Chicago’s COVID-19 Travel Advisory: all states except Vermont
Increased risk: Chicago’s travel advisory for unvaccinated updated to align with CDC guidance

IF YOU ARE UNVACCINATED and traveling to a high-risk state:

Before you travel
- Get tested 1-3 days before your trip.

While you are traveling
- By law, regardless of vaccination status, you are required to wear a mask over your nose and mouth on public transportation nationwide.
- Wear a mask in indoor public settings; socially distance; wash hands frequently.

After you travel
- Get tested 3-5 days after travel AND stay home and self-quarantine for a full 7 days after travel.
  - Even if you test negative, stay home and self-quarantine for the full 7 days.
  - If you don’t get tested, stay home and self-quarantine for 10 days after travel.
- Avoid being around people who are at increased risk for severe illness for 14 days after travel, whether you get tested or not.
- Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.
### Chicago COVID-19 Community Transmission and Risk Matrix

<table>
<thead>
<tr>
<th></th>
<th>Very High Transmission</th>
<th>High Transmission</th>
<th>Substantial Transmission</th>
<th>Lower Transmission</th>
<th>Controlled Transmission</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>COVID-19 CASES</strong></td>
<td>800+</td>
<td>400 – 799</td>
<td>200 – 399</td>
<td>20 – 199</td>
<td>=20</td>
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<tr>
<td>Diagnosed Per Day</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Chicago residents - 7-day rolling daily average</td>
<td></td>
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<tr>
<td><strong>COVID-19 TEST POSITIVITY</strong></td>
<td>10%+</td>
<td>6.6 – 9.9%</td>
<td>5.0 – 6.5%</td>
<td>2 – 4.9%</td>
<td>=2%</td>
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<tr>
<td>Chicago residents - 7-day rolling daily average</td>
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<tr>
<td><strong>HOSPITAL BEdS (NON-ICU)</strong></td>
<td>1250+</td>
<td>750–1249</td>
<td>250 – 749</td>
<td>100 – 249</td>
<td>=100</td>
</tr>
<tr>
<td>Occupied by COVID Patients</td>
<td></td>
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<tr>
<td>Chicago hospitals - 7-day rolling daily average</td>
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</tr>
<tr>
<td><strong>ICU BEDS OCCUPIED BY COVID PATIENTS</strong></td>
<td>400+</td>
<td>300 – 399</td>
<td>100 – 299</td>
<td>20 – 99</td>
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<td>Chicago hospitals - 7-day rolling daily average</td>
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</tbody>
</table>

**Source:** Chicago Department of Public Health, data current as of August 30, 2021. These metrics represent general community COVID transmission and should not be applied to individual settings that have mitigation practices in place.
Chicago COVID-19 case count remains over 400 diagnosed cases per day, but increase has stabilized over last week

**Breakthrough cases**: Increasing, but **99.9%** of vaccinated Chicagoans have **not** been diagnosed with COVID-19 after vaccination.

Chi.gov/COVIDdash
COVID case rates remain higher among unvaccinated Chicagoans compared to fully vaccinated Chicagoans.

Notes: Includes cases among Chicago residents reported into the Illinois Electronic Disease Surveillance System (I-NEDSS) with date of specimen collection 1/1/2021-8/21/2021, pulled 8/25/2021. Vaccination status obtained from the Illinois Comprehensive Automated Immunization Registry (I-CARE) registry. Vaccinated defined as having had at least one dose prior to a positive test. Fully vaccinated defined as completion of vaccine series at least 14 days prior to a positive test. Rate for vaccinated calculated as total case deaths divided by cumulative vaccinated at the end of each week, multiplied by 100,000. Rate for unvaccinated calculated as total case deaths divided by total population minus cumulative vaccinated at the end of each week, multiplied by 100,000.
Highest COVID case rate still among unvaccinated Chicagoans age 18-59 years.

Unvaccinated Chicago residents COVID case rate by age

Notes: Includes cases among Chicago residents reported into the Illinois Electronic Disease Surveillance System (I-NEDSS) with date of specimen collection 1/1/2021-8/21/2021, pulled 8/25/2021. Vaccination status obtained from the Illinois Comprehensive Automated Immunization Registry (I-CARE) registry. Rate for unvaccinated calculated as total cases divided by total population minus cumulative vaccinated at the end of each week, multiplied by 100,000.
Daily COVID hospitalizations for Chicago residents remain well below earlier pandemic peaks.

**Breakthroughs:** 99.99% of vaccinated Chicagoans have not been hospitalized with COVID-19 after vaccination.

Current average: 22 COVID hospitalizations per day.
COVID hospitalization rates remain much higher among unvaccinated Chicagoans compared to fully vaccinated Chicagoans.

Notes: Includes cases among Chicago residents reported into the Illinois Electronic Disease Surveillance System (I-NEDSS) with date of specimen collection 1/1/2021-8/21/2021, pulled 8/25/2021. Vaccination status obtained from the Illinois Comprehensive Automated Immunization Registry (I-CARE) registry. Vaccinated defined as having had at least one dose prior to a positive test. Fully vaccinated defined as completion of vaccine series at least 14 days prior to a positive test. Rate for vaccinated calculated as total case deaths divided by cumulative vaccinated at the end of each week, multiplied by 100,000. Rate for unvaccinated calculated as total case deaths divided by total population minus cumulative vaccinated at the end of each week, multiplied by 100,000.
Highest COVID hospitalization rate still among unvaccinated Chicagoans age 60 years+

Unvaccinated Chicago resident hospitalization rates by age

Fully Vaccinated (breakthrough) Chicago resident hospitalization rates by age

Notes: Includes cases among Chicago residents reported into the Illinois Electronic Disease Surveillance System (I-NEDSS) with date of specimen collection 1/1/2021-8/21/2021, pulled 8/25/2021. Vaccination status obtained from the Illinois Comprehensive Automated Immunization Registry (I-CARE) registry. Vaccinated defined as having had at least one dose prior to a positive test. Fully vaccinated defined as completion of vaccine series at least 14 days prior to a positive test. Rate for vaccinated calculated as total hospitalized cases divided by cumulative vaccinated at the end of each week, multiplied by 100,000. Rate for unvaccinated calculated as total hospitalized cases divided by total population minus cumulative vaccinated at the end of each week, multiplied by 100,000.
Daily COVID deaths for Chicago residents remain well below earlier pandemic peaks

Breakthroughs: 99.999% of vaccinated Chicagoans have not died with COVID-19 after vaccination

Current average: 2-3 COVID deaths per day
COVID death rates remain much higher among unvaccinated Chicagoans compared to fully vaccinated Chicagoans.

Notes: Includes cases among Chicago residents reported into the Illinois Electronic Disease Surveillance System (I-NEDSS) with date of specimen collection 1/1/2021-8/21/2021, pulled 8/25/2021. Vaccination status obtained from the Illinois Comprehensive Automated Immunization Registry (I-CARE) registry. Vaccinated defined as having had at least one dose prior to a positive test. Fully vaccinated defined as completion of vaccine series at least 14 days prior to a positive test. Rate for vaccinated calculated as total case deaths divided by cumulative vaccinated at the end of each week, multiplied by 100,000. Rate for unvaccinated calculated as total case deaths divided by total population minus cumulative vaccinated at the end of each week, multiplied by 100,000.
Highest COVID death rate still among **unvaccinated** Chicagoans age 60 years+

**Notes:** Includes cases among Chicago residents reported into the Illinois Electronic Disease Surveillance System (I-NEDSS) with date of specimen collection 1/1/2021-8/21/2021, pulled 8/25/2021. Vaccination status obtained from the Illinois Comprehensive Automated Immunization Registry (I-CARE) registry. Vaccinated defined as having had at least one dose prior to a positive test. Fully vaccinated defined as completion of vaccine series at least 14 days prior to a positive test. Rate for vaccinated calculated as total case deaths divided by cumulative vaccinated at the end of each week, multiplied by 100,000. Rate for unvaccinated calculated as total case deaths divided by total population minus cumulative vaccinated at the end of each week, multiplied by 100,000.
Chicago COVID-19 Cases remain relatively low among 0-17 year olds
Still working on reaching both younger and older Chicagoans: More than 60% of Chicagoans in all age groups over age 18 years have received a first COVID vaccine dose, and adolescent vaccinations continue to grow most quickly.

At least one dose (% vaccinated as of 8/29/2021)

- 12-17: 59.6%
- 18-29: 61.8%
- 30-39: 69.4%
- 40-49: 75.6%
- 50-59: 82.3%
- 60-69: 79.5%
- 70-79: 74.1%
- 80+: 65.6%

Completed vaccine series (% vaccinated as of 8/29/2021)

- 12-17: 46.9%
- 18-29: 55.0%
- 30-39: 63.8%
- 40-49: 69.5%
- 50-59: 76.2%
- 60-69: 74.1%
- 70-79: 69.2%
- 80+: 60.8%

Chi.gov/COVIDdash
Daily vaccinations up **15%** since low in July; majority (60%) of Chicago vaccinations happening in **pharmacies**

Average 3,778 vax per day

Average 4,537 vax per day
Congratulations to ZIP 60624 for having the biggest increase in 1st dose vaccine coverage (ages 12+) since last week. 60624 (Austin, East Garfield Park, Humboldt Park, North Lawndale, West Garfield Park)
Congratulations to ZIP Code 60620 for reaching 50%+ of ages 12y+ with a first dose of COVID vaccine this week.

57/60 ZIP codes have reached this important first benchmark.

*Just 3 more ZIPS to go for the whole city to hit this first important benchmark (60621, 60649, 60633)

NEW—60620 (Ashburn, Auburn Gresham, Beverly, Chatham, Englewood, Greater Grand Crossing, Roseland, Washington Heights, West Englewood)

Chi.gov/COVIDdash
Congratulations to the 36 Chicago ZIP codes that now have 70%+ 1st dose vaccine coverage for ages 12y+.

- New—60634 (Belmont Cragin, Dunning, Monteclare, Portage Park, O’Hare)
- New—60616 (Amour Square, Bridgeport, Douglas, Lower West Side, Near South Side, Near West Side, Oakland)
- New—60615 (Grand Boulevard, Hyde Park, Kenwood, Washington Park)

Chi.gov/COVIDdash
Congratulations to the 10 Chicago ZIP codes that now have 80%+ 1st dose vaccine coverage for ages 12y+

Percent of Chicago 12+ population with at least 1 dose of COVID-19 vaccine.

New—60645 (Rogers Park, West Ridge)
Reminder to get vaccinated by this weekend:
Governor's Executive Order requires vaccination for all Illinois health care workers, school personnel, and higher education settings

- Health care workers, education personnel K-12, higher education personnel
  - Employed by, volunteering for, or contracted to provide services, or in close contact on a regular basis

- Higher education students
  - Enrolled on campus or affiliated off-campus location (public and private universities, colleges, community colleges, junior colleges, business, technical or vocation schools, other institutions offering post-secondary school instruction)

- By order, all must receive first dose of COVID vaccine within 10 days of order issuance (by Sunday, Sept 5).

- By order, for two-dose vaccine, must be FULLY vaccinated within 30 days following the first dose.
COVID-19 vaccines remain **FREE and widely AVAILABLE**

- Most Chicagoans are receiving COVID-19 vaccine from **pharmacies**
  - Walgreens, Mariano’s, CVS, Walmart, Jewel-Osco, Costco…
  - Walk-ins or appointments available, contact individual providers for details

- Your **healthcare provider**

- **Protect Chicago At-Home**
  - Register online at [Chicago.gov/AtHome](http://Chicago.gov/AtHome) or call 312-746-4835

- [Zocdoc.com/vaccine](http://Zocdoc.com/vaccine)
Community Vaccination Events Continue

**TONIGHT**
Noble Gary Comer Middle School (Greater Grand Crossing)
6:00-8:00PM

**WEDNESDAY**
Atlas Senior Center (South Shore)
10:00AM-2:00PM

**THURSDAY**
Kennedy-King College Unity (Englewood)

**SATURDAY**
Vax & Relax at Carrie Ellas Salon (Roseland)
2:00-4:00PM

More events on Chicago.gov/VaxCalendar
Chicago indoor masking mandate remains in place

• All individuals age 2+, regardless of vaccination status, must wear a mask in all indoor public settings
• BACP is enforcing this mandate, including signage and compliance
• Resources for businesses are available at Chicago.gov/Reopening
• To submit a complaint relating to COVID-19, call 3-1-1 or visit 311.Chicago.gov
of Chicagoans think mental health support would be beneficial for themselves

of Chicagoans feel mental health is one of the greatest challenges facing Chicago today

of Chicagoans know where to go to get mental health support if they need it

Goals: address psychological barriers and structural barriers to mental health
New Mental Health Resource Website

HEAR OTHERS’ STORIES

Here in Chicago, you’re not alone. Many of your neighbors have gone through similar challenges with their own mental health. Hear their stories about their own journeys, and know that you deserve to get the support you need, too.

Unspoken Barriers: Dr. Ballestas
What Needs To Be Said: Aaron
What Needs To Be Said: Ashima
New Mental Health Resource Website

MentalHealth.chicago.gov

Greater Grand/Mid-South Mental Health Center (MHC)
4314 S Cottage Grove Ave, Chicago, IL, 60653
312-747-0036

Hours:
Mon-Fri: 8:30 AM-4:30 PM

Services Offered:
Individual counseling

Payment:
Free, Sliding Fee, Self Pay, Insurance

Additional information:
Proof of ID, Proof of Insurance, Proof of Residence, Proof of Income, ADA Accessible, Wheelchair accessible, Blind accommodation, Deaf and hard of hearing

Mental Health Symptoms & Conditions
Understanding some common mental health conditions and their symptoms is a great first step in caring for your mental health.

Learn More

Treating & Preventing Mental Health Conditions
No matter where you’re at in your mental health journey, you’re not alone. Discover the ways we can support you.

Learn More

Common Questions About Mental Health
It’s normal to have questions about mental health. From finding support to talking about mental health, we have answers to questions that many people have.

Learn More