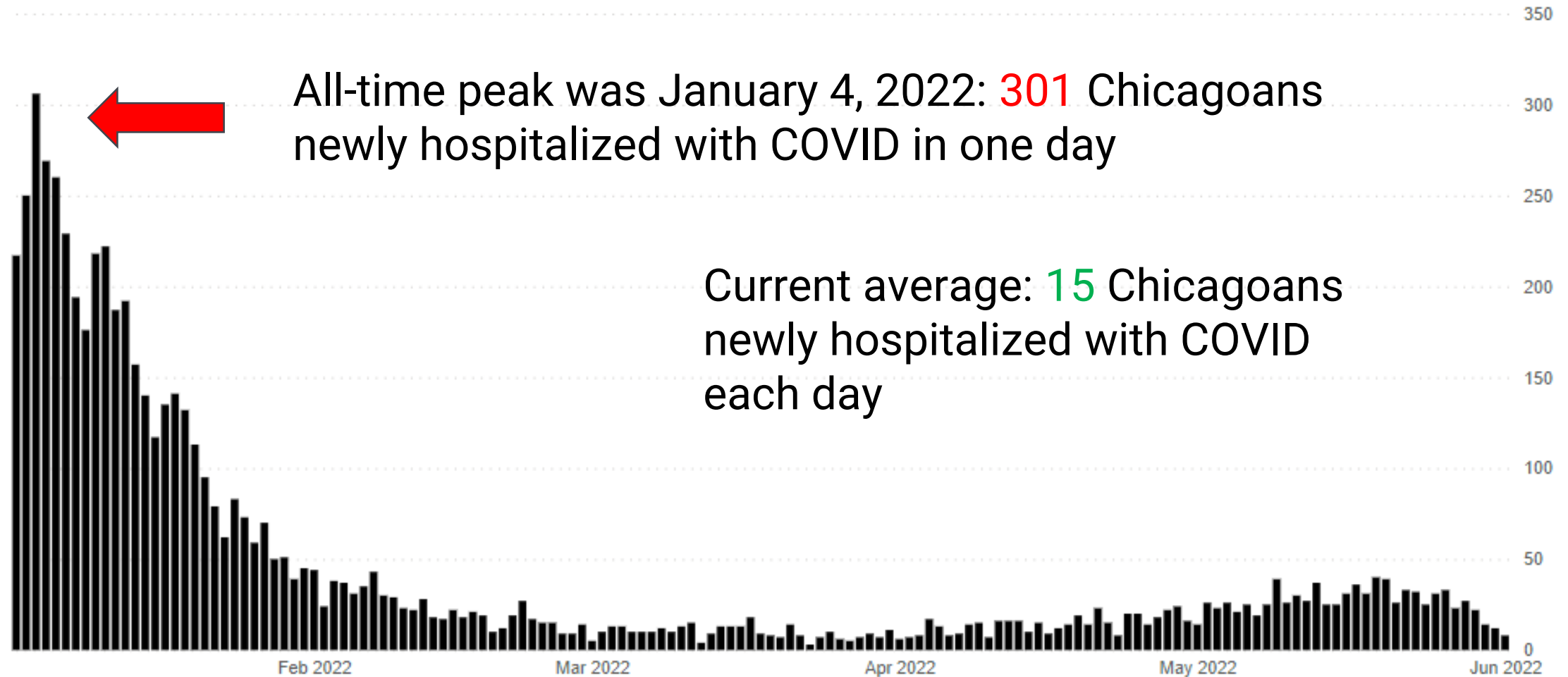
5.8%

Prior week





**Good news:** Chicago COVID-19 **hospitalizations** have risen slightly since early April, but remain near historic lows for pandemic overall

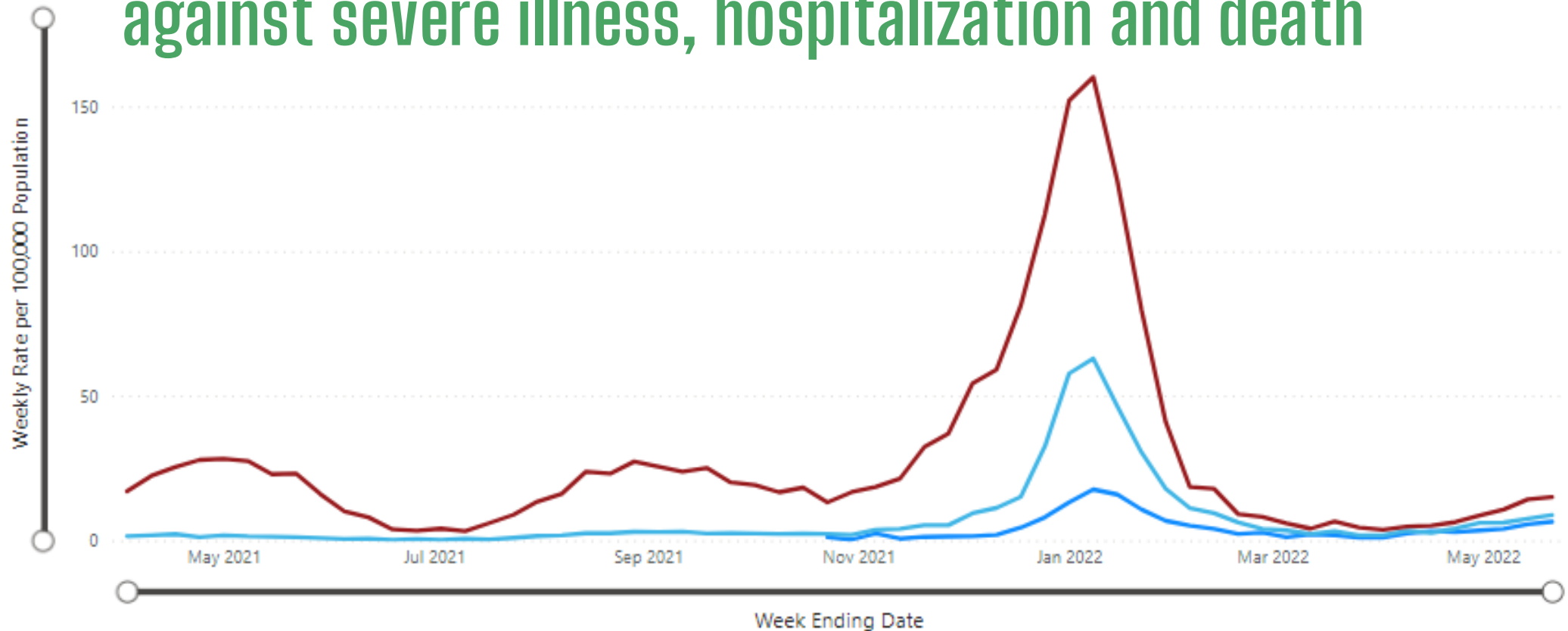


**Great news:** Since March, fewer Chicagoans dying with COVID-19 than at **any** point in the pandemic. Today, we are averaging fewer than 3 Chicagoans dying from COVID-19 *per week*.



Question: Why should I get my booster dose now?

Answer: Because they **WORK** and provide extra protection against severe illness, hospitalization and death



Since the Omicron variant became dominant in Chicago, unvaccinated people had a

**2.2X**

higher risk of being hospitalized with COVID-19 compared to fully vaccinated people

Since the Omicron variant became dominant in Chicago, unvaccinated people had a

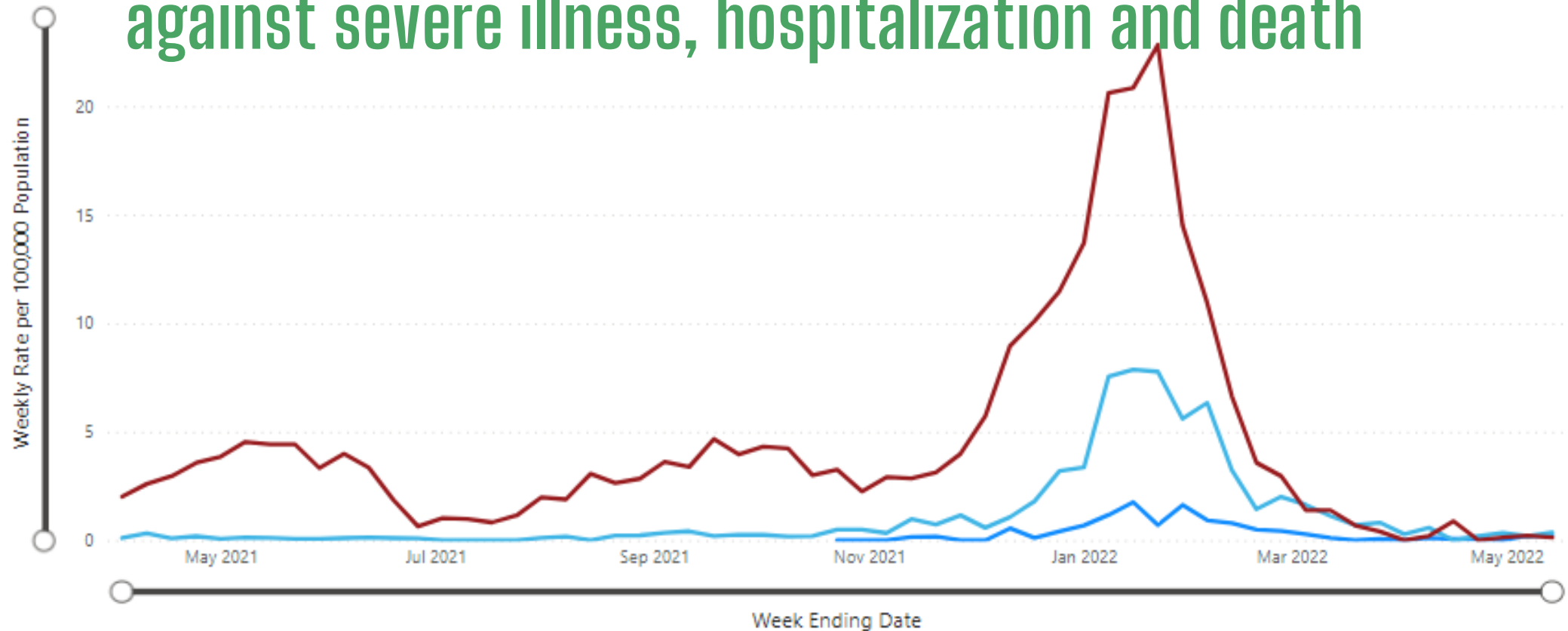
**3.9X**

higher risk of being hospitalized with COVID-19 compared to people who were boosted



Question: Why should I get my booster dose now?

Answer: Because they **WORK** and provide extra protection against severe illness, hospitalization and death



Since the Omicron variant became dominant in Chicago, unvaccinated people had a

**2.6X**

higher risk of dying from COVID-19 compared to fully vaccinated people

Since the Omicron variant became dominant in Chicago, unvaccinated people had a

**6.5X**

higher risk of dying from COVID-19 compared to people who were boosted



## WHEN SHOULD I GET MY **FIRST BOOSTER DOSE?**

FDA and CDC  
authorized  
boosters for 5-  
11y/o

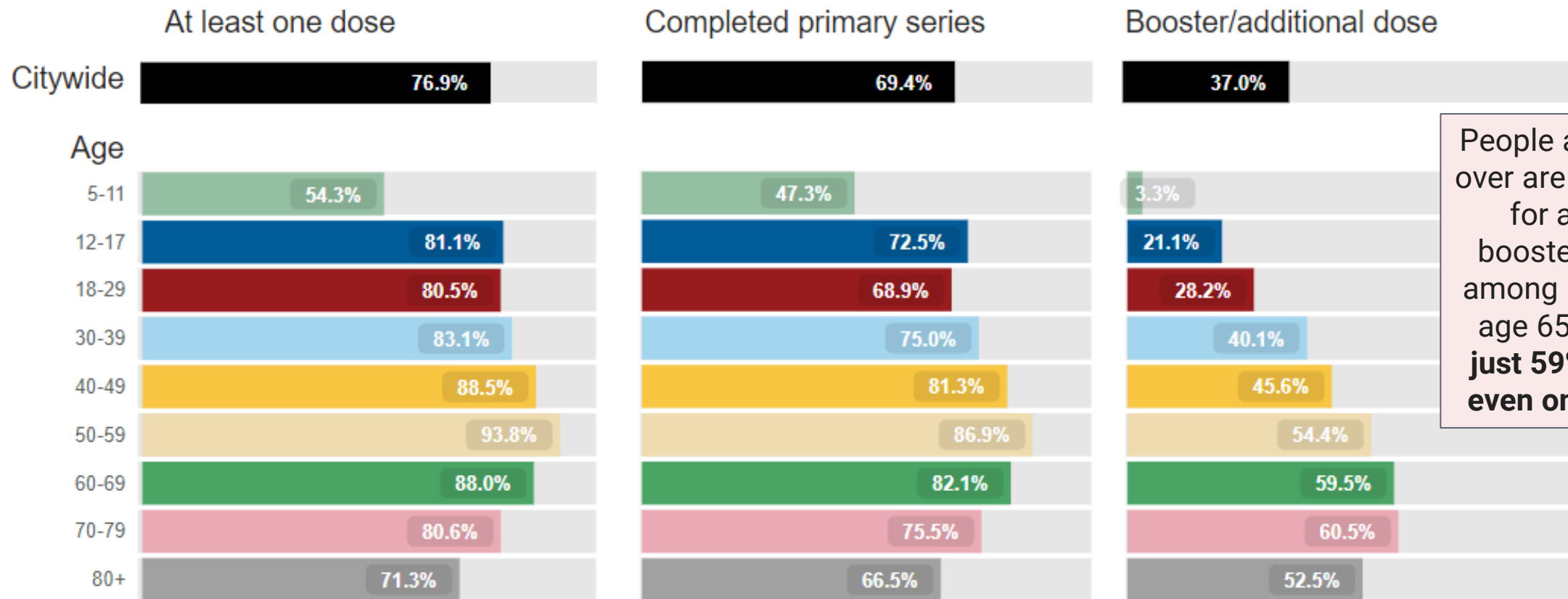
- Anyone **5y+** should get boosted:
  - 5 months after your initial Pfizer (12+) or Moderna (18+) series
  - 2 months after your initial J&J (18+) vaccination

## WHEN SHOULD I GET MY **SECOND BOOSTER DOSE?**

- The following groups **should get a second mRNA booster** 4 months after their first booster dose:
  - Any adult 50+
  - Individuals 12+ who are moderately or severely immunocompromised

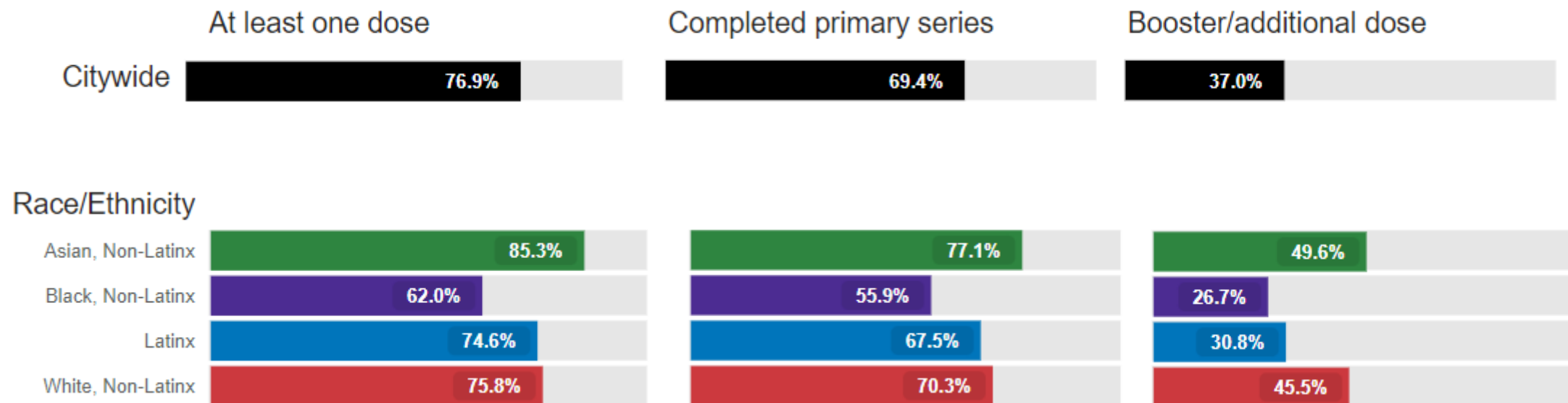


**While 76% of Chicagoans age 12 and up have completed their primary COVID-19 vaccine series, just 42% have also had the recommended vaccine booster**—despite recommendations that everyone age 12 and over receive a booster five months after completing the primary vaccine series



People aged 50 and over are also eligible for a second booster, but even among Chicagoans age 65 and older, **just 59% have had even one booster.**

# Chicago Vaccination by Race/Ethnicity



Data current as of June 21, 2022

<https://www.chicago.gov/city/en/sites/covid19-vaccine/home/vaccination-data-at-a-glance.html>





# COVID-19 VACCINES FOR CHILDREN UNDER 5 ARE HERE.



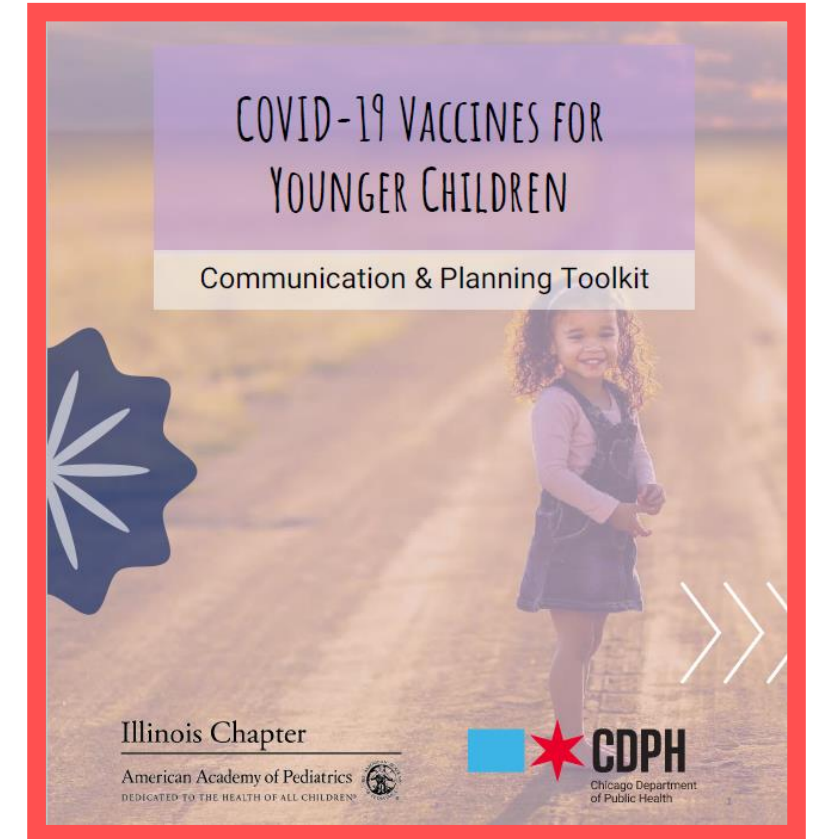
**LEARN MORE**  
[CHICAGO.GOV/UNDER5VAX](https://chicago.gov/under5vax)

# CDPH co-leading provider education opportunities for vaccinating kids under 5

2-part webinar series with IDPH and CDPH in anticipation of vax under 5 approval




I-VAC is a statewide, provider-focused program to support the expansion of COVID vax administration into routine patient care workflows. Free bi-weekly Learning Collaborative Sessions led by ECHO-Chicago.



Communications and Planning Toolkit for providers made in partnership with Illinois Chapter American Academy of Pediatrics








# The COVID-19 Vaccine for Under 5 Marketing Campaign




## SHOULD MY KID UNDER 5 GET THE COVID-19 VACCINE?

### YOUR DECISION IMPACTS THEIR HEALTH. SO BE INFORMED.

-  The COVID-19 vaccine has been specifically designed for little ones ages 6 months through 4 years.
-  Pediatricians have been involved in the development of the vaccine every step of the way.
-  The vaccine is new but the technology is well established, having been studied for more than 20 years.
-  The vaccine is like a substitute teacher. It comes in to teach our bodies how to fight the COVID-19 virus and then leaves.

 Protect your little one. Get your child vaccinated today. To learn more, visit [Chicago.gov/Under5Vax](https://chicago.gov/Under5Vax) or call 312-746-4835.

 **CHICAGO**  
Department of Public Health

# Reaching Parents of Children Under 5 via Trusted Advisors



Video:




[Chicago.gov/under5vax](https://chicago.gov/under5vax)






\* An official website of the City of Chicago [Here's how you know](#) \*

 CHICAGO

CHICAGO.GOV [Select Language](#) ▼

[HOME](#) [FIND A VACCINE](#) ▼



**THE HARDEST PART  
IS BEHIND YOU**

**THE VACCINE FOR KIDS  
UNDER 5 IS HERE**

[SCHEDULE VACCINATION](#)

[LEARN ABOUT VACCINE](#)

Dr. David Trotter with his 1-year-old daughter

★ ★ ★ ★

**NOT SURE ABOUT VACCINATING YOUR CHILD?**

Find out everything you need to know about the COVID-19 vaccine for kids under 5 before you do

[Chicago.gov/under5vax](https://chicago.gov/under5vax)



Age Group	Series How many shots, and when?	Dosage Compared to adult dose	Booster Dose Are boosters recommended?
<b>Pfizer</b>			
6 months - 4 years	3-shot series: 2 doses, 3 weeks apart, followed by a 3rd at least 2 months later	One-tenth	Not at this time
5 - 11 years	2-shot series: 2 doses, 3 weeks apart	One-third	Yes, at least 5 months after second shot
12 - 17 years	2-shot series: 2 doses, 3 weeks apart	Equal	Yes, at least 5 months after second shot



# moderna<sup>®</sup>

Age Group	Series How many shots, and when?	Dosage Compared to adult dose	Booster Dose Are boosters recommended?
<b>Moderna</b>			
6 months - 5 years	2-shot series: 2 doses, 4 weeks apart	One-quarter	Not at this time
6 - 11 years	2-shot series: 2 doses, 4 weeks apart	One-half	Not at this time
12 - 17 years	2-shot series: 2 doses, 4 weeks apart	Equal	Not at this time



## UNDER 5 VAX LOCATIONS

There are many ways for children under 5 to get vaccinated. Clinics may offer Pfizer, Moderna, or both:

**Family health care providers**

**CDPH-sponsored community events**

**Family vaccination clinics at  
City Colleges of Chicago**

**Standing CDPH  
immunization clinics**

**In your own home with  
Protect Chicago At Home**

**CPS' regional vaccination clinics  
and mobile vaccination events**

**Arturo Velasquez Institute in  
partnership with Alivio  
Medical Center**

**Blue Cross and Blue Shield of  
Illinois (BCBSIL) Blue Door  
Neighborhood Center sites**

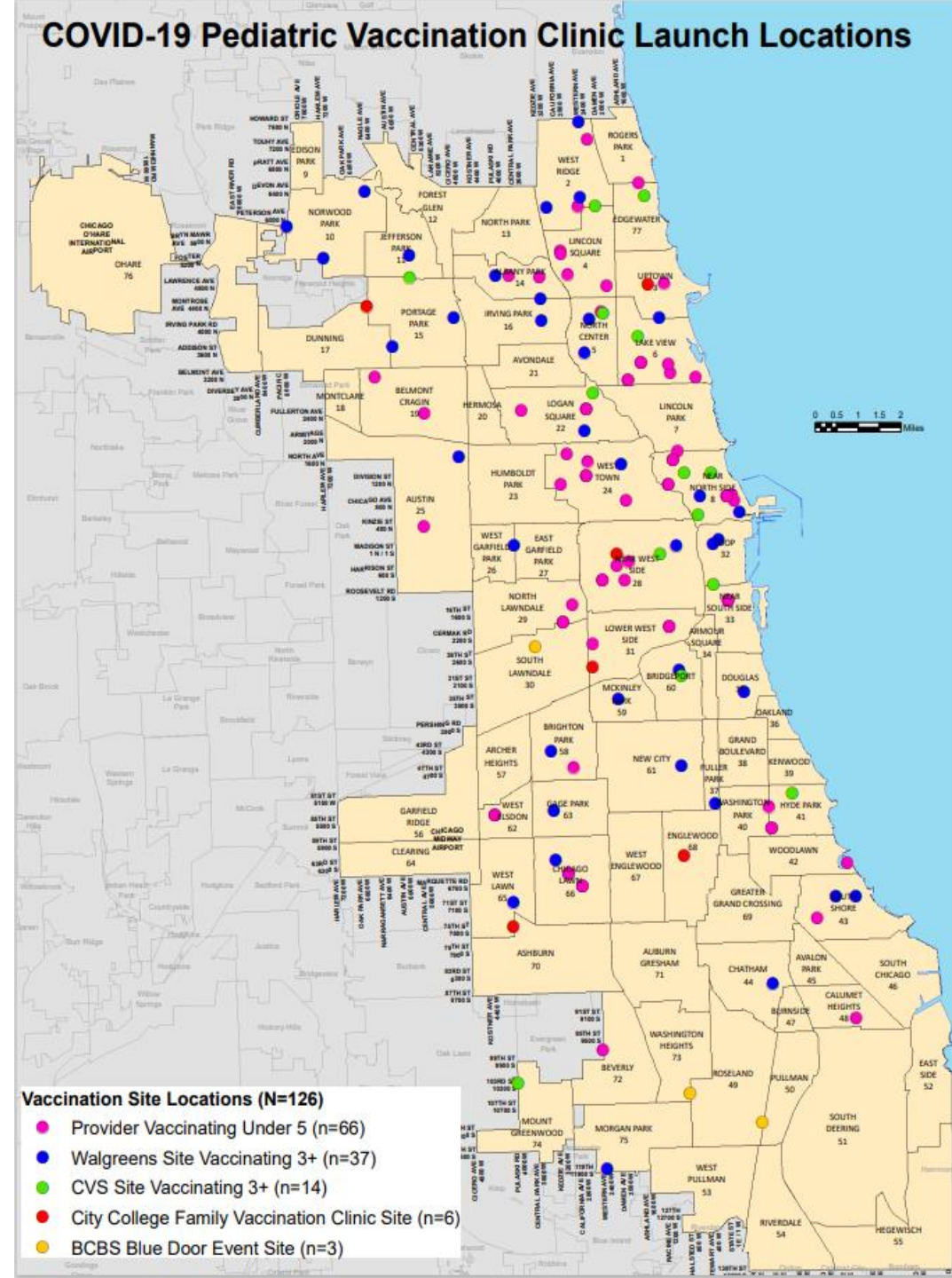
**Select Children's hospitals**

**Find more info:  
[CHICAGO.GOV/UNDER5VAX](https://chicago.gov/under5vax)**



# Pediatric Vaccine Launch Plan

- Over 200 providers have indicated they will be vaccinating children under 5 years
- 31,000 pediatric doses allocated to Chicago for initial launch
- 46 providers (~20,000 doses) received vaccines on Monday, June 20<sup>th</sup>
  - FQHCs, hospital clinics, private providers
- Remaining doses (11,000) will deliver the week of June 27<sup>th</sup>
- Pharmacies (Walgreens & CVS) received allocation from the Federal Program





# Pediatric Vaccination Locations

- **Family Health Care Providers** (*product will vary by clinic*)
- **Some Pharmacies (Walgreens/CVS)** – vaccinating 3 years+ (*product will vary per store*)
- **Family Vaccination Clinics at City Colleges of Chicago** (*both Pfizer & Moderna*)
- **CDPH FastTrack Clinics** (*both Pfizer & Moderna*)
  - UpTown WIC (845 W Wilson Ave)
  - Greater Lawn WIC (4150 W 55<sup>th</sup> St)
- **PC At Home Program** (*Pfizer Only*)
- **CPS Regional Clinics/Mobile school-based events** (resume in July)



# FAMILY COVID VACCINE CLINICS

ADULT / PEDIATRIC VACCINE DOSES & BOOSTERS AVAILABLE

**SATURDAYS • 9AM - 2PM**

## KENNEDY-KING COLLEGE

6301 S Halsted St

June 25 / July 12 / August 20

## WILBUR WRIGHT COLLEGE

4300 N Narragansett Ave

July 2 / July 30 / August 27

## RICHARD J. DALEY COLLEGE

7500 S Pulaski Rd

July 2 / July 30 / August 27

## TRUMAN COLLEGE

1145 W. Wilson Ave

July 9 / August 6 / September 3

## MALCOLM X COLLEGE

1900 W Jackson Blvd

July 9 / August 6 / September 3

**Open to all Chicagoans 6M+. Registration recommended.  
Walk-ins accommodated as space allows.**

Pfizer and Moderna vaccines offered for children age 6 months through 4 years,

# ★ Pediatric Vaccination Locations

- **BCBS BlueDoor Neighborhood Centers**

- Hubs where the community can learn, connect and focus on their whole person health – which includes tackling the physical, mental, environmental and social factors that can impact wellbeing
- Pediatric & COVID-19 vaccines starting on Tuesday, June 28<sup>th</sup> at three locations:

Pullman Center (756 E. 111 St.)  
Morgan Park (11840 S. Marshfield Ave)  
South Lawndale (2551 W. Cermak Road)

(both Pfizer & Moderna)

We're Making a Difference  
in Pullman!

We are happy to welcome our visitors for in-person programming! Stay up to date with our [Events and Activities](#) or visit the [video library](#) to watch our free, on-demand virtual classes.





# GET VAXXED AT HOME!

- Anyone age 6 months and older can get a COVID-19 vaccine at home
- Pfizer pediatric, adult and boosters doses available
- Up to 10 people can get vaccinated at the same time
- Appointments: Saturday-Tuesday, 8:00 am to 6:30 pm



## Through July 31, 2022

Chicago residents of certain zip codes are eligible to receive a **\$50 gift card** for each dose of primary vaccine administered. *(1st and 2nd dose only for ages 5+)*

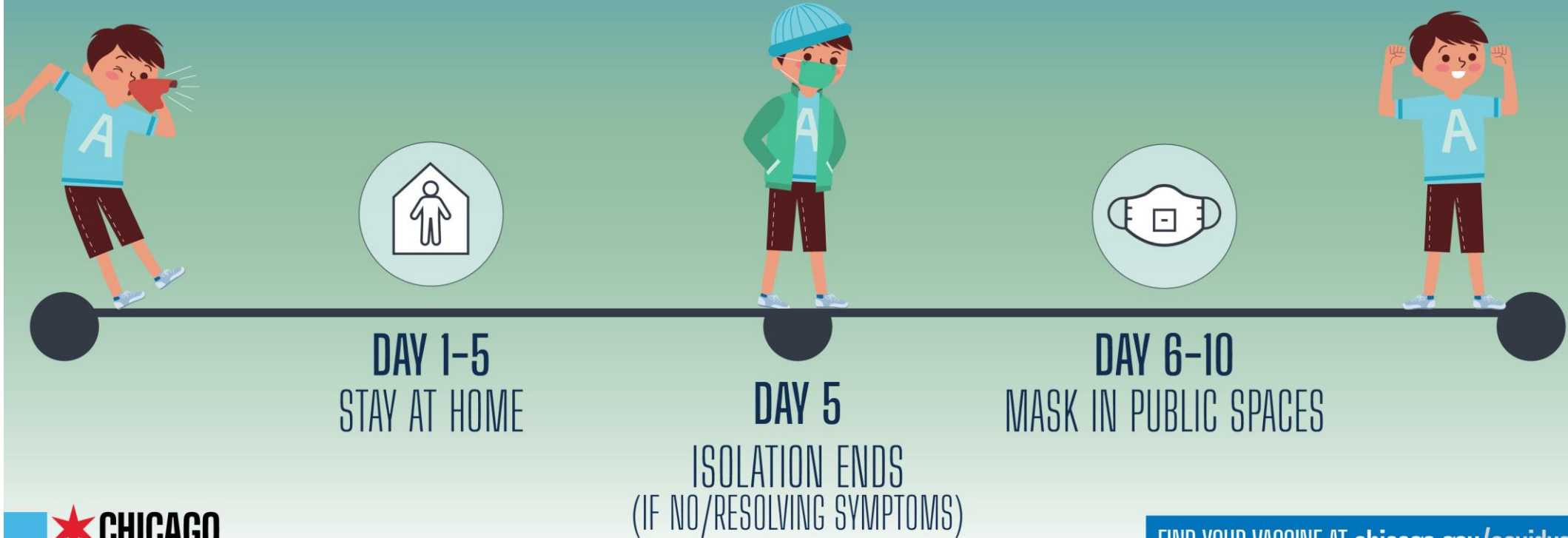
## ELIGIBLE CHICAGO ZIP CODES

60608, 60612, 60617, 60619, 60620,  
60621, 60624, 60628, 60633, 60636  
60637, 60644, 60649, 60651,  
60653, 60707, 60827

**FOR APPOINTMENTS:** [CHICAGO.GOV/ATHOME](https://chicago.gov/athome) • 312-746-4835

# REMEMBER: IF YOU CATCH COVID-19

Regardless of vaccination status, stay home for 5 days. If your symptoms are resolving or gone by Day 5, you can leave your house but *you must continue to mask* while around others for Days 6-10.





# How to get your FREE at-home COVID-19 tests

**1**

**VISIT [COVIDtests.gov](https://COVIDtests.gov)**

**2**

**Enter contact and shipping info**

**3**

**Review and place your order**

**3<sup>rd</sup> round of  
free at home  
COVID tests  
available!**

Need a vaccine or a booster? Have questions?

visit **CHI.GOV/COVIDVAX**

or call **312-746-4835**



**PROTECT**  
CHICAGO ★