



Treatment Not Trauma Community Conversation

January 30, 2024

2/14/2024



Agenda: 90 min

- 1. Welcome: Alderwoman Rossana Rodriguez**
- 2. Introductions: Steering Committee**
- 3. Presentations**
- 4. Public Comment**
- 5. Wrap Up**

Guiding Principles and Rules for our Meeting

- Be respectful towards the person that is speaking.
- This is a space for discussion. It's okay to disagree.
- If you have something you want to say sign up for public comment.
- You can submit additional questions or comments using the QR code on the sheet handed to you as you came in.



Steering Committee

- Chair Ald. Rossana Rodriguez-Sanchez
- Deputy Mayor of Education, Youth, and Human Services, Jen Johnson
- Deputy Mayor of Community Safety, Garien Gatewood
- Chief of Policy Umi Grigsby
- Deputy Budget Director Jacob Nudelman



TNT Working Group Overview



Mayor Johnson's Vision

How We Deliver a Better, Stronger, Safer Future for Chicago

Vision

A better, stronger, safer future is one where **our youth and our communities** have access to the **tools and resources they need to thrive**.

Mission

In partnership with all Chicagoans and informed by data, we aim to correct systems and practices that have created inequities for too long. We aim to repair past harms that have contributed to purposeful disinvestment and exclusion. We **aim to usher in a new era of inclusive, effective governance** that creates a better, stronger, safer Chicago.



Overview of the TNT Working Group Ordinance

| | Ordinance Requirements |
|---------------------------|---|
| Working Group Goal | Develop a suggested framework and roadmap for the City to <u>expand mental health clinical services, non-police response for behavioral and mental health crises, and community awareness</u> of available mental health resources |
| Working Group Deliverable | A report delivered to the Mayor by May 31, 2024 that includes: <ul style="list-style-type: none"> • budget expansion; • capital and facility needs; • staffing, recruitment, and retention strategies; • community input; • state and federal legal and regulatory parameters; • and metrics to guide implementation and success. |
| Working Group Members | Representatives from the Chicago Departments of Public Health; Fire; Assets, Information, and Services; Human Resources; the Mayor’s Office; the Office of Budget and Management; and the Office of Emergency Management and Communications. |
| Community involvement | Consult at least 10 community members when determining recommendations |
| Meeting requirements | Meet at least 3 times before May 1, 2024 |

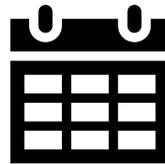
★ We are Sourcing Scope & Milestones via Multiple Mediums

Jamboard Exercises



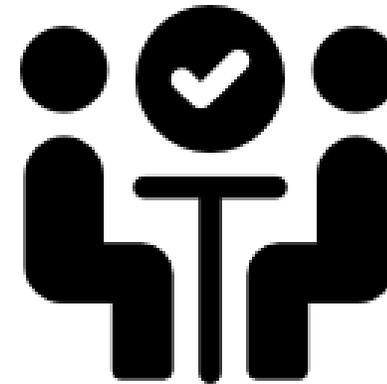
Subgroup
Community Consults
Clinicians
Users

Office Hours



Subgroup Office Hours
Microsoft Teams meeting

Community Consults



Small group
Large group
Survey

Documentation & Data Review



White Paper
Data
Reports, etc.





Clinical Services Expansion



Values

| Values | Areas to dig into |
|---------------------------------------|--|
| Accessibility | Transportation, hours, modality physical accessibility, cost, city department utilization |
| Equity | Staffing, Culturally affirming, language access, locations, need |
| Trauma Informed | Warm touch by people in all aspects of service delivery, community led and designed, wrap around services, MH ecosystem |
| Community education | Destigmatize MH care, Peer to peer support, marketing, public education |
| Reduction of Barriers (hiring) | Hire from the community served, Expedite hiring, understand the workforce and skills needed, engage with departments to support hiring |
| Coordinated | Coordination with non-police first responders, data, partner coordination (CBOs, schools, youth services etc.), Community health workers, reduce silos |



Clinical Services Scope

The TNT Clinical Services subgroup recommends the City of Chicago move forward with **increased access to direct clinical services as well as improve coordination and communication** of those services. The clinical care provided should be **culturally affirming, trauma informed, holistic, and rooted in the needs and experiences of its users, their families, and communities**. Clinical services should be **multifaceted** to include direct 1:1 services, **provided by a clinician as well as alternate supports that could include peer support, health promoters, and the utilization of varying modalities**. This report provides a vision for increased city-wide clinical services and community engagement so city residents understand and can utilize the resources available.



Non-Police Alternate Crisis Response



Values

| Values | What does this look like? |
|---|--|
| Quality Care | Trauma informed and healing centered, culturally affirming, accessible to people with disabilities, consistent quality and improvement |
| Community Engagement | Utilize existing community resources, public accountability |
| Permanence | A system that has a permanent and long-lasting presence in the community as well as trust and buy-in from residents |
| Alternate Response teams as part of the public first responder ecosystem | Creating and building on systems that give community members a pathway to seek public behavioral health crisis support |



Non-Police Behavioral Health Crisis Response Scope

The Treatment Not Trauma working group recommends the City of Chicago build out **permanent alternate response services to meet behavioral health needs**. The care provided should be **trauma informed, holistic, and rooted in the needs and experiences of its users, their families, and communities**. This report provides both a vision for city-wide alternate response as well as detailed recommendations for how the City can move towards this goal over the **next 3 years**.



Questions for Community

Clinical Services Expansion:



- Tell us about a time when you experienced the need for mental or behavioral health services. *Was this an emergency or not? In what ways were your needs met? In what ways were they not? What would have made it better?*
- What matters to you when you think about accessing mental health services and supports? *(Location, language access, cultural affirmation, modality, other...)* *How would you find out about those resources and how should they be advertised?*

Non-Police Behavioral Health Crisis Response:

- What are times when you or someone you know has been in crisis and wished you could call for support from a behavioral health specialist (e.g. a social worker with crisis intervention experience)?
- How are you most comfortable seeking behavioral health crisis services from the City (e.g. calling 911, calling the service directly, or another option)?

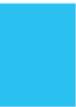
Preguntas para la Comunidad

Expansión de Servicios Clínicos:

- Cuéntanos acerca de alguna ocasión en la que hayas sentido la necesidad de servicios de salud mental. ¿Fue una emergencia o no? ¿De qué manera se cubrieron tus necesidades? ¿En qué aspectos no se cubrieron? ¿Qué hubiera mejorado la situación?
- ¿Qué es importante para ti cuando piensas en acceder a servicios y apoyos de salud mental? (Ubicación, acceso a idiomas, afirmación cultural, modalidad, entre otros...) ¿Cómo te informarías acerca de esos recursos y cómo deberían ser anunciados?

Respuesta a Crisis de Salud Mental sin la Intervención de la Policía:

- ¿Cuáles son las ocasiones en las que tú o alguien que conozcas ha estado en crisis y hubiera deseado poder llamar a un especialista en salud mental (por ejemplo, un trabajador social con experiencia en intervención en crisis)?
- ¿De qué manera te sientes más cómodo/a al buscar servicios de crisis en salud mental proporcionados por la Ciudad (llamar al 911, llamar directamente al servicio, u otra opción)?



How Public Comment Will Work

- Public comment will focus on the questions for community.
 - If you would like to speak at the microphone, write down your name in the comment card that was handed to you when you walked in.
 - Members from our team will go around and collect the cards and I will call up 5 people at a time.
 - You will have one minute to speak.
 - Please respect the time.
 - If you want to leave a comment but don't want to come to the microphone you can write your comment in the comment card, and we will collect it and deliver it to steering committee.
 - If you want to leave a comment or question that is not related to the questions for community, you can do so using the QR codes throughout the room.
 - For those joining us via livestream. Communityengagement@cityofchicago.org
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Next Opportunities For Engagement

- Visit the Treatment Not Trauma Microsite
- <https://www.chicago.gov/city/en/sites/treatment-not-trauma/home.html>
- Attend a listening session hosted by the Collaborative for Community Wellness
- Attend the Treatment Not Trauma hearing on Feb 22nd at 10am in City Hall hosted by the Committee on Health and Human Relations.



Website and Email

- <https://www.chicago.gov/city/en/sites/treatment-not-trauma/home.html>
- Reach out to us:
- Communityengagement@cityofchicago.org

