

# Chicago Department of Public Health **Nutrition Services**

WIC

# Women, Infants & Children

"WIC IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER"

## **WIC Locations**

**Uptown NHC** 845 W. Wilson Chicago, IL 60640 (312) 744-0073 / 1365

West Town NHC 2418 W. Division Chicago, IL 60622 (312) 744-8118 / 8119

**Lower West Side NHC** 1643 W. Cermak Chicago, IL 60608 (312) 747-1650 / 1651

Austin Clinic 4909 West Division Street Chicago, IL 60651 (312) 746-4797 / 4796

**Friend Family Health Center** 800 East 55th Street Chicago, IL 60615 (773) 702-3719 / 702-4734

Englewood NHC 641 W. 63rd St. Chicago, IL 60621 (312) 747-4814 / 4815 / 1241

**South Chicago** 2938 E. 89th St. Chicago, IL 60617 (312) 747-7969 / 2708

Lakeview NHC 2849 N. Clark St. Chicago, IL 60657 (312) 744-1027 / 1129 **Near West** 2310 W. Roosevelt Road Chicago, IL 60608 (312) 746-8990 / 8799

Greater Lawn Health Ctr. 4150 W. 55th Street Chicago, IL 60632 (312) 747-5415 / 5416

Westside Health Partnership 2400 S. Kedzie Chicago, IL 60623 (773) 522-0716 / 522-0780

**Henry Booth House** 2907 S. Wabash Avenue Chicago, IL 60616 (312) 949-2132 / 2156

Alivio Medical Center 2355 S. Western Ave. Chicago, IL 60608 (773) 843-4220 / 4221

**Erie Health Center** 1701 W. Superior Street Chicago, IL 60610 (312) 432-7372

Asian Human Services Family Health Center 2424 W. Peterson Avenue Chicago, Illinois 60659 (773) 761-0011 - Ext. 116



### WIC is a special nutrition program that assists with:

- · Pregnant, breast-feeding or post partum women
- Infants up to one year of age
- · Children up to 5 years of age
- · Participants must both be low income and at nutritional risk

#### To apply bring the following:

- Two current paycheck stubs or Public Aid Card
- Birth Certificate
- · Shot Records of your child
- Picture ID/Social Security Card
- Current Bill or Mail
- · Health Referral form completed by your health care provider

### WIC Benefits:

- Nutrition counseling
- · Free breastfeeding counseling
- · Monthly checks for items such as milk, eggs, cereal, cheese, and produce
- Infants receive infant formula and as they get older, cereal and baby food

#### Contact one of the WIC locations near you to get started!

#### **Other Resources**

Sign up for text4baby! Get support throughout your pregnancy and your baby's first year with FREE text messages. Text BABY to 511411.

Get Help to Quit Smoking www.quitwinchicago.com

1-800-QUIT-YES

Get a Healthy Diet

For nutritional information for the entire family www.choosemyplate.gov





www.CityofChicago.org/Health