## **PUBLIC SERVICE PHONE NUMBERS**

# Call 911 for emergency services

## Call 311 for non-emergency services

# CHILDREN AND YOUTH SERVICES

## My CHI. My Future.

### https://explore.mychimyfuture.org/

My CHI. My Future. is a citywide initiative to connect every young person in the city to meaningful out-of-school opportunities. Explore the website and download the mobile app for more information.

## **Healthy CPS Hotline**

### 773-553-5437

The Children and Family Benefits Unit (CFBU) provides families with social services support, including Medicaid and SNAP enrollment. CFBU can connect you to free and lowcost food, healthcare, and emergency resources to keep your family healthy and safe.

## COMMUNITY SERVICE CENTERS

### Trina Davila Community Service Center

312-744-0784 | 4312 West North Ave.

Community Service Centers help individuals and families in need access a wide range of resources from shelter, food and clothing to domestic violence assistance, job training/placement & services for the formerly incarcerated.

## DOMESTIC VIOLENCE SUPPORT

## Illinois Domestic Violence Hotline

1-877-863-6338

24-hour, toll-free hotline that provides confidential connection to domestic violence and community-based services. Bilingual and bi-cultural Spanish speaking support, as well 240 other languages, is available.

## **FOOD ASSISTANCE**

## **Greater Chicago Food Depository Benefits Hotline** 773-843-5416

The Greater Chicago Food Depository benefits hotline helps people access SNAP, Medicaid, & other benefits programs.

## **Onward House**

773-622-3215 | 5433 West Diversey Ave Offers food pantry services from 3:00 to 6:00 PM on Thursdays.

## HEALTH AND WELLNESS

## **Cook County Belmont Cragin Health Center**

773-395-7400 | 5501 W. Fullerton Ave. The Belmont Cragin Health Center is operated through Cook County in Chicago and provides primary health care and supportive services regardless of a patient's ability to pay.

### Planned Parenthood – Austin Health Center

773-287-2020 | 5937 W Chicago Ave Planned Parenthood is one of the nation's leading providers of high-quality, affordable health care.

## **HOUSING AND SHELTERS**

If you're experiencing homelessness, you should call 311

### **Northwest Center**

773-271-8163 | 5233 W. Diversey Ave Founded in 2003, the Northwest Center is dedicated to securing your housing situation through rental counseling, foreclosure prevention, and related housing services.

### La Casa Norte – Casa Corazon North Youth Drop-In Center 773-246-4900 | 3533 W. North Ave

La Casa Norte provides youth and families confronting homelessness with access to housing and comprehensive support services. For more information on youth shelters and services, visit <u>https://www.streetlightchicago.org</u>

## **JOB TRAINING**

# **The Chicago Cook Workforce Partnership** 800-720-2515

The Partnership operates the largest publicly-funded workforce development system in the nation, serving Chicago and Cook County. Through a network of more than 90 agencies, The Partnership helps people find the training and career opportunities they seek. All services are free.

## **Association House of Chicago**

### 773-772-7170 | 1116 N. Kedzie Ave

Provides job training, coaching, and job placement services for under-employed and unemployed individuals. Provides all services in both English and Spanish.

## **MENTAL HEALTH**

## If you're experiencing a mental health crisis, call 998

### 998

998 is the new national hotline staffed 24/7 for individuals experiencing mental health distress. Phone and text support is available.

### Thresholds

773-572-5500 | intake@thresholds.orgThresholds provides a comprehensive array of clinical services and supports for people with mental illness.Thresholds serves all clients regardless of ability to pay. If you or a loved one is in need of more information aboutThreshold's services, please contact their central intake line.

## **SENIOR SERVICES**

# Chicago Senior Services Hotline 213-744-4016

By placing a call to the Senior Services Hotline, an older person or caregiver can receive information about all of the support services offered by the Chicago Department of Family and Support Services.

#### Kelvyn Park Satellite Senior Center

312-744-7399 | 2715 N. Cicero Avenue DFSS Satellite Senior Centers serve as a community focal points that connect seniors to social, recreational, economic, and educational resources that enhance the quality of their lives.

## **OTHER COMMUNITY RESOURCES**

**Portage-Cragin Chicago Public Library** 312-744-0152 | 5108 W. Belmont Ave.

**25<sup>th</sup> District Police Station – Grand Central** 3312-746-4353 | 5555 West Grand Ave