Be Safe.
Healthcare
Cautiously reopening Chicago requires:

**Healthy interactions**
- Social distancing: Limitations on physical distance to other individuals
- Gathering size: Limitations on gatherings of individuals
- Protective gear: Use of protective gear by individuals
- Hygiene requirements: Ensuring hygienic interactions (e.g., hand washing)

**Safe spaces & conditions**
- Entry access: Entry/exit condition for access to space
- Cleaning standards: Actions taken to disinfect space
- Visual guidance: Hygiene resources and guidance posted in space
- Workplace conditions: Evaluation of foot traffic, ventilation, etc.

**Operational resilience & monitoring**
- Flexible models: Flexibility with sick leave, remote work (when possible)
- Operational resiliency: Support for operational flexibility (e.g., multiple shifts)
- Travel guidelines: Restriction of movement of people between locations
- Testing / tracking: Facilitation of testing and tracking

- Recommended guidance -
Gradually Resume
(Phase IV)

Be Safe. Healthcare
Healthy interactions

Maintain >6ft social distancing, where possible

• Maintain social distancing to the extent possible in waiting rooms, cafeterias, etc.
• For dialysis centers, place dialysis chairs as far apart as possible, with at least 6 ft. distance
• In physicians office, encourage tape line guidance
• In Mental Health facilities, barriers suggested at front desk

Limit gatherings of individuals

• Limit gatherings of employees and public in cafeterias, meeting rooms, and other gathering points to no more than 50 people
• If possible, limit in person meetings

Require face coverings

• In any indoor common spaces, face coverings must be worn over nose and mouth (exceptions can be made for people with medical conditions or disabilities that prevent them from safely wearing a face covering)
• Do not require face coverings in any setting where it may cause a safety hazard (e.g., specialized laboratory) or where face coverings are not possible (e.g., eating / drinking)

- Recommended guidance -
Promote healthy hygiene in line with IDPH, CDPH, and Federal guidelines

- Ensure employees practice healthy hygiene, handwashing, etc.
- Follow IDPH elective surgery guidance
- In physicians offices, no food/drink in clinical areas, and no sharing of food/drink
- In nursing homes, encourage installment of handwashing stations, eye wash stations, and sanitization stations
**Limit visitors and screen staff prior to entry**
- Prior to entering establishment, employees self-screen to ensure no symptoms of COVID-19 (e.g., questionnaire – see appendix)
- Encourage pre-registration
- Limit visitors, if possible; where visitors are allowed, pre-screen for symptoms

**Frequent daily cleaning; establish COVID and non-COVID areas**
- For cleaning policies, follow heightened infection control procedures (e.g., frequent daily cleaning, thorough overnight cleanings)
- If available, establish areas for COVID-19 patients only

**Post visual guidance on hygiene standards for employees/patients/visitors**
- Follow CDC or EPA guidelines as to best practices for visual signs
- Consider posting visual guidance regarding new operating conditions (e.g., screening, cleaning)

**Comply with all national, state and local requirements pertaining to COVID, in addition to hospital operation standards**
- If clinically appropriate, encourage disablement of aerosolizing equipment (e.g., air hand dryers)
Be Safe. Healthcare
Operations & monitoring

Gradually Resume (Phase IV)

Flexible models

Allow remote working for applicable employees & telehealth
- If available, utilize shift-based scheduling and staggered break times
- Use telehealth operations as much as possible

Operation resiliency

Remove any common public items
- Remove non-essential items from waiting rooms (e.g., magazines, toys)

Travel guidelines

Limit travel
- Limit travel to important business only

- Recommended guidance -
Gradually Resume
Operations & monitoring

Follow CDPH and CDC guidance for testing and tracing protocols

- If employee does contract COVID-19, they must follow all CDC guidelines before returning to work
- If an employee is identified as being COVID-19 positive by testing, cleaning and disinfecting must be performed according to CDC guidelines
- Any employee who has had close contact with a co-worker or any other person who is diagnosed with COVID-19 should self quarantine according to CDC guidelines
- If a facility becomes aware of 2 or more cases possibly associated with an establishment over a 14 day period, employers are required to report cases to CDPH
- Follow all other CDPH guidance set forth and comply with CDPH recommendations in response to a workplace outbreak
**Glossary**

**Gathering:** A group of individuals outside a single household who are part of a spontaneous or planned event convening for more than ten minutes.

**Handwashing:** The act of thoroughly cleaning one’s hands with soap and water for at least 20 seconds or using a disinfectant capable of eliminating the virus that causes COVID-19.

**Social distancing:** The physical spacing of at least six feet between individuals, or groups of individuals.

**PPE:** Personal protective equipment (e.g., face coverings, goggles, face shields); requirements vary based on industry and specific circumstances.

**Self-screening:** A protocol by which an employee answers questions at the start of a shift. Subject to the guidance of the Commissioner of Health, the questions may include:

- Have you had a body temperature over 100 degrees Fahrenheit or have you used a fever reducer in the previous 24 hours to treat a body temperature over 100 degrees Fahrenheit?
- Do you have a new cough that you cannot attribute to another health condition?
- Do you have a new or worsening sore throat that you cannot attribute to another health condition?
- Do you have new shortness of breath that you cannot attribute to another health condition?
- Have you recently developed a complete loss of smell or taste?

- Recommended guidance -
Gradually Resume (Phase IV)

Be Safe. Healthcare
Public Health Resources

National resources for further guidance

**General workplace guidance**

**CDC** – Activities and Initiatives Supporting the COVID-19 Response and the President’s Plan for Opening America Up Again:

**CDC** – Guidance for Businesses and Workplaces

**OSHA** Guidance on Preparing Workplaces for COVID-19:

**Healthcare guidance**

**CDC** – Guidance for Healthcare systems:

**CDC** – Guidance for Healthcare professionals:

**American Medical Association** – Physician Practice Guide to Reopening:

**OSHA** – Guidance for Nursing Home and Longterm Care Facility Workers:
https://www.osha.gov/Publications/OSHA4025.pdf

**Clinician’s facilities** – CDPH guidelines
https://www.chicagohan.org/covid-19

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