



PUBLIC SERVICE PHONE NUMBERS

Call 911 for emergency services

Call 311 for non-emergency services

CHILDREN AND YOUTH SERVICES

FOOD ASSISTANCE

**My CHI. My Future.**

<https://explore.mychimymyfuture.org/>

My CHI. My Future. is a citywide initiative to connect every young person in the city to meaningful out-of-school opportunities. Explore the website and download the mobile app for more information.

**Healthy CPS Hotline**

773-553-5437

The Children and Family Benefits Unit (CFBU) provides families with social services support, including Medicaid and SNAP enrollment. CFBU can connect you to free and low-cost food, healthcare, and emergency resources to keep your family healthy and safe.

**Greater Chicago Food Depository Benefits Hotline**

773-843-5416

The Greater Chicago Food Depository benefits hotline helps people access SNAP, Medicaid, & other benefits programs.

**St. James Food Pantry**

312-842-1919 | 2907 S. Wabash Ave

Offers food pantry service on Tuesday, Wednesday, and Thursday from 9:30 AM to 11:30 AM. Clients are served only if they reside in the 60616 or 60605 zip codes. Homebound seniors and disabled individuals who are not able to pick up food at the food pantry can arrange deliveries each week on Wednesday and Thursday.

COMMUNITY SERVICE CENTERS

HEALTH AND WELLNESS

**Dr. Martin Luther King Community Service Center**

312-747-2300 | 4314 South Cottage Grove

Community Service Centers help individuals and families in need access a wide range of resources from shelter, food and clothing to domestic violence assistance, job training/placement & services for the formerly incarcerated.

**Cook County Cottage Grove Health Center**

708-753-5800 | 1645 S. Cottage Grove Ave

The Cottage Grove Health Center is operated through Cook County in Chicago and provides primary health care and supportive services regardless of a patient's ability to pay.

**Heartland Alliance – Englewood Health Center**

773-632-5700 | 5501 South Halstead Street

Heartland Alliance Health Centers have 3 locations in Chicago that provide primary health care and supportive services for people experiencing homelessness.

DOMESTIC VIOLENCE SUPPORT

**Illinois Domestic Violence Hotline**

1-877-863-6338

24-hour, toll-free hotline that provides confidential connection to domestic violence and community-based services. Bilingual and bi-cultural Spanish speaking support, as well 240 other languages, is available.

HOUSING AND SHELTERS

*If you're experiencing homelessness, you should call 311*

**Ignite Community Hub**

312-568-5700 | 56 E 47<sup>th</sup> St, Suite 410-C

Ignite's community hub provides support, resources, and a safe space for youth ages 14 to 26 that are unstably housed.

## JOB TRAINING

### **The Chicago Cook Workforce Partnership**

800-720-2515

The Partnership operates the largest publicly-funded workforce development system in the nation, serving Chicago and Cook County. Through a network of more than 90 agencies, The Partnership helps people find the training and career opportunities they seek. All services are free.

### **Centers for New Horizons**

773-373-5700 | 4150 South King Drive

Operates a full-service employment and training center that offers comprehensive career development, job training, and job placement for Chicago's unemployed and underemployed job seekers.

## MENTAL HEALTH

*If you're experiencing a mental health crisis, call 988*

### **988**

988 is the new national hotline staffed 24/7 for individuals experiencing mental health distress. Phone and text support is available.

### **Thresholds**

773-572-5500 | [intake@thresholds.org](mailto:intake@thresholds.org)

Thresholds provides a comprehensive array of clinical services and supports for people with mental illness. Thresholds serves all clients regardless of ability to pay. If you or a loved one is in need of more information about Threshold's services, please contact their central intake line.

## SENIOR SERVICES

### **Chicago Senior Services Hotline**

213-744-4016

By placing a call to the Senior Services Hotline, an older person or caregiver can receive information about all of the support services offered by the Chicago Department of Family and Support Services.

### **Renaissance Court**

312-744-4550 | 78 E. Washington

DFSS Senior Centers serve as community focal points that connect seniors to social, recreational, economic, and educational resources that enhance the quality of their lives.

## OTHER COMMUNITY RESOURCES

### **King Branch Chicago Public Library**

312-747-7543 | 3436 S. King Drive

### **2<sup>nd</sup> District Police Station – Wentworth**

312-747-8366 | 5101 South Wentworth Avenue